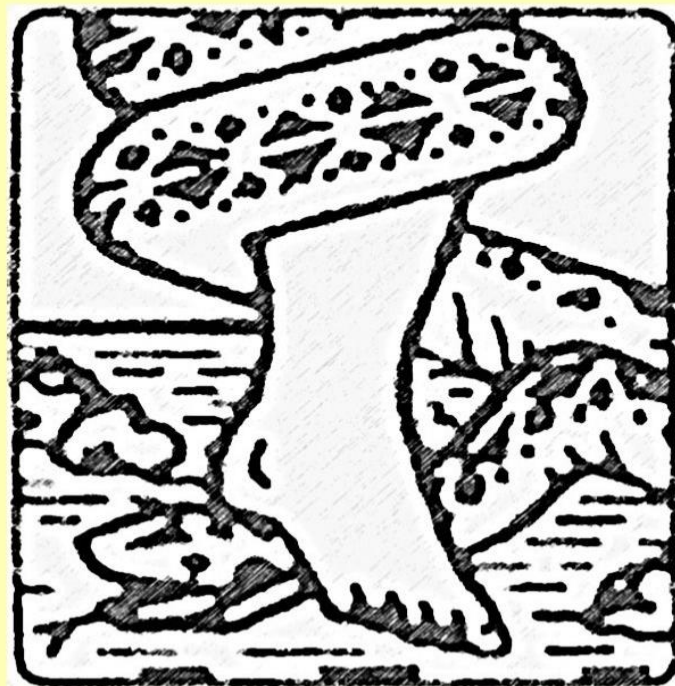


Preparatory Communication

Volume 1

Transcriptions No 1 to 20



Bernard de Montréal

DIFFUSION BDM INTL

Foreword by the editor



Bernard de Montréal

Bernard de Montréal was born in Quebec on July 26, 1939 and died on October 15, 2003, at the age of 64. He had an extraordinary life. He had an extraordinary experience in 1969 that he called "fusion" with a systemic intelligence, therefore a telepathic mental connection with a light being located far into the galaxy. The kind of revelation that could leave more than one skeptic, but the illustration of his great intelligence to explain the current and future psychological condition of Man, has brought thousands of people over the 26 years that lasted his public career. The topics of his lectures were varied but also seem to have been steps. Having started essentially around the extraterrestrial phenomenon, he then went on to discuss esoterism and the decoding of prophecies, while warning about the fabulation and curiosity associated with these subjects. At the same time, he gave seminars to small groups, not because of an elitist approach, but rather to filter out individuals who could present psychological instability and thus damage his reputation. Having changed from interviewing when necessary, the lectures focused on very practical subjects such as couple psychology and the organization of material life, but did not put aside occult subjects related to the internal development of Man in relation to the invisible worlds. The peak of these studies has led to "evolutionary psychology" which we believe is the highest point out of his reading with his systemic telepathic intelligence. Diffusion BdM International is dedicated to making the work of this exceptional man known, so that they too may discover, at one level or another, a psychological awareness that leads to more peace, freedom, love and fulfilment.

For more lectures by Bernard de Montréal, please visit our growing English section within the foreign languages tab of our website at the following address :

Main page of our website :

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Greetings and good reading,

By all the team of Diffusion BdM Int

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001 - Doubt

It's not easy, but it's normal, it's not easy to live with. Doubt is the conflict in you, it is the separation between your mind and the universal mind, it is the polarity in your mind created by your emotions and personal thoughts. As long as you are not involved in the development of your being, in the perfection of your bodies, that you make your little lives, that everything is fine, that you are not spurred on by forces that penetrate you, you will not live in doubt, you do not even know what it is.

But when these forces begin to penetrate, when your higher mental begins to open, then you begin to live your positive thoughts, your negative thoughts, your spiritual thoughts, then your non-spiritual thoughts, that's when you begin to doubt, then you haven't finished, you begin. When you no longer doubt, you will be well. You'll have an empty head, there'll be no polarity.

So, doubt is very normal, I warned you in the seminars. Then the doubt doesn't necessarily start immediately after the seminars, it can start six months later, a year later, but it comes, because it is part of the transmutation of your lower mental body. You can't get to the knowingness without going through the doubt, it's impossible!

As long as you spiritualize yourself, then you are supported spiritually by what is traditional, by what is accepted, by what is known, it works! But when you start to get out of forms, to question forms, to question everything, to see with a new eye, with a new mind, without attaching yourself to anything, it becomes more difficult. There is a price to individuality, to identity, to the total union between the soul, the ego and then the personality, there is a price: it is doubt. Then the suffering of doubt is the monetary value of that price.

Doubt is very important in the transmutation of the mental body. Then it will disappear, the doubt, in its time. It is a new energy balance in your mental. There are forms in your mind, your mind is full of forms, full of ideas. It is normal that when these forces penetrate, that your mind takes a shock in return, it is very normal.

It's not about panicking, it's not pleasant, but it's normal, then it's very good, because eventually it cleanses your mind. The inner struggle, the struggle between what is, then what you would like to be, you must live it. Then the further you go, the more you will live it, until the moment when, understanding the laws of form, realizing that everything that happens in your head is a game, at that moment, you will learn not to deal with duality in your mind. You're going to take this easily, you're going to stop getting attached to what's going on in your mind.

They don't want you to get attached to what's going on in your mind. They want you to let it pass, freely. In time, when you get used to it, you will let the energy flow freely. And then you will no longer suffer from the doubt. If you suffer from doubt, it is because you become mentally and emotionally attached to the platform thoughts that pass through your mind. So it's normal for you to suffer, it's normal.

Do you think that the forces that seek to penetrate your mental will penetrate your mental easily? No! If it were like that, humanity would have been different from what it is today for a long time. These forces are forced to do a job when they enter your mind. And this work is laborious for you people, because you people are the ones who live it.

Everyone's been complaining lately about the doubt, they find it tough, it's a good sign. As long as the forces penetrate your mind, there will be an adjustment in your mental body. It's like putting an iron bar in frozen cement. The cement has to make way for the iron bar.

Don't worry about whether your thoughts are positive or negative, don't worry about that, worry about being neutral, don't get attached to your thoughts. Those who have really negative thoughts, because these thoughts come from negative entities, we will deal with that. But those who have negative thoughts simply because these form thoughts come from the astral, because these form thoughts are carried in their minds by forces that deal with entering that body, there is no problem.

First the spiritual forces will use all the material in your memory that they need to create mental tensions for you. Mental tensions are part of this work. It's normal for you to have these mental tensions. Then the doubt comes from that. They know you, they know what can create tensions for you. It is up to you to learn once and for all not to take what is going on in your head seriously. As long as you take yourself seriously, they will continue until, having learned the lesson, you stop. Then at that moment, the others will stop. All the work they do and will do on your mental body is to empty it of your subjective thoughts. Then there's a purpose to it....

Once your mental body is emptied of your subjective and personal thoughts, at that time these thoughts will be replaced by objective and pre-personal thoughts. In other words, you will be able to communicate with them. Once you communicate with them other people, that your mental body will be adjusted to communication as a good radio, at that time things are very easy. They enlighten you, they give you information, they tell you what to do. They tell you why you should do this thing instead of that. They explain your life plan to you.

In other words, there is an extremely close, extremely personal relationship between you and them, so that life, from that point on, becomes very easy. But they can't do that until your mental body has been given the necessary vibration for that communication.

That's why, in the meantime, I'm always telling you not to take what they're telling you seriously, because right now they're at a time of preparing you. When you are prepared, then you can take what they tell you seriously, because it will be time, it will be normal, you will know it. Your level of intelligence will be different.

I have a short text here that I will read to you, a text that they sent me. He says: "The Man of the new race will no longer live by the personal and subjective thought he has known during his evolution. This thought will be replaced by a thought of higher vibration so that Man will be unable to identify this new and powerful thought with his personal self. He will undoubtedly know that this thought comes to him from another plane, and that it has its origin in the universal planes of consciousness. From that moment on, Man will no longer be able to make mistakes and submit to the law of return because everything he does must be done.

He said: "This new Man will no longer have a problem because the problems result from the fact that Man does not know how to act within the framework of the thought created for him on the planes of the soul. He will have at his disposal all possible and imaginable forms of human thought to elevate himself in the perfection of action at all levels of his social action. Man will then create a perfect society, to the extent of his creative power.

That is why some of you will be living for some time, a relatively difficult time when our work will be increasingly felt. "He continues: "The penetration of our energies into your mental will create in it a kind of suffering, for your subjective thoughts will be more and more eliminated, until the day when it will be impossible for you to live in subjectivity. The thought adjuster only can do this work. That is why you are told that there is no effort to be made.

It is about understanding what is happening to you so that you know that your conditions are natural and normal. Man is not accustomed to living this new life and this permanent state of consciousness. As the work progresses, the mind of the adjuster penetrates yours and penetration is not always easy. It is a matter of recognizing that it is the thought adjuster who acts in you, this point is essential. Once you are sure, everything will be easier and simpler. Just because you are in contact with us does not mean that your life will be easy at first, although it can be, depending on your personalities.

We must change the vibrations of your mental body before you can use your new intelligence. Gradually you will understand and everything will be easy for you. Don't expect a miracle, don't rely on your little personal desires. We will only make you feel the power of universal consciousness in you when you will have reached a certain level of vibrational development. For us, the human ego must be united with the forces of the soul, and as long as this work is not accomplished you must not expect anything, for this is a desire of the ego.

The more proud you are, the more intelligent you are, the more conditioned you have been, the more advanced you are in esotericism, the more you think you are right, the more you think you are on the right track: the more you will suffer from the doubt. Doubt is directly related to the destruction of forms. Then it goes far beyond the destruction of forms. It goes much further than you can imagine. If you realize that the ego being safe with its thoughts, being safe with what it conceives of the universe, it is very simple to understand that once all this has turned upside down, that the ego feels underpants down.

When they tell us that we should eventually only have universal thoughts in our heads that come from communication between them and then us, it is obvious that everything else is no longer useful. It is precisely here that for the rest of us the situation becomes difficult because we do not want to let go, we do not want to let go of ideas that are dear to us, that secure us in any way. Then there are many ways to do it. You're starting to understand it a little bit.

So we have to learn once and for all that we shouldn't take ourselves seriously. We men, our biggest problem is to take ourselves seriously. This is our biggest problem, this is precisely why we suffer from doubt when we begin to enter into vibratory contact with intelligences who are ready to put everything on the ground to open our eyes, to make us free, to make us autonomous, so that one day we can use the occult forces in us who are sleeping.

I've been talking about doubt for a while now. But there are some who do not suffer from the doubt. On the contrary, there are some, their business, you understand, it works, they are happy, they are on the seventh heaven. It's a joy right for the rest of them. Be careful with the joy right, because when your time comes to you too, to pass through doubt, you will taste it. There you can do your little research, then try to understand, then get interested, then ask yourself questions. You may be reading....

But at one time or another, all the material you absorb, all the material you absorb that makes your life pleasant, at some point, that material, they're going to have to change the compartment and then put it in place.

I'll give you an example. Everyone knows that Christ represents Love, the Son, that the Spirit represents Intelligence, but what represents Will? We know that the Father represents Will, but what is the Father? Do you know that the Father is Lucifer? Are there any among you who are ready to realize that the Father is Lucifer? That Christ is Love? And that Intelligence is the Spirit?

Huh? All of a sudden, business is no longer the same! Now we're stuck with Lucifer who represents the principle, Will in the cosmos, it's not funny. We were taught for a long time that Lucifer represented the negative forces; we don't understand what it means "the negative forces".

Because the rest of us when we talk about negative forces, we put a ton of emotions into it, we don't see it objectively, we don't see it with the eyes of the mental, we see it with our little human consciousness, our little human emotions, then it stops there. It's little snags like that that create doubt when you hear that, that cause you problems. Then after that, you wonder why that knowledge is hidden. I understand it's hidden, people are not mature enough. People do not yet have the ability to verify reality for themselves.

Everything is based on tradition, the interpretation of tradition, not to mention the hiding places of tradition, and then what has not been said in tradition. So we don't have much left. Then as soon as we fall into something, we close the door very tightly, do you understand? Then we don't want to know anything. Because now we're starting to get the bitch, we're starting to get scared, it doesn't coincide with our ideas. We close our eyes and then we plug our ears, then we stand there, our feet well stuck in clay.

When the universe was created, someone had to take care of it. Then we know that it was the Father who created the universe, the principle of Will. But to create the universe, it was necessary for the Father, the principle of Will, the creative entity, to move away from the central universe to explore the absolute spaces in which the lower worlds were created. Well, it's obvious that that entity that left, that moved away from the central universe to create worlds, was Lucifer.

Lucifer was not a contemplative being. Lucifer moved away in absolute spaces, and by his creative will, he conceived the lower worlds. You don't always have to see Lucifer the way you're used to seeing him, without that you won't see anything. That Lucifer represents the negative forces is normal, since he had stopped contemplating to launch himself into the absolute spaces. It was necessary, it was normal that what he created in the lower worlds should be opposed to the forces of light that had remained in contemplation before the Force, what you call "God".

If you want to understand something about the evolution of the worlds, you will have to admit certain things at some point, regardless of your little emotions, whatever pleases you, that's like the concept of God. The concept of God must be situated in the reality of the higher mental, not in relation to what you would like to see.

In the central universe there are seven Alephs. The term Aleph means absolute realities, totally independent of worlds outside the central universe. So, of these seven absolutes, there are four that I call "primary Alephs", then there are three that I call "secondary Alephs". Then it is the secondary Alephs who represent in their manifestation the principle of Intelligence, Love and Will and who are part of a tri-unity, because they function in total harmony. And it is these three secondary Alephs that are what you call, you " God ".

The four primary Alephs are still not manifested. So, God as we know him, as we understand him, this tri-unitary God who is part of the three secondary Alephs, is not an absolute God, since the other four are not yet manifest.

This tri-unitary God, what I call "the Force", will be absolutely absolute when the four primary Alephs will be manifested. So when we say that God is absolute, what we mean is that the Force is perfect in its tri-unity, it is totally indivisible in its tri-unity. But it is not absolute. The proof is that there are still errors in evolution in the universe created in the lower worlds. So, for errors in evolution to be no longer possible, all evolving entities in the universe must be returned to light.

Then, when all the evolving entities in the universe will be returned to light, at that time the probabilities will no longer exist, the errors will no longer exist and automatically the seven Alephs will have been manifested and then we will be able to say that the acting Alephs as a whole represent an absolutely absolute God or divinity.

It's important to understand that. It is not important psychologically, but it is important philosophically. Because psychologically, for the rest of us, in our system, on our little distant Earth, who have almost no recourse to the dimensions that all this implies, the psychological value of this reality is far too great for our minds. But philosophically it matters, because our philosophy must be scientific rather than purely speculative. Now I'm sure Mr. Harbec will make overtime, but that's normal, it's part of his evolution.

When you will have experienced the doubt in its great depths, your mind will be empty. Then from that moment on, it will become easy for you people to receive information about the evolution of the universe, about its status, without panicking every time you are told something that goes beyond or against certain limited interpretations.

There, at that moment, you will begin to understand something related to the vast magnitude of the universe and the principles that animate it. It will be interesting, from that moment on for you people, to go in depth in understanding the structures of reality, but on the other hand you will no longer be attached to the form and automatically you will no longer suffer from the doubt, from that famous doubt that is linked to the different conflicts created by the form in your mind. It is only in conditions of total absence of doubt that one can live, participate, have pleasure in understanding reality.

But if every time we are told something we live in fear, then we break down, because it doesn't suit us or because we think we are being misled, or because we think we are affected by negative forces, but at that moment, there is no pleasure in the experience, then where there is no pleasure, there is no continuity.

Because knowingness is infinite, we scratch its surface, but knowingness is infinite. For at some point, if you are to live side by side with knowledge, if knowledge must pass through your mind to nourish your brain, to allow you to do this or that, to engage in this or that discourse, to communicate this or that idea, you will absolutely have to draw your conclusions and overcome the personal doubt associated with your attachment to forms.

So this little conversation serves to show you that doubt is necessary, it is fundamental, it is natural, because your mind is filled with all kinds of knowledge.

When we say in popular language that if Man saw God, he would die of fear... The language is very simple, it means that if Man was confronted with reality without preparation, without his bodies being adjusted, it would be absolutely impossible for him to undergo the shock without dying, without his bodies withdrawing completely from his material body. That's normal.

So, if you take this in a personal context at the height of your thoughts, then your personal doubt, it will make your task easier, then it will make you understand why you must live the doubt until the day you are totally free of it.

002 - Evil

Evil, what is the famous evil? People do not understand the universal dimension of evil. Everything that is related to evil is somehow related to the phenomenon of the penetration of light into the lower worlds. This means that as soon as light begins to penetrate the lower worlds that were created by Lucifer for evolution, evil begins to be perceptible. Then we must first understand that as soon as the light descends into lower planes, what we humans know on the material plane is a resultant, an effect of this penetration.

Evil is much larger than one can imagine, much more mechanical than one can imagine and much more hidden than one can imagine. In terms of human experience, evil is known as the culminating factor in the penetration of light into the lower worlds. Evil on our planet, on the material level, is the end result, it is the terminus of its movement, from the movement of light to its expression in Man.

At the level of your experience, because of the fact that you undergo, without realizing it, the penetration of light on the lower planes and that you do not understand the cosmic dimensions of evil, evil, for you people, it is a value that you attribute to any action, but this evil is very secondary to the evil that comes from the penetration of light in the lower worlds.

If you do not understand the laws of evil, if you do not understand the laws of the penetration of light into the lower worlds, you will never understand the nature of evil on the material level beyond the limits of your own moral experiences which are conditioned, for historical evolutionary reasons, by either religion or the general opinion of your society. So that the evil that you can experience on a personal level, in relation to Men, can appear to you "evil", because your conception of evil has been distorted by moral values that can often and too often also be part of evil. So that at some point, you are absolutely unable to separate true evil from false evil. And because of this situation, you are helping to continue the false evil, without realizing that the true evil has not been stopped from the planetary consciousness.

I have already given you examples in the seminars of what I call a "false evil", an evil that results from the glorification in our society of certain values, which in reality come from true evil but are not understood as such, because Man is totally unaware of the laws of light and also unaware of the laws of will that are directly related to the factor of the penetration of light into the lower worlds.

For example, when I say to you: "Get organized to make your life easier and easier". When I tell you what blocks your evolution, what makes you unhappy, what delays your development: "put the axe in it".

What does that mean? It means that social values, which are in fact false, although they are socially or generally accepted, these values, one day, you will understand that they are part of evil. Because these values prevent you from exercising on a material level, as an individual, as an individual, as a person, as a soul, with an ego, with a personality, these values prevent you from exercising your will.

But what is your will? Your will, when the strength of this will comes from the soul, passes through the ego, crosses the personality, this will allows you to stop evil. If you are on the material level, there is only one way to stop evil, it is through the constant and developed use of your will. Because once you use your will, your true will, the strength that comes from the soul penetrates the ego, passes through the personality. When you use this will, at that moment, you allow the energies of the soul to pass through the dense planes of matter created by the Luciferic forces, and return to the light.

It is very important that the energies of the soul return to the light. If they do not return to light, these energies are encapsulated on the planes of matter created, and are used to create what are called "forms". And it is precisely in these forms that Man is imprisoned. Then, these forms accumulate, accumulate for centuries and centuries and eventually, we end up with a situation such as we have today: a world karma that will soon collapse us, collapse us on our heads. It is very serious, the problem is very serious. And people don't realize it.

You think, you people, because you are spiritual, because you are good, because you are fine, because you are good, because you help everyone, because you think you are helping world karma. What you're really doing is softening global karma. It is not a question of softening world karma, it is a question of destroying it completely.

There is only one force in Man that can destroy karma. First, his personal karma, then later, the world karma in relation to the forces of light. And that is by will, by pure will, which is the penetration into Man of the forces of the soul. As long as you cannot act at that level, at least understand the real aspect of that level, you will still be, despite yourself, prisoners of cosmic evil, not to mention planetary evil.

The difference between cosmic evil and planetary evil is that cosmic evil is necessary for evolution, because without cosmic evil, in other words, without the material density of Luciferic energies, worlds would not have been created. So the repulsion of Luciferic matter against light is a normal phenomenon. Then cosmic evil is evil, in the sense that it is repulsive to light. So cosmic evil is normal. But planetary evil is no longer normal, because planetary evil is not created and caused by Luciferic forces, but is caused by human ignorance.

And human ignorance is caused by the unconscious ego's attachment to all possible and imaginable forms that we live, that we know, and that are part of the evolution, or rather the involution, of humanity. The forms that make us prisoners of energy, these forms undermine our will. That's why man has no will. The forms are so powerful, so stirred up our emotions, so stirred up our mental, that the soul, the forces of the soul, cannot pass through, descend into the human experience and return to the light.

You may say, "This is good," then "this is fine," then "this is wonderful," but at some point in your life, you're going to have to know if "this" is really good, really fine, and then really wonderful. Because until you know if it's really fine, well, then wonderful, you're going to continue to propagate and create forms and then it goes on and on and on and on. So if you go into the astral, if you have the ease of going into these worlds, you will find in these worlds an unimaginable collection of all the thoughts that have formed humanity since its arrival on planet Earth. It's a real charivari. The astral, I have nothing against the astral. I have nothing against any of the plans that have been created.

But the plans that are contaminated because of human ignorance, the plans that strongly serve for the continuation and perpetuation of evil whose dimensions you do not know, the plans that serve to hallucinate human intelligence, these plans must be eliminated from the human experience.

As long as the individual is not able to free himself from the energies of these planes because he is a prisoner of forms, evil will continue. Cosmic evil will remain in domination over planetary evil. I have nothing against cosmic evil. The lower worlds that were created, were created for reasons that I will explain later.

But the planetary evil that results from man's ignorance, this evil must eventually cease. Because Man can never reach the levels of consciousness to which he is entitled if he is influenced, affected, infected by the forms of energy that contain the possibilities of planetary evil and that completely worsen Man's experience. There, you start to suffer from the doubt, some of you....

What is doubt? Doubt is the resistance of your ego contaminated by the forms created by planetary evil against the penetration of the energies of the soul. That's the doubt. You are so contaminated that it is a disgusting thing. It's a nauseous thing, then you don't know, then you don't realize, then it's going to take you a long time to realize it. That's why it's going to take you a long time to get past the doubt. When you are beyond doubt, planetary evil will be impossible in your consciousness. And cosmic evil will no longer be used to delay your evolution.

Listen carefully, the doubt is the razor that will cut the hair on your head. Because your head is trapped in forms. You will one day understand that your little esoteric foolishness, then your little occult foolishness, then your search in unknown lands, is not the formula you need to destroy planetary evil. It is a formula that you use to spiritualize your being by using more and more spiritual forms, higher and higher in vibration. But don't forget one thing: they are forms. Whether you take any form, they are forms, then until you are free of forms, you will have no access to the light of the supramental consciousness. That's impossible!

So that one day, you will understand that esotericism and then occultism are all part of the philosophies of Man, and that they generate highly spiritual, highly philosophical forms, but which must eventually be overcome because in light, truth does not exist. Truth is part of the polarity of forms. Are you going to put it in your head once and for all?

Truth is part of the polarity of forms. Then evil uses truth to perpetuate on the material level the confusion of forms in Man's mind. So that Men, religions, any systems possess the truth at the expense of other systems. And what does that create in the planetary consciousness? It creates conflicts, it creates wars, it creates fights. In the universal consciousness there is no war, there is no conflict, then there is no struggle. Because there is no truth, there is simply reality. And the reality is not polarized, it's out of good and evil.

Understand it once and for all. As long as you attach yourself to the values, forms or values of the forms of your small societies, your organizations, your circles, your groups, your social connections, whether political, religious, esoteric or occult, you will be imprisoned in a form. And this is part, whether you like it or not - I don't care - but it is part of the action of cosmic evil on planetary evil and this in turn generates a perpetuity of planetary evil.

As long as you are not totally, absolutely, individuals, Men, beings who function in a totally autonomous way, who will seek knowledge in themselves, who are not dictated knowledge by others, you will not be outside the forms and you will automatically be part of the mechanical laws of cosmic evil and planetary evil, whether you want it or not.

When you believe me, you are part of cosmic evil and planetary evil. When you know for yourself what I know, then you are in evolution. Evil no longer has power over you. But as soon as you believe, as soon as you are attached to a form by belief, even if it is only a belief that is related to my activities, you are in planetary evil. So it goes far away from planetary evil, then it goes far away from cosmic evil, then you are far from understanding all its aspects.

That is why it is important for you people to live your doubt to the end, in order to unlock the energies of the soul that will give you a very powerful will on the form, that will generate in you a particular energy that will serve you as protection. People want to protect themselves on the left and then on the right, I hear that all the time from people who want to protect themselves. What are they protecting themselves from?

They protect themselves from nothing, they think they are protecting themselves. And thinking that they are protecting themselves, they are protecting themselves, but basically they are not protecting themselves from anything. I will explain what I mean....

When you make rituals in the astral, when you use the spiritual astral to protect yourself, what you are really doing is reducing the density of the shapes to allow more light to penetrate. But the forms are always there, so your protection is never complete. Your protection will be total when the energy of the soul can penetrate directly all the planes, descend to the lower planes and create in your ego a very powerful will that will never allow you to be influenced by the forms. At that time, you will be protected. At that moment, nothing can shake or affect you, because you will be in the light of that energy.

We are so ignorant Men, so ignorant, that the real vision of things is impossible for us. As soon as we face an aspect of reality that shocks the forms of which we have been prisoners for years, we suffer from doubt. It shows how dangerous we are in a situation and it makes us understand why the planet, today, our civilization, is where it is now. That's normal, and whose fault is that?

It is the fault of ignorance. And who is suffering from it? Men. You people. Evil is so powerful, the intelligence of evil is so great, the material organization of forms is so advanced in its involution, that only a Man who is in contact with the forces of light can discern what is good and what is not good, with a very sharp knife.

But you are afraid to use your sharp knife, because you do not have the will of the soul. So what are you doing? You make compromises, then compromise, then compromises, then compromises... so that, for years, for whole lives, you live the lives of others that are already evil and that already come from an evil, and you perpetuate that evil.

At a certain point in your life, you try to understand, you try to start in a certain direction, there it works as long as the forms allow you to shine your pill, but as soon as it is enough or you have to make a high jump, a real jump, to get rid once and for all of the forms, there you block, you get seasick. You want simplistic formulas, there are no simplistic formulas. Formulas are part of the forms, it is also part of the evil. There are no simplistic formulas!

You will have to, at some point, if you are going to go through it, you will have to realize at some point what is universally realized and what is not disputed, but what is known. When you are at that stage, you will see that evil cannot reach you in any way! And you'll see from looking back how ignorant you were. Then at that point, you will want to help other people out of the same situation in which you are swimming, and you will understand why it is almost impossible, because you will not have the word to generate enough energy in these people's minds to make them understand what they have to understand. But at least you will have enough personal understanding so that these people can turn their eyes a little bit to something that is not affected by the forms.

When I tell you that words are prisons. When I tell you that words can be used in all kinds of ways, when I tell you that evil will use everything to prevent Man from reaching a sufficiently high level of consciousness, to completely free himself from his influence, I am serious. When I tell you that evil will use everything, I say EVERYTHING! From the most spiritual to the most infamous, from the best to the worst, evil will use everything, because cosmic evil uses the form to generate its domination on the planet Earth.

It is in the cosmic function of evil to dominate the evolving spirits. Because evil, that is the condition that allows light to penetrate and create a negative memory, is part of the very structure of the lower worlds. The lower worlds need a negative memory, a memory that is linked to time, to perpetuate, in absolute spaces, their reality. While the soul, the forces of light, do not need memory to evolve, since the forces of light are fed directly from the Force. On the other hand, everything that is directly or indirectly related to Luciferic action in absolute spaces needs memory to continue its evolution.

Understand that cosmic evil generates the conditions that later allow the manifestation of planetary evil; that planetary evil is directly linked to human ignorance. That Man is ignorant because he is a prisoner of forms and that forms are maintained in their continuity by the forces of the ego that are located in planetary consciousness.

As long as the ego has not rid itself of these forces, as long as the ego has not freed itself from the emotion that is linked to the forms, as long as the ego is not fed enough by the forces of the soul to develop a center of gravity that is a center of will, this ego-there is unable to escape these forms and therefore perpetuates without wanting it, even if it is an individual of very high quality, very spiritual, very good, this individual perpetuates cosmic evil.

You want a ruler so you can check where the evil is, I'll give you one, and then it's very simple, because everything I give you is very simple, it's stupid, but it's not easy, but it's simple:

When you have to do something in your life, if you feel a slight vibration against it and you do it anyway, then you are in cosmic evil because you let yourself be influenced. As soon as you let yourself be influenced, you are in cosmic evil for whatever reason, even if it is for good reasons, you are in cosmic evil. As soon as you let yourself be influenced. Because what happens is that when you let yourself be influenced, you submit to the will of others, to the influences of others, and those influences and that will come from the energy stored in the forms, of which they themselves are prisoners. Then you become a link in the jungle.

It is when you realize that that you begin to develop your will. A real will, a will based on the penetration of the soul's energy into your ego and through your personality. It's an inner vibration. It is an inner vibration that gives you direction. If your ego, for one reason or another, refuses this energy, at that moment, it bends to influences, and automatically participates in cosmic evil. If you establish this, this phenomenon, on a world scale, you can easily understand that the planet today is totally controlled by cosmic evil. And the planetary evil is a continuation of this evil on a human scale. That's why I tell you: "as soon as you let yourself be influenced by the least bit".

And one day, when you are strong, when the soul-energy penetrates, that is when you will easily understand what I mean. Because there will come a time when, with the opening of the senses, this energy will descend, will penetrate more and more, and one day you will realize that in everyday life, there are fifty thousand ways to be influenced, and each of these ways you can perceive them.

Because at that level, your consciousness will be too high for you not to be warned. And as soon as you are aware of it, as soon as the energy will pass through your centres, you will activate the force that comes from that energy, so that you will develop what I call "the real will".

And it is this energy, over time, that will transmute your bodies and elevate you above the form. When I say "to elevate you above the form", I mean to elevate you to a point of consciousness such that you will no longer be influenced by the form. You can use the form. You can use it, in this form, but you will not be its slave. And when you are no longer a slave to it, to the form, cosmic evil will have no power over you and you will be totally free from planetary evil. So that you will no longer be able to act and accumulate above your heads what you call "karma". Because everything you do will be right.

And everything you do will be right because it will be determined by the energy of the soul, instead of being determined by the form that reduces your will, weakens your real power of action and makes you slaves to cosmic evil and makes you subject to planetary evil in return.

So, if you are trying to understand the evil, if you are trying to realize it, don't go too far, don't go too far, don't worry, it's very close to you, it's very close to your actions. It is hidden because you do not see it, because you do not yet know its mechanics, but there will come a day when evil in its purest essence will be discernible, every time you will be in contact with its manifestation through forms.

It is not the stupidities of Men that are the most obvious, that are the most dangerous.

003 - Guilt

Guilt is probably one of Man's greatest mistakes. Guilt is probably the greatest trap of the human mind. Its danger is so great and so vast that it affects all Men at some point in their lives. No Man can say that, in his life, he has not felt guilty.

There are people who live lives full of guilt. These lives are so terrible and so dangerous for the evolution of the ego and the development of individuality, of the person, that those who benefit from them, that those who, because of their moralizing social position, influence beings of great sensibilities, this feeling of guilt delays their evolution and puts in danger, without realizing it, the evolution of an entire planet, an entire civilization, an entire culture.

The greatest danger of guilt is that this phenomenon acts as a chain, and that this phenomenon chains all the egos that are more or less affected by it. And the reason is this: it is that the ego being alone, the ego not having communication with the planes of light, the ego not being enlightened by an intelligence superior to its own, it has no reference point to determine whether an action or another should be taken or should not be taken, in relation to a moral aspect of behavior in any experience.

The ego, left to himself, is incapable, unless he is very strong, very individualistic - and even then! - to take decisions that run counter to certain norms established in society by tradition, or by executives who are in authority and mechanically impose the will for their own evolution. Guilt is based on a fact, a fundamental fact, the only fact worth really studying. And this fact is that of psychological, moral, philosophical isolation, of the ego from society. The ego is unable to sit in judgment before its actions, if its actions must go against a normality established for centuries in a society that behaves mechanically, and where all egos must conform to a lifestyle or a way of life.

If the ego is less strong, if it is less individualistic, if he wants to go its own way by himself, he must bear the weight of its action. And often this heavy weight will rub off on itself, and the emotional hue that the ego will take is the hue of guilt. In order for the ego not to feel guilty, he is forced to act in relation to the established norms and not to deviate too much from them. So that an action, even if it delays the evolution of the ego, must be committed, directed towards Men, in order to maintain the peace of the ego. And egos act in this way by the millions and billions, so that social consciousness prevails over individual consciousness, and we end up at the end of the centuries with political systems, with social systems or cultural systems that impose their will on the ego, and that imprison the ego in a framework that it cannot violate by itself.

This situation is very dangerous, because the ego will never dare to violate what he believes in itself, a principle or law that is not really creative but that is traditionally accepted. The ego, as a result, grows and loses more and more of its will. If he acts for a reason of frustration against the established principle, he suffers with the time of guilt that leads to increasing insecurity. And this insecurity undermines it because it is fundamentally the product of an abnormal way of acting towards Men.

Guilt is so pernicious that those who suffer from it, to a high degree, eventually lose all ability to face forcefully those around them who take in their lives portions of their lives that do not belong to them, but of which they have control, because they consciously or unconsciously know that the ego will have to reach out to them and not resist their request.

Guilt is a fundamental error, which can only be adjusted in the light of great inner sensitivity or in the light of the intelligence of the voice that speaks for itself, and which very often forces us to act, and to overcome the limits of our fears about the guilt we have towards others.

All egos must respect egos, when egos are respectable, when egos are magnanimous, when egos are just or when their situation requires reasonable attention. But if an ego feels guilty for not acting in this or that way in relation to another ego, which requires from it an abnormal extension of the gift of self, this ego must realize internally and with strength, the right to deny the request that one makes on it, in order to destroy the vampirism which, very often and too often, belongs to those beings who ask others to be served.

No Man has rights over another Man, no Man! And I repeat, no man has rights over another man, it's a universal law! All men are equal in spirit. If a Man asks another Man for something, his request must be carried out by the other by virtue of what he can and wants to do about it. Reasonableness is always required in any action perpetrated by one ego towards another ego. What is no longer reasonable and which is kept in demand must be totally challenged and judged on the spot.

An ego that does not do this, that does not get used, somewhere in life, to instituting in himself the tribunal of its own solid, intelligent judgment, towards an action that is asked of him, and that feels obliged by weakness, by tradition, by emotional bond, to always respond and answer what is asked of him, empties himself and empties himself. And it can continue to empty for years. There are people who have emptied themselves with other beings for years, and who have lost the possibility of emancipating their own lives, of giving their lives joy, of giving their lives happiness, of raising families, of raising children, of living with husbands or wives, because selfish beings were asking for things from them, reaching out their hands and hoping for them, and almost psychologically or morally forcing these egos to reach out to them and answer their demands.

This social injustice, only the ego strongly determined and strongly rooted in a precise judgment based on the internal feeling of its rightness and the balance of reason with the emotion of thought, can do so. Only the solid ego, only the vigilant ego, only the balanced ego, only the ego powerfully seated on its internal consciousness can over time destroy his chains and free himself, once and for all, from demands that come from all sides in society, from beings or egos that have a very great facility to ask, but who have a very great inability to give. A naturally generous ego will never impose things on another ego, or a mode of action whose refusal will create guilt in the ego.

But an ego, a selfish, self-centered, self-centered being, who does not have a sense of love, who does not have a sense of real devotion, who does not have magnanimity in him, will always seek to ask another being to reach out to him because society, morality, this famous morality imposes it. This ego will seek all kinds of means, all kinds of emotional means to create in the other a sense of guilt. We will tell him: "but, your poor mother...; but, your poor father...; but, I brought you into the world...; I gave you life... ; what do you do to me... ; what do you give me?... "and all kinds of formulas filled with a selfish mind, a mind that does not understand life, a mind that does not know where the reality of the ego lies in the soul.

It is not about being tough, it is not about cutting ties, it is not about giving a helping hand to those who often ask us, either out of weakness or situation, to help them or do something for them. It is a question of knowing for oneself whether a particular action or gesture is required fairly and judiciously in a given situation. And if such a gesture is not required, if such a gesture is not indicated by the inner science of the ego, the latter should be strong enough to give this gesture an end or a limit, in order to stop the game of this masquerade that masks the real relationships of one ego with another.

When I say that no one being has a right over another, I say so in the context of a very deep awareness of the importance of being as an individual. The relationships that exist or that must exist between two beings must be a balanced relationship. If, unfortunately, because of the social, cultural, moral and moralist values that bind two people, and that force one to impose on the other demands that the other feels obliged to fulfil, the latter almost loses the right to personal freedom. It becomes very important for this Man to understand once and for all that he is a free agent in life, that he is in life a being who has the right to say "no". And this right to say "no" is part of his own ability not to reflect in a guilty way on the "no" he gives in any situation.

If you have the right to say "no", if you have the ability to say "no", say "no!" and stop ruminating about the emotional consequences of the "no" you said. Have the strength to stand next to your "no" and stop feeling guilty afterwards, because emotionally you are not perfectly sure of your "no". That is where the problem lies.

Many people say "no", and after saying "no", they suffer from it. This is a totally ridiculous situation because the "no" vote has already been taken. Their social action has already been determined or decisive. If they remain with an aftertaste in the heart or in the mind, it is their fault. And alone and by themselves, can they get out of this vicious circle. And to get out of it, they must learn that guilt is an illusion for which they are responsible, that they impose themselves out of weakness.

Any guilt is a weakness. Any weakness leads to a worsening of the general weakness of the being's character. Because a weakness is already a negative in a structure that you would like to be positive.

You can't build a house with a fault in the foundation. If there is a flaw, there will be another one and another.... So that the guilt that comes from a weakness still creates guilt, which creates more and more, in the ego, a loss of individuality, and which leads it over the years to no longer be able to use its internal courage, its internal strength. And so, he squanders his own possessions for the benefit of others, eliminates in him the emotional resistance he needs to fight life's events strongly. So that this ego approaches, with time, an age when it would need this strength to reach maturity and yet it does not have the necessary instruments because already its forces have been squandered. He was for years defeated on his own battle path.

Guilt is a lie that you make to yourself. It is a lie that carries two heads: the head of personal weakness and the head of lack of self-understanding. So, lying is always a reflection of what we would like to be but... but of which we are incapable. And the other aspect, the lack of self-understanding, reflects the lack of personal strength at the psychological level. And this lack of personal strength on the psychological level still reflects the fact that we have been for a very long time vampirized and vampirized by beings to whom we have given the best of ourselves for totally false and illusory reasons.

Guilt reflects in Man a natural inability to act in a centric way and to be able to control, by himself, the pace at which his actions take in relation to another ego. This incapacity, this impotence reflects in Man the lack of inner knowledge, and causes him in life a series of sufferings that he could or could easily have avoided, if he had known himself a little more, and if he had been able to control a little more his emotions which benefit others but impoverish him. There's no reason to be guilty when you're not guilty.

The ego must learn to amplify its sense of personal security when it must say "no" to a situation or when it must act in a certain way, in order not to suffer needlessly from guilt. But to amplify this inner feeling of strength, of gravity, he must develop, through experience, his centrality. That is, when he considers that an action should be done or committed in a certain way, he must learn not to back down from his action and not to question it again. When he has learned to no longer question his actions, the ego will be able to build in him a force, and this force will become greater with time, so that Man can no longer suffer from the psychological and moral anxiety of his action. And then he won't be able to suffer any more guilt.

Guilt must be eliminated from consciousness, because it acts as an acid that reduces the inner strength more and more and subjects Man to emotional laws that generate in him a weakness, and inability to become stronger, bigger, more autonomous.

Guilt is a trap created by the illusion of the ego, and based on the emotions of the ego by virtue of social attitudes, or social principles, which are generally agreed by members of society, because they are part of an often very long tradition, and a tradition that must also evolve.

As long as you suffer from guilt, you will be unable to see completely through your personal situation. You will be powerless to determine the correctness of your character and the power of your inner knowledge. You will be pushed to the left and right by feelings that will initially be false, and from which you will suffer until the day you understand that guilt is a cancer, and that it reduces Man to slavery.

Man must know internally, must be internally sure of what he is doing. If he does not have this security, this certainty, that is where his head, his guilt, shows. The more man lacks internal knowledge, the more he lacks internal certainty - and I am not talking about psychological certainty, I am talking about internal certainty, this certainty that comes from the depths of the soul - the more man is subject to questioning his actions, and it is for this reason that we see in him the guilt developing and eventually gnawing at him, to make his life a map written by external circumstances and not by his own creative hand.

There are people in our society, not to mention other societies, who have ruined their lives because they have suffered from misplaced guilt. And where guilt manifests itself most is in the relationships between children and parents or between parents and children; where there is filial or maternal love, whose actions of experience are sanctioned by traditional patterns, which often no longer have a place in an intelligent society, in a society where consciousness must begin to take hold.

Notice that if you suffer guilt because of a social situation, a family situation where moral ties are strong, it is not the fault of the people who are at the origin of your guilt, but it is because of your ignorance that you suffer guilt. It is your own ignorance that leads to your impotence. You cannot blame society, you cannot blame the external conditions of society. Society is a fact, and it is what it is. But if you are asked for things, and you agree to do them because if you don't do them, you feel guilty; at that moment, you are responsible for yourselves, before yourselves. And if because you don't have the strength, you suffer from guilt, then it's not the fault of society, but yours.

When you have understood, when you have suffered enough guilt, when you have suffered enough from having acted in one way when you should have acted in another, you will gradually begin to understand and strengthen yourself. So that one day, you will be able to act in a very clear way, always in a situation of balance, always respecting the rights of others, the real rights of others, but not the rights distorted by a morality that is very often based in these individuals on principles that make them vampires, that make them people who only know how to ask, and that use filial or parental ties to accentuate in the ego-victim feelings of guilt that serve them to achieve their purpose.

It is up to you to know, it is up to you to dictate the direction and direction of your actions. It is up to you to take control of your life. What others impose on you by the very nature of life's facts, by their own ignorance, is not your problem. If people are weak, it's part of their experience. But just because people are weak doesn't mean you have to be weak too.

Guilt is part of evil. Guilt is an evil and a very great evil, because it prevents Man from reaching the center of himself. And evil is only when Man reaches the centre of himself that he no longer has power over him. Evil uses guilt to perpetuate cancerous forms in society, which spread for centuries, generations and allow it to constantly hinder the evolution of Man, which allows it to prevent Man from becoming centric, that is, to base its life on its internal feelings based on the forces of the soul.

This is why when Man has contact with intelligences of high nature, and listens to what these intelligences can advise him concerning his actions, he automatically submits to a vibratory law that allows him to generate on the material level, in his physical life, actions that are not coloured by emotion, because these intelligences communicate with Man on the mental level. And from these communications, Man receives real instruction regarding the normal proportions of his actions in everyday life.

If Man has contact with these intelligences, with this inner voice, which is close to him and seeks to help him, then he can begin to develop the certainty he needs in actions. Because what it receives as a signal from above is not involved in human emotion. So that this signal can help Man, if he follows it, to correct mistakes he has made for years, and to gradually develop a centre of strength, until the day when this centre is powerful, developed, Man can, with all certainty, act in any situation without being able to suffer the slightest nuance of guilt. From that moment on, he is free, he acts precisely, he never looks back, he goes straight ahead, and his life becomes more and more a rapid movement of experiences that enrich him, and make his life something special, something very personal.

Take care to live your life well, to live it according to the laws of the spirit, and not according to the laws distorted by the involution of the spirit. And then you will be happy and the others, close to you, will have their true measure.

004 - Worries

This side wants to deal with how the ego of Man is influenced during his life and how to counterbalance, to thwart these influences. We must recognize that the human ego is not alone in acting in everyday life. The ego, in general, is not aware of the forces that act in him and for this reason, during his life, rather undergoes these influences and remains the happy or unhappy victim.

If the ego is influenced by negative forces, that is, by egos that are on invisible planes and communicate their thoughts to him, the ego is in a very bad situation, because he is unable to discern the real origin of the thoughts that pass through its brain. In such a case, the ego may be called upon to commit very serious or less serious acts, but still acts that may stain his life and reduce it to an often very painful existence.

The human ego is a very easy prey to external influences. If these influences are of luminous origins, if these influences are good, the ego, here again, does not realize their origin but at least these influences allow him to live a life that will go more and more towards order, organization, development and emancipation of the personality. But if the ego is influenced by intelligences who have the power of communication over it and of whom he is ignorant, at that moment the ego must at some point realize the profound nature of these influences, and learn by a broader, deeper, more real psychology, to fight them in order to eliminate them.

The ego is not, as he believes, a free agent. He is influenced on all sides, not to mention the material influences. But he is also influenced by plans of which he has no knowledge or consciousness. And it is these influences that are the most pernicious and dangerous, because they risk limiting purely human action and hindering intelligent choice on the part of the ego, concerning the actions he must take on the material level.

We have looked at this problem a little bit in the seminars, and in the months and years to come, we will study it in depth. I would like to say here first of all - and I would also like to situate myself at the level of negative influences, rather than positive ones - I would like to situate the problem here in a very clear and unambiguous way. The ego of Man, according to his vibration, according to the nature of the soul with which it is in connection, risks, especially today, being disturbed by forces that come from elsewhere and that aim to delay the evolution of Man and the evolution of the planet. These forces are very powerful, they are very large and their scope is very wide, the entire planet is threatened.

And only Man, as an individual, can avoid the harmful effect of these forces on his ego, and indirectly on his personality, if he wants one day he can emerge free from the planetary action of these forces, and discover in himself a centre of reality from which he can draw light, strength and orientation.

We must see without further delay that there are materially men, women and children who are infected by negative forces and who do not realize it. They are totally unaware of it. We must understand that these men, women and children need help. But we must also realize that the world is a vast place and that the means are limited.

But we must also realize that we now have the power to disseminate throughout the world, by the modern means we possess, the necessary information to help certain groups of people understand the mystery of the ego, the soul, the personality and the possible relationships between the ego and invisible plans, which may harm them and make their lives absolutely painful.

As soon as the ego begins to grow and develop on the material level, it is unable to grasp the reality that is its own, because of the memory it possesses, because by incarnation it has lost this memory. So that the ego comes into a material world that is totally helpless, unable to realize reality, unable to remember previous worlds, unable to situate itself in relation to these worlds, and automatically subject to the influences that these worlds carry in the space and time of its existence. This is an absolutely terrible situation and one that will be corrected.

However, we must realize that this situation was part of the involution, and that is why today the ego must know. The ego must understand and be ready to accept the greatest realities, in order to be able to free himself once and for all from the pernicious influences that come to him from parallel worlds, and which often influence him in such a way, that it, without the power of discernment, takes for granted and often codifies within its life as moral values.

The danger is very vast and Man is not aware of the danger. Man does not realize the danger. And yet, this danger threatens an entire planet, risks leading to the break-up of a civilization, and also risks leading sentient, perceptible, great beings, great Men to loss. Because at some point in their lives, they can no longer bear the weight of these influences, which are constantly waging a devious war in their minds, a war that no longer dictates reason, but unreasonableness.

Why today are the asylums of the insane filled with those Men who are not able, by themselves, to understand the mystery of their ego and to free themselves, by themselves, from the influences and forces that act in them? Why today are so many men, so many scientists, so many psychologists, so many psychiatrists trying to free Man from his diseases, from his ills? Because the situation has become totally unreal, totally ridiculous. Have you ever visited any of these places? It would be a profound experience for you to see these people totally deprived of means, to see in them the source, the origin of their mental situation, to be unable to discern between truth and falsehood, reality and illusion.

And yet, through your experience, through your reading, through your contacts with Men, you have succeeded in accumulating a certain knowledge that can throw clarity on yourself, so that these influences become almost impossible for you. You have a chance, a very great chance to help a large number of people understand the hidden mechanisms of these influences.

And that is why I want, in the coming months, to explain to you in depth, in very great depth, the occult reality of these parallel worlds where egos, who in the past were Men, try to influence, penetrate the human consciousness, in order to delay it for their personal benefit.

It is a question of understanding the danger that threatens humanity, the danger that threatens the people around you, and of grasping the importance of understanding the mechanics of that danger for yourself, so that if by chance, for one reason or another, you come into contact with those people who need your help, you are up to date, and may in silence and in the shadows help their evolution and their liberation.

One of the first things you will need to understand about the influences of negative parallel worlds on human consciousness is language. It is in language that we find the most pernicious influences, because these influences are less concrete. In direct action, in violence, in murder, in debauchery, it is easy for us to realize external influences, but in language we too often forget that intelligences from invisible worlds influence through the brain of Man and make him say things that are not his own.

Language is a precise measuring rule that allows us to determine the accuracy of the mind and the creative capacity of the mind and the relationship of the mind to the soul. It is in language that we can discern with great precision whether this or that ego is adjusted to the soul, is adjusted to its own reality. In the same way, it is in language that we can discover if the ego is precise in the actualisation of its desires, or if the manifestation of its apparent desires is in reality a push coming from a parallel world.

The ego that is affected by negative influences is an ego that suffers first of all from a symptom that could be called worry. All the egos affected by these forces suffer, at some level, from inner worry. Worry must be detected, in order to lead to the possible encounter of the real and the vampire ego. Worry, in one way or another, despite its veiled appearance, will always show a strategic distortion of the way things are viewed.

The vampirized ego, the influenced ego, suffering from deep worry, will always show an inability to live his life in a framework of intelligent probabilities. He will always tend to create an overbid, he will tend to dramatize a tiny situation, he will always tend to do what we say in popular language: "a mountain with nothing".

This ego will have difficulty grasping the right dimension of an experience. It will be difficult for him to see precisely the importance of a situation, and he will always be pushed into a state of anxiety. And it is this concern that comes from the extrasensory influence, the paranormal influence, the negative influence, that comes from the parallel worlds seeking to influence the ego and delay its evolution.

Notice that there is in the life of Man, because of his lack of clairvoyance, because of his lack of knowing, because of his lack of possibility to look to the future, a normal concern for events that have not yet clearly appeared in his mind.

However, I am talking here about another worry, a deep worry, a permanent worry, a worry that never stops tightening the ego, to create in it anxiety, a worry that lives in the very depths of its being and that follows and pursues him every day and every night. I have given you a very simple formula to tackle this problem head-on. The formula itself holds its reality because it comes to us from reality, and if we got used to living this formula that comes to us from reality, it could, in terms of our existence, provide us with many services. This is the formula I'm talking about.

When I tell you that there is nothing serious in life, when I tell you never to take anything seriously, when I tell you that everything in life is related to forces that are either happy or unhappy to you, depending on your ability to control them, to live them wisely, to live them within a strong will, to live them within a capacity that allows you not to be demolished by the event organization of these forces in your experience. However, this formula can help people who are worried and who cannot, because they cannot afford it, get out of it.

Worry is so bad, so pernicious, that it gnaws at the mind, it gnaws at it like an insect gnaws at a plant. And little by little, this spirit develops weakness and while it develops weakness, it also acquires a certain aggressiveness against Men and against society. The weakness comes from the fact that they no longer have any morals, everything falls apart in front of them. As time goes by, their will diminishes, their courage crumbles, they no longer have the natural stability of a healthy and expanding ego.

Aggressiveness comes from the fact that looking around them, seeing other egos evolve, seeing other egos adapt to a natural life, pleasant and seeing themselves, they, always in a bad situation, gradually come to hate Men because they feel cheated by life. Now, for years, they see themselves clinging to the wall of defeat, and these years move forward and these egos die. And the more they die, the more negative forces enter them. The greater these forces become, the more powerful these forces become, and the more these forces, in particular cases, can use the ego to commit acts against the society of Men that are punishable by justice and often lead to death.

It's not about you going on a crusade. It is a question of understanding the depth of the phenomenon and of being able, with skill, when you meet these beings, to come to their aid a little, so that one day perhaps, they may cling to some wise, precise words, to some right words that they will have heard, and so that they may use these instruments to alleviate their pain. The isolation factor, loneliness, is a natural factor in these beings.

Loneliness prevents them from being able to exercise in the society of Men with as much ease as other egos can. They do not have the ability to perform normal egoic functions in society because their concerns cast doubt on everything. Their worries pour into them a kind of sorrow, a kind of helplessness, and this helplessness still puts them behind the column of Man.

However, this isolation, this loneliness, makes the mind perverse. This solitude leads to grotesque forms in the imagination. It brings into dreams aspects that they do not understand of the laws of these worlds. So that all these images, coming from an imagination becoming increasingly clever, becoming increasingly arid, lead them, during their existence, to contemplate suicide, to contemplate peace, to contemplate the finitude of their torment. The loneliness in these beings is hell. They do not have the capacity, they do not have the knowledge, they do not have the facility to enter into contact with Men, to facilitate relationships with them, to establish with them a basis of fraternal or friendly communication, not to mention love.

However, this loneliness becomes for them a home. And this house is getting darker and darker, and with time, there are no more windows, there are only walls. And the walls also, with time, approach the center, and with the years, with the torments, these walls crush the ego and it dies.

Since I am speaking to you, since I am speaking to you and you are closer to me than these beings, it is easy for you to understand the importance of what I am telling you in relation to your own lives. Already your lives, your egos are on an evolutionary path. Already they have hope, already they are using the spiritual to accentuate the delights of their own existence. But do not forget that behind all the forms you live, behind life of which you only understand a tiny aspect, there is always, from time to time, a concern. However, the same situation exists for you, although it is much more tangible, much easier to live with, much easier to overcome, because you are already in the process of understanding.

But if you want to become more autonomous, more creative beings, with a greater and more real stake in life, with an infinite path to the future, with a grandiose possibility of evolution whose limits you cannot imagine, it is a question for you to understand that anxiety delays the time of your emancipation. That the concern comes only from your inability to realize in you the forces of light and the arrangement these forces make in your life when events rush to create a motive that serves your existence.

That is why I tell you: when you have anxiety, when you suffer from anxiety, remember the words I told you, and also remember in pictures the Men who suffer from anxiety but who do not have the chance to hear my words. Already, when you have overcome anxiety, when you can live your daily lives without the slightest worry, you will have the ability to live a life that will become easier and easier, that will become more and more real with the other assets that will be given to you to develop their aspects.

But if you do not grasp the phenomenon of anxiety, if you do not understand its profound importance, even if you do not suffer in the same way as many men and women suffer, these worries will delay your evolution, these worries will prevent you from bringing to your mind the energy necessary to understand life in a perfect way, and possibly to communicate with the intelligences that evolve in parallel worlds and in the worlds of light and that serve evolution as you one day must serve it.

Whatever your vision of yourself in the future, learn that today already, work must begin. I am explaining the anxiety to you today, I am making you recognize the importance of realizing that any anxiety comes, in one way or another, from a vibration emanating from a parallel world whose nature delays evolution.

It is about you being able to realize precisely that any form of anxiety delays your evolution, because it calls into question the power of life in you and your personal ability to generate in life the creative aspects of these vital forces.

In the parallel worlds the egos try - I am talking about the negative egos, the egos that evolve in the dark spheres of these worlds - try in every way and by every means to use their provision on the spirit of Man. The laws of these worlds are totally against the evolution of Man. These laws are determined by the unconsciousness of these egos. These laws are manifested by the total absence of light in the worlds of these egos.

However, these egos, because of their experience or lack of experience, because of their distorted personality, are obliged to act in the way they are led, by the very fact that they do not have understanding of their world. And where there is no light, there is disorder. And from disorder grows a profound ignorance of human well-being, and that is why when these egos influence Man and Man is not aware of their influence, Man is in great danger.

Do not ask yourself why life on our planet today is as it is. That's normal!..... The whole world lives in worry, because the whole world is influenced by forces of which he has no knowledge, and these forces rejoice in the knowledge they have of Man. And it is this power of domination that the ego, which the individual must totally break before he can begin to take an interest in the great things of the mind.

Whenever you have a thought that worries you, that leads you to worry, take that thought back to where it needs to be destroyed. And it is only in the mind that you can destroy this thought. If this thought remains in you and makes your emotion vibrate, your emotion will be the fuel that will feed this thought, and will give it a perpetuity, a permanence in you. When you have a thought, as soon as you have a thought of worry, you must mentalize that thought, you must kill the emotion, because in every thought there is a corollary, and that corollary is emotion.

However, if a thought creates an emotion in you from which anxiety arises, do it right away and put the axe in. Over time, you will get used to it, and every time these thoughts come up, you will be able to eliminate them. And over time, these thoughts will no longer come because these forces will no longer be able to influence you. That is why you must, in life, when you take action, always do it with intelligence.

If you buy something, if you go to a bank to get money, if you buy a property, if you do this or if you do that, which imposes on you the possibility of a concern, do it before you take the action. Because once the action is taken, you will have to experience this concern.

You must understand that life, everything that happens in your life, is already known. And everyday experiences are part of life's programming. And if you give life the slightest chance of allowing you to have an experience, if you give the thought adjuster the slightest possibility of creating for you a situation that will become your experience, this experience you will have to live it until the day you understand that there is only one way to live life, and this way is to always live it with intelligence.

You must protect yourself when you commit an action. You need to look at all aspects of this action, so that over time you will get used to taking specific actions, well formulated actions, well thought out actions, and at that time, it will be more difficult for you to experience situations that will cause you worries.

The actions you have taken in the past that are causing you concern today, you must reconsider. You must bring them, these gestures, to a termination, to an end. Not necessarily right away, but you must now take them into consideration and give them a gestation period, until you have taken all the necessary actions to complete them. So that one day you can begin - start again, if you will - to take actions, but completely new actions, actions taken in understanding the importance of eliminating opportunities in your life that create concern.

Look behind you, look back in time, look at the gestures that still bind you today and make you worry, and organize yourself to stop the influence of these gestures in your present life. From that moment on, you can start to breathe, and with the breath comes the joy of living.

If you have - I will give you an example - debts that are increasing your workload, that you have been dragging on for a few years, get organized to consolidate these debts, work to eliminate them, work to organize everything in your life to finish them, to put an end to them. And when you start again, that is, when you start to breathe, at that moment, if you do something in the financial sector, it will be done clearly, precisely and knowingly. So that one day you will no longer suffer from anxiety.

When you are free from worries, then it will be easier for you to seek within yourself strengths, energies, which will lead you to develop other aspects of your life. Get your life in order. This will allow you to control what is under your control. That is, you will be able to control what is possible for you.

But since life always holds imponderable situations for us, when these situations occur, the worries caused by your lack of intelligence will have been eliminated, and the other worries created by life that are imponderable for you will be easier to deal with. So that, over time, your life will become very simplified. And when life is simplified, it is much easier for us to live it in depth. And it is precisely there, in the depths of oneself, that we must live life.

To conclude this short message on anxiety, I will tell you something that you will understand over time, to show you how pernicious and deep the anxiety is in Man: every time you think you have a personal thought, you create anxiety in yourself.

005 - Soul, ego and personality

Here, I will try to make you grasp as much as possible, as simply as possible, the four aspects of Man, their relationships with the mechanisms between his ego, his personality, the soul and the Thought Adjuster, so that one day you may come to understand precisely and easily see the action, the activity of these four attributes of Man.

First of all, you must understand that the ego - what you call "the ego", "the self", what people try to realize as being the most personal to themselves - then, the name we give to that part of Man that we call "the ego" is that part that vibrates, feels, acts and reacts, loves, does not love, cries, does not cry, hates.

Then, this part of you must one day be dominated by the forces of the soul. The forces of the soul are very great, and when they begin to penetrate the ego, the ego realizes it. It is as if there is, behind the activities of the ego, another will that it cannot control. It is a will that is stronger than he is. It is a will that eventually leads him to even revolt as it is so strong.

But this force, which is the strength of the soul, must one day come to dominate the ego. Because it is the divine part of Man. It is the part of Man that is not under the influence of Luciferic forces. It is the part of Man that is not under the influence of forms. It is the pure part, it is the crystal in Man. The ego itself, when he begins to be sensitive to these forces, often finds it hard, often suffers, often is unhappy, because he has an automatic resistance to these forces. That's normal.

But the forces of the soul, when they begin to penetrate, penetrate more and more. So that eventually, the ego is more and more illuminated by these energies. But the ego, on the other hand, must understand what is happening, he must be able to evaluate what is happening in him psychologically when the forces of the soul begin to penetrate and then transform him.

So, what is it that explains to the ego what is going on? It is the Thought Adjuster. But the ego does not know that when he thinks, it is the Thought Adjuster who thinks behind him. Because the ego is in the illusion that, when he thinks, he is the one who thinks. The ego is centered on itself.

Then, all of a sudden, the forces of the soul begin to penetrate him. There, there is need for orientation, he needs to know what is happening, then there is a being who can explain to him what is happening in himself, and that is the Thought Adjuster. So at that moment, it is very important for the ego to understand that when he thinks - that he thinks anything - there is always the Thought Adjuster behind him who thinks.

But since the ego has not yet, at first, reached a high level of fusion with the Thought Adjuster, his thoughts are not right, his thoughts are not precise, his thoughts are disharmonized. Because his thoughts are contaminated by all kinds of thoughts, which exist in the mental plane of Man and come from everywhere.

So, the ego has been used for years to thinking with everyone's thoughts. And everyone's thoughts have become his centre of reflection, instead of him having his own centre of perception. Do you understand?

Instead of thinking right, in other words, instead of his thoughts being directly related to the vibration that is emitted by the Thought Adjuster in his mind - called the "supramental" - his thoughts are thoughts that come from his experiential contact, from his mental activity with books, with communications between him and other people, so that, at some point in life, the ego no longer thinks his thoughts, that is, the thoughts, the original energy that comes from the Thought Adjuster and tries to imprint itself into the mind of Man, are completely ineffective because the ego has accumulated material everywhere, in all sources, and then returned at some point, that material has completely covered the background, that is, its natural contact with the Thought Adjuster.

So do not ask yourself why, at your age, it is absolutely impossible for you people, in general, to be able to communicate with your Thought Adjuster, to have a natural, informative and intelligent telepathic communication.

Then the situation of the ego is a natural situation of involution because at some point in his life, he is no longer able to know. He is able to learn knowledge because he has memory, but he is no longer able to know, because to know, you have to be in contact with the Thought Adjuster.

So, imagine then that people meet someone who explains how it works, and then, of course, the rest of them would like the work that has been done for years to cut the bridge between the ego and the Thought Adjuster, they would like it to be done, the rest of them, suddenly, all in a shot. Let me tell you that if it were all in a shot, you couldn't take it, you'd crack, then we'd get you back to the big building* (the psychiatric hospital* in Quebec).

He, the Thought Adjuster, knows, understands, knows how it works. He knows that the work must be done gradually over the next few years, until the day the contact between you, between your ego and him is re-established, then everything starts all over again in a normal state.

Then the ego must understand one thing. He must understand that his thoughts are not his thoughts. Behind every form of thought, whether good or bad, there is always the energy of the Thought Adjuster.

If the ego understands - whether the thought is good or bad - that there is always the energy of the Thought Adjuster behind that thought, at that moment he learns something extremely important, it is never to take his thoughts, good or bad, seriously.

That is, he must never take his thoughts upon himself. He must live his thoughts. He must listen to them, his thoughts. And little by little, by shifting away from his thoughts, he will allow the Thought Adjuster to change the polarity of his mental body. So that over time, negative thoughts and then positive thoughts, in other words the polarity of the mental body, which results from the very nature of the form, will be destroyed.

So that, in the mental body, there will no longer be any positive and then there will be no negative, there will simply be pure consciousness. There, at that moment, the ego can breathe. Because, at that moment, everything that happens in his mind is totally prepersonal. That is, what happens in his mind is cosmic and passes through the mind to enlighten it.

Then the ego, at this point in its evolution, no longer has any psychological problems, because he is no longer caught with good and evil. He no longer has philosophical problems because he is no longer caught in the search for truth, he is simply in vibratory communication with the energy of the Adjuster of thought who instructs him, and who lets him understand what he must understand. So at that moment, life for the ego is extremely simple. Knowledge is installed, the mad race to the truth to knowledge has stopped, then the ego begins to live.

But the ego, there is another matter with him, it is that he has a personality. His personality is not always a gift. Because as the soul must dominate the ego, the ego must come to dominate its personality. So, what is this, this famous personality?

Personality is the color of the ego projected into the material. It is the color of the ego and the color that the ego takes when, because of the material body, the physical body, it is forced to undergo external material influences. The ego, on the other hand, is not always able to fully appreciate the material personality, because the material personality was created for very particular reasons that are directly related to the evolution of the ego.

If you have an ego that is in a physical body, then the physical body lacks a leg, that it is all crooked, that it is not beautiful, but at that moment, the ego does not have the same relationship with its personality as if its physical body is handsome, tall, beautiful blue eyes, beautiful fair hair. So the relationship between the ego and personality is a relationship that can be very difficult.

But if the ego is enlightened by the energy of the soul, and then instructed by the Thought Adjuster, then the physical aspect of the world, the physical aspect of his own world, of his manifestation in the world which is his personality, becomes less important, he suffers less.

And it is necessary that the ego does not suffer from its personality. It is necessary that the ego comes to take its personality as it is and to be well in its personality. But for him to be well in his personality, the ego, he must know what is happening in his own reality. So if the ego is well dominated by the soul, then well instructed by the Thought Adjuster, then well at that time, the personality will follow it, then the ego gradually will dominate the personality.

So that the personality will no longer have a depressive influence on him, and there will be a direct communication, a formed axis, a unitary axis between the soul, the ego and then the personality, and then with the Thought Adjuster who instructs the ego. And at that moment the ego makes a life, lives a life at the level of itself that is real, and in relation to the personality that becomes the support of its creative activity, instead of being the cannonball that it has to pull during a whole lifetime.

So it is very important for people to understand, first, the relationship between the soul and the ego and then the Thought Adjuster and the ego. When you have understood, when you have felt the vibrations of the soul, then when you have heard in your mind, when you can communicate in your mind with the Thought Adjuster, when you have realized that your thoughts are not your thoughts, in other words are not his thoughts (to the ego), at that time, it will be easy for you to solve the problem of your personality. So don't worry about your personalities, let them be, your personalities. Your personalities will settle down on their own.

What is most important for you people is to understand the phenomenon of your thoughts. To let your thoughts pass through your head, to listen to them, your thoughts, not to attach yourself to the polarity of your thoughts. To realize that your thoughts are an energy that comes from the Adjuster and that he, little by little, will organize himself to change them, and make them more and more impersonal.

So that one day you will realize that there is someone talking to you. That there is an intelligence that is in communication with you people. That there's an intelligence trying to make you understand something. And at that moment, the energy of the soul that will penetrate your ego, the Thought Adjuster that will try to instruct you, will totally eliminate the imbalance that exists between you, your ego and your personality. Don't worry about your personality, it will settle itself.

It is at the level of your ego that you will suffer. It's at the level of your ego that you'll find it tough. If your ego succeeds in settling, if your ego succeeds in letting the energy of the soul pass through, if your ego learns to understand its thoughts and to detach itself from its thoughts, if your ego learns to stop analyzing itself, which is its great attachment to its thoughts, then everything else, your personality which is simply the vehicle of the ego as the ego is the vehicle of the soul, will settle.

There are some of you who are afraid at the level of your ego or who suffer at the level of your ego, of being influenced by negative forces. Some are influenced by negative forces. That is, there are other dead egos trying to influence them.

Well, listen to me carefully: if you learn not to attach yourself to your thoughts, these forces will eventually no longer have power over your ego, because these forces will realize that your ego has understood one thing, it is not to attach themselves to the shape of the thoughts they use to create tensions for you.

That's why I'm telling you, whether you're attached to positive forms or negative forms, it's the same thing. What is important for you people is to finally understand that you must not be attached to anything in your mind, neither to positive nor to negative forms.

To let thoughts pass until the day when these thoughts will gradually change, transform, because not attaching yourself to them, the Thought Adjuster will be able to fill your mental with another energy, so that eventually neither the negative nor the positive will be able to affect you. The key in this is not to get attached to your thoughts.

So it's not immediately that these negative thoughts will stop harassing you. It will be done gradually, but it must be done because the law, the law of thoughts, is a law that is very, very universal. That's how it works. But as long as you attach yourself to your thoughts, at that moment, you give those negative intelligences, which use negative thoughtforms, all the game possible to create problems for you.

On Earth, now, in our time, there is a phenomenon that is beyond everyone's comprehension and that is happening. It is that humanity is receiving energies of very high vibrations in its lower mental. And the people who suffer most from these energies are the most evolved, the most sensitive people. There are some among these people who will not be able to suffer the penetration of these energies. Some people will even commit suicide, some will break down. That is why the suicide rate, the rate of mental illness, is increasing every day, especially in the industrialized worlds, in the big cities.

But among these men and women who receive these energies of high vibrations, there are some who will be able to absorb them. And these energies will totally transform their inner life. But Men, these Men must have information, must understand what is happening to be able to absorb these energies, and allow these energies to become an asset for them instead of a liability. So you people are in that situation. You are one of those men and women who receive these energies, but you have a special opportunity to understand what is happening.

The ego is like a hunter who is always stuck with two rabbits, but he runs with only one. The ego, it always runs the rabbit of knowledge; the rabbit of knowingness, it does not see it. I'm telling you, there are two rabbits. There is the rabbit of knowledge and then the rabbit of knowingness. Then, the rabbit of knowingness is more important than the rabbit of knowledge. One day, you have to understand that. Then there are some of you who are much more interested in the rabbit of knowledge than the rabbit of knowingness. Because some of you have gone far in the search for knowledge. That's your ego looking for that rabbit!

I will tell you one thing: in time your ego will understand that the rabbit of knowingness is your contact with the Thought Adjuster. The rabbit of knowledge is part of your personal desires, of your ego's desire to accumulate more and more interesting thought-forms, to perfect what it believes to be the ultimate aspect of evolution. But let me tell you something, you put your finger in your eye! There is nothing there with knowledge, because knowingness contains knowledge.

Knowingness is in the total relationship between your ego and your soul. It is your soul that knows, your ego seeks to understand but your soul knows, then when there will be a very close link between your ego and then your soul, at that moment your ego will be in the knowingness, then at that moment, you will be totally individualized, totally autonomous. You will be beings who will no longer need support outside of yourselves. At that point, you'll feel good about yourself. So think about the matter of the two rabbit race! Change your vision a little bit, and realize that the rabbit of knowledge is an illusion, a beautiful illusion, a great illusion. Besides, this rabbit is part of your evolution.

But I'm telling you and I know it, there's another rabbit you don't see. And that rabbit that is the rabbit of knowingness, that's the rabbit that you eventually need to know. And I give you the way to get to know it.

During the changes, the transformations that will take place in you, that will bring you to consciousness, you will realize that what you want, is not necessarily what they want at the top. And it's what they want up there that's important. Because what they want is perfect. And what they want is necessary for the transmutation of your ego.

So what will happen is that there will be a fight between your ego and what they want at the top. And from that fight, your ego will develop a kind of power, a kind of will. A will you've never known before. A will that is based on the energy of the soul. And this will become more and more important. So that one day, when the consciousness will be very settled in you, the will of your ego will be the same as the will of them at the top. So that there will be a balance, a unity, a bond.

But until then, what you people want, what they want up there is two pairs of different worlds, and then you will understand what I mean. In fact, some of you already understand what I mean.

Then realize that this conflict between your ego and them, it is a conflict that comes from the work they do on your ego to change the vibrations of your mental body, to change the vibrations of your emotional body, to change the vibrations of your etheric body, and to change the vibrations of your physical body. So it's an in-depth work.

So if you people want something, then they want other things, they will win. Because they are the Force. And little by little, when your ego will become bigger and bigger, that is, more and more perfect in their light, when your ego will understand more and more its relationship with them, when your ego will be filled more and more with the energy of the soul that is the seat of your real will, at that moment, your ego will have a will, and then it will be a power.

Then it is at that moment that your ego will be able to control its destiny. But before you can use that energy, that energy of the soul, they will have to cleanse your ego, let it go to the machine. And the passage from your ego to the washing machine, it is you, your ego that will live it and that is your suffering.

If you understand the mechanism of suffering, if you understand that suffering is the result of the contact between your ego and very great vibratory forces of light that try to penetrate your ego, to transform it, to bring it to its right color, its natural color, at that moment, you will learn not to take your ego seriously. Then it's subtle, it seems to be just words: not to take your ego seriously.

But one day, you will understand that not taking your ego seriously is a state of mind. Then when you don't take your ego seriously, you don't take anything seriously. Then when you don't take anything seriously, you don't suffer from anything. That's exactly where they're going to hold you. Because we gradually learn not to take ourselves seriously. It is gradually that the ego begins to understand the game that exists between him and them others.

It is the forces of light that unite the universe. Then the ego, when it begins to understand that everything is a game between him and them others, to bring Man to a high level of vibratory resonance with the forces of light, at that moment, the ego, it is good. That's where life is easy, where life is simple.

But I understand you if you say to me: "Yes, but now I'm sick of it! ", that I understand you! If you tell me: "I am sick of suffering! ", I understand you! Because I've been through it too, I've been through it. But what happens is that when you have reached a point where you really have had enough, when you are really sick of suffering, then what happens is that you descend the energy of the soul into your mind and there you apply your will. And now, let me tell you, it works. But until you are able to bring this energy from the soul down into your mind, you are not able to put the axe.

Then, it is when you have learned to put the axe with the energy of the soul, not an axe that comes from the reaction of the ego to an external situation, I mean to put the axe, I mean to descend the energy of the soul into your mind and then take that energy and act. Until you are able to do this, you are automatically subject to left and right blows.

So one day you will understand exactly what I mean. And at that moment, you will no longer be able to suffer for nothing, to suffer from external situations for nothing because your ego takes itself seriously!

Then when your ego is powerful, when it is in power because it is filled with the energies of the soul, then when it has the intelligence of action because of its contact with the Thought Adjuster, let me say that when you make a decision, it will be made, and then it will always be made in relation to the laws of evolution, for the evolution of Man, for the evolution of society and for the well-being of your personalities, your bodies and your souls. In other words, for the well-being of yourselves.

Notice one thing, let me repeat it to you: what they do, in their work of penetration to transmute your bodies, is not what you people, at the level of your little egos, will necessarily want. Then that's normal, it's absolutely normal.

You're no longer here, at a knowledge research internship. It's easy to seek knowledge, you go to a master, then he tells you beautiful things, then it's pleasant, then it works. You read beautiful books, it's fun, it works. There, it is no longer spirituality, there, you are no longer in a phase of spirituality, you are in a phase of body transformation, where the stage of spirituality is already being surpassed. This is reality, then reality is greater than spirituality. Then reality is a situation of energy between a material plane and invisible planes.

Then remember one thing, there is no such person. The way they're going to operate with one of you, then the way they're going to operate with another, then another, then another, then another, is different. No two beings are the same, no two. If they operate in a certain way with a person, it is their experience, take care of your experience.

There are some who always tend to compare themselves to others, don't compare yourself to others. Live your experience within your experience. Don't worry about other people's. When I speak, I am obliged to speak generally, I speak for everyone. But you people, when you try to understand what I say, understand it within your own experience. Besides, what I'm saying, it fits for everyone, but differently for everyone.

I love you, because I can't do otherwise. I'm made like that, I have that kind of consciousness. But you people, get organized to appreciate each other too. Realize that there is not one of you who has the right to think or believe that you are more evolved than the others, because consciousness is universal, it is universal consciousness.

Whether you are simple or well educated in esotericism, the conscience doesn't care at all. So be careful. There are some of you who seem to be very simple, who don't seem to ask many questions, who don't seem to have that kind of intelligence, be careful, consciousness is universal. Make sure you appreciate each other. Then to see beyond your belly button. Because they, the others upstairs, are watching you.

Then they will organize the dial to make you universal. That is, to be able to have relationships of consciousness, especially with people who are on the way to penetrating consciousness. Because for the rest of them, this is a big club. It's a big patent, in every country in the world. All Men who enter consciousness must one day be of the same consciousness.

So listen to me carefully, learn to appreciate each other. I understand that you may not be able to love consciously yet everyone. Because you are still too much in the light of your ego, then your ego is still struggling with itself, then emerging from its mists. But realize that the smallest among you is as important as the guy next door. Be careful with that. Love is important. I'm not talking about spiritual love, I'm talking about consciousness, which is love

006 - The astral plane

The astral plane is a layer of energy that is part of the consciousness of all evolving beings who have passed the animal stage of evolution. This energy plane contains particular properties that give it the quality of representing, in the world of consciousness, a wide range of images created in the experience by evolving beings. These infinite images are the basis with which these beings interpret the inverted world of matter.

In this layer of consciousness, the relationship between light and the forces of gravity of the cosmos is totally suspended. So that the gravity that is used in the universe to hold the worlds together has no power. And this lack of gravity's power in the astral world, or in what is called "the astral plane", allows it to create, or be recognized as being a world of imagination where all possibilities exist, and where all realities are conditioned by acquired experience.

This energy plane is extremely important for evolution, because it serves as a reserve for all forms of emotional and mental experiences, gathered by a humanity that needs, in its evolution, all categories of experiences to explain to the spirit of Man, to the ego, the symbolic values of his experience.

The astral world is not a real world, but it is a world that contains within itself all the possibilities of reality. I explain: the possibilities of reality are the probabilities programmed into Man's life plans, in the future as in the past, in order to allow him to interpret as well as possible the different aspects of his life, in relation to data that are imprinted on him in the unconscious mental when he is in a state of sleep. This impression in the unconscious mind when Man is in a state of sleep, becomes alive during the day when he uses his emotions and thoughts to create an imaginary world necessary for the psychological survival of his desires.

The astral plane is a vast range of possibilities that contains all the possible and imaginable conditions that a Man needs to eventually conquer the peaks far removed from the Mercurian consciousness. This Mercurian consciousness appears in our human system when Man has developed his mental body sufficiently to be able to re-connect the natural intelligence of his animal consciousness with the data of a higher evolution that are necessary for him to progress in the great schools of the cosmos, when he has finished his survival on the physical and material Earth.

The astral plane has a precise function in Man, which is to give him the necessary food to determine in his sleep states, the different applications of his daily life when he is awake. The astral plane is generally poorly conceived by Man, because Man sees it only from the human point of view. However, the human point of view concerning this energy plan is a point of view that is already astralized. That is to say, the human point of view is already coloured by the fact that Man belongs to the astral and still lives at the level of the astral consciousness, both in awakening and in sleep.

When Man has conquered the heights of Mercurial consciousness, he will understand that astral consciousness is no longer necessary. Because this consciousness contributes to the decrease of mental power in Man and serves at a stage of his evolution that he is about to complete.

One of the interesting aspects of astral consciousness in Man is that this consciousness can serve both beings in dark regions, as well as beings in regions of light. This duality of the astral is at the root of the many psychological and philosophical problems that Man experiences. And it is only through the destruction of this duality that Man can finally understand the infinity of universal thought and stop, once and for all, seeking any infinity within his spiritual experiences.

The astral for Man, especially the coming Man, is a world that will be meaningless, because this world will have ceased to be useful to the new Man. The astral world will be meaningless because the perfect contemplation of the mental world, experienced by the new Man, will allow him to proceed so quickly in or through the ways of light, that everything astral will represent for him an affection linking him to the involutionary past of his experience.

The astral plane today is so full of beings of all kinds, of forms of all kinds, and the energies manifested by these beings and forms are so contaminated by the previous experience of Man, that the Man of the future will no longer be able to make use of this material.

This material will be recycled, and any property it owns today will be reinvented, i.e. new forms will be created with the energy of the memory of this material. The material organization of the astral plane is already being shaken in its foundations by the activities of some great souls who work on planes invisible and parallel to our material world. These great souls know the laws of the worlds and have studied for a great number of years the different modes of distribution, diffusion and recycling necessary to complete the purely planetary function of this layer of energy called "the astral".

One of the most curious aspects of astral consciousness is that in this world or plane, there are two forms of reality. A form that is good and a form that is bad. What is most extraordinary is that the bad forms of the astral plane are the good ones, and the good forms of the astral plane are the bad ones.

What I am telling you will surprise you and will surprise many people, I understand it, but watch this: if there are any among you who have the ability to go astral, take the following test: First, go to the astral and then, once you are experienced enough to stay there for a sufficient period of time - such as 25 or 30 minutes - start shouting my name, so as I tell you, shout my name, astral, with all your might, and you will see that the shout of my name on this plane will bring you directly and immediately into your material body. Why? Why? Because in the astral a person who cries out my name consciously automatically receives an impression in his mental body that forces him to return to the material body, in order to limit his experience and not hinder his evolution.

Since Man is multidimensional and Man works on several planes at once, any Man who, on the material plane, can control the energy of his supramental, can also, on the other planes, control the evolution of the beings that are there. And it is because of this situation, this power if you will, that some Men help in the evolution of humanity.

When I speak of the astral plane, I mean a world that serves Man as long as Man is a prisoner of planetary gravity, of the planet where he evolves, but this world no longer serves Man who is free of the planetary gravity where he evolves. This means that any Man who can generate in himself the energy of his supramental consciousness, is capable at will to delay the dynamic evolution of beings on the astral plane, in order to force them to cease all activity on this plane. And these beings with whom they work in this direction are automatically part of the same evolutionary group on the planet to which this Man is attached.

It is very important to understand the hidden aspects of astral evolution, and not to confuse the astral experience people talk about with the dynamic experience of astral consciousness from which some people suffer unconsciously.

Many people believe that the journey in the astral is a benefit for Man. In a sense it is true, as long as Man has an imagination and as long as he still uses his intelligence to cultivate, on a material level, the astral experience lived. But Man does not yet understand, because this knowledge has not yet been revealed, that the astral plane is actually an ocean. An ocean that has the same cosmic function as the ocean can have on the material plane. But the function of an ocean in the universe is to generate enough forces on the plane where it is located to force all the cycles of evolution of that plane to return to it one day.

The same is true for the astral. The astral is made in such a way that it forces, without human beings being aware of it, all of them to return one day to an inferior consciousness. Because all the currents of the astral, all the forms in the astral, whether good or bad, are directly affected by what can be called "the forces of time". However, the forces of time are very powerful currents of energy that prevent Man from entering the light and keep him trapped in his illusions. Notice that illusions are extremely important in the functioning of the universe, because they have the gravity necessary to generate enough forces on the lower planes to contain what you call "human time".

But when human time is destroyed, when the consciousness of Man, which has become supramental, is no longer in time, all the forces of the astral become powerless, and the gravity of this world ceases to be active within its mind. Therefore, this Man, who has become free of time, is liable to never return to the astral. That is, never to die a black death.

All forms of immortality in the evolving worlds require that Men be totally liberated from the currents of the astral. And since the forces you call "the forces of evil" work in the direction of domination, the astral world, for these forces, is a world, or rather a warehouse, where they find all the necessary material to delay the time when Man will enter the light, free of human psychological time and able, with his own forces, to fight the currents or forces that evolve in the astral world.

It is obvious that the stakes for the astral world, seen from a cosmic point of view, are very vast and very great, and of great importance for the involution or evolution of humanity. As Men think, they have no support in their minds to cease all links with this energy plan, they use this plan to make experiences from which they come out more or less advantageous, depending on whether they think in one way or another.

The experience of the astral for Man was an important phase in its evolution because it allowed him to understand certain things about the nature of other worlds. But other worlds are not necessarily reality. These worlds are part of the material organization of all decadent energy in the universe, created since the movement of Luciferic intelligences in absolute spaces.

What Man must understand is that the astral, although it is for him a source of experiences of great value, is also by the same token, a source of sequences that can easily reduce him to being a prisoner of time. Now, if Man is to penetrate the light, if Man is to be free, if Man is to be able to use the energies of the soul and transmute the energy of the planes - according to whether he is to build or destroy - his mental understanding, that is, his pure understanding of the function of these planes, becomes necessary.

Some will say to me: "But yes, we went into the astral, we made the journey of the soul, we had very important experiences, we saw beautiful things... ». I totally agree with that. That is not the point. The point is that the astral world, the astral plane, the astral consciousness, whatever its virtue, whatever its value or importance in your personal life, represents on the cosmic plane, represents in relation to the great Mercurian schools, a point in the evolution of the cosmos where the unusable mental matter was to end.

Now, the astral plane, the astral world - give it the word you want - is a world of rejection, is a world of imperfection, and even the most perfect things, the most perfect experiences you can find in this world, are part of the rejection, of the waste, which comes from the mental plane. This is a categorical statement I am making to you, and it is not to shake your confidence in your astral experiences of high spiritual values, that I am telling you this. I'm just quoting the facts as they are. The astral world, from the lowest to the highest, represents the waste of the mental plane.

Once you have entered this, you can submit yourself to another experience if you wish: Come back to the astral plane, stay there for a long time, and contemplate in this plane what is, for you, the highest in vibration. And at that moment, ask your mind to make you see the light of the east, and you will see that everything in the astral where you are will disappear and only this light of the east will remain before you.

This means two things. This means that the astral plane, whether beautiful or not, represents a categorical dimension of mental reality. And that this categorical dimension of mental reality is subject to instantaneous temporal stopping as soon as it is confronted with the light of this mental category.

The experience to be drawn here is the one that allows us to conceive, once and for all, that the astral world is a world that can be dominated by light, only when Man is conscious of this law. And when Man is conscious of this law, the power of the light that flows from his higher mind is so great that the astral world, temporarily, ceases to exist for him. And if he ceases, this world, to exist for him, he can cease for a whole humanity. It can cease for an entire race, for an entire planet, it can cease for an entire galaxy. And when this world ceases, the forces that use this world to delay the evolution of Man will no longer have any control over Man. Because Man himself will already be out of this plan.

When I tell you in the seminars not to believe anything. It is here, in a case where experience is inevitable, that one must know and understand what it means to "believe nothing". Occasionally speaking, "not to believe anything" means never to be affected emotionally, or mentally, by any form, whatever the form. Only when you are no longer affected by any form will you be able, with the greatest ease in the world, to move about in the mental world and recognize the most abusive aspects of all the lower worlds on human consciousness.

And it is at that moment that you will understand why any initiation that leads Man to confront his inner reality with his psychological reality must impose on him the total experience of doubt and the total experience of psychic isolation, because it is only in this situation, under this condition, that Man is able to get rid once and for all of the very powerful links that exist between the astral and himself.

When you see, astral, souls going here and there, what you see is only the memory of these souls, not the souls themselves. Because if you saw the souls themselves, you would automatically be forced to penetrate their secrets, because the souls have no barriers between them. They have no secrets from each other. So, if you are in the astral and the souls seem to pass and there seems to be an individuality, and people talk to each other more or less, know one thing: that what you see are not the souls, what you see is the memory of the souls.

When you really see a soul, you will be in that soul and that soul will be in you, you will be part of it as it will be part of you. There will be no division and that is the best way, the surest way to know if we are on one plan, or if we are on another. It is so real what I am telling you, that if one soul did not have the power to be in another soul and vice versa, love would not exist in the world.

Because love in the world comes from the fact that all souls are created of the same essence and share the same love. That is, all souls share the same bond. However, if they all share the same bond, it is obvious that if they meet, they must be totally in the same essence, in the same memory, in the same understanding. But Man does not yet have the power to discern between the memory of the soul and the soul itself. And since the new Man will have the power to use the energies of the soul and to see the soul, it is obvious that any astral experience for him will be impossible. Because the soul cannot live from the astral ether, it is obliged to substitute itself and this substitution is its memory.

There are constantly errors in Western and Eastern esotericism, because esotericism on planet Earth is a philosophy, an experimental philosophy. And all experimental philosophy comes from experience. However, the experience is not absolute but always relative. Because every experience is made, lived, within a form. It is only when the being is in a totally free state of form that he can deal with the relativity of experiences and project them against a pre-experiential, pre-personal version of reality.

As long as Man must learn, he is subject to the laws of experience. As long as he is obliged to conform to the forms of this experience, his knowledge is afflicted by it. That is why I often say that knowledge is an illusion. Not because knowledge is not good, but because knowledge is part of time. While knowingness is out of time. Knowingness does not belong to form, which is why Man, with his intellect, cannot appropriate it.

As much as knowledge is reducible, so much knowingness is irreducible. If knowingness wants to penetrate the mystery of mysteries, it has the free will to do so, since knowingness is in itself the mystery of knowledge, not in its manifestation, but in the origin of its manifestation. And it is at the origin of the manifestation of knowingness that we find all the different modes of evolution of knowledge. Knowledge is temporal, knowingness is eternal, it has no time, it is part of light.

So remember that the astral plane, as long as you use it, is part of a personal experience. But it is not from this personal experience that you will be able to generate in yourself the necessary energy, the necessary light to be in knowingness. This plane will always give you one more reason to experience it! This plane will always give you one more reason to learn about other aspects! But it is not these aspects or experiences that will allow you to generate enough light on the material plane where you live to understand, once and for all, that there is nothing to understand.

It is in knowingness that you will be able to realize that the worlds inferior to the soul are worlds that the soul uses for the evolution of the ego, that is, for the evolution of its memory, that is, for the dynamic understanding of the inferior worlds to which it is only entitled through the experience of the ego.

The soul is contemplative, it evolves but it is contemplative, it does not seek to understand. The ego, on the other hand, is not contemplative, it is progressive, it must evolve and its evolution serves the soul because memory, which is the accumulation of all forms of experience, becomes a building material in the worlds of light. The experience becomes a building material for the evolving lower worlds. However, whatever your experience on the astral plane, these experiences will always be in relation with the waste emitted from the higher planes, which used the experience of the ego to build more advanced, more perfect worlds.

I have dedicated this tape to some of you who are interested in occultism and who are interested in these experiences in the plane you call "the astral", in order to give you other points of reference to which I will return later, as I progress with you in explaining the mysteries.

So what you need to know about the astral are these three points: first, the astral is a world or plane that is the repository of all forms from the mental plane, those forms that no longer serve on the mental plane, because they are too imperfect. Secondly, the astral is an imaginary and unreal version of the world of the soul. Thirdly, this plan allows Man to have easier access, at the level of his imagination and material intelligence, to aspects of the invisible that temporarily serve as a refuge in his movement higher and higher and further into evolution.

So, if you go into the astral and are given work plans, know one thing: that these work plans are also part of your astral experience. The plans are real and your activities in relation to these plans allow you, little by little, to develop certain links with intelligences in these plans. But the links you are developing with these intelligences will one day have to cease, because these intelligences too will have been led to go beyond the functions of their duty, to come to realize the more perfect attributes of the Mercurian consciousness, which is also in evolution.

007 - The Bermudas Triangle

On the Bermuda Triangle and the dangers that threaten humanity unconscious of the technical operations that take place in this and other similar regions of the globe.

The Bermuda Triangle today is a place that fascinates a growing number of people, and is not under the semi-conscious scrutiny of scientific organizations and governments. The Bermuda Triangle is a place chosen by outer-spaceraces to penetrate and remain under surveillance on land. This triangle, as well as other places on the planet, represents for these civilizations an ideal place where they can work without being discovered and in total safety. The Bermuda Triangle has long been used to recognize the planet's evolutionary activities. Today, it has become a place where races very advanced in cosmic technology are preparing to intervene at an opportune time, if Man were, out of ignorance, to trigger a world conflict.

The Bermuda Triangle is a very secret place, because those who enter it have means that are not found on our planet. That is, they have the power to penetrate under the layers of the ocean and lodge in places located at relatively deep depths, away from military surveillance. These beings intend, eventually, to make themselves known to Man. But they have no intention of giving Man a technical science that could possibly compete with their own. These advanced races do not have a sense of generosity for Man. On the other hand, they are forced, by cosmic laws, not to interfere with human evolution.

As long as Man does not endanger the planet, and as long as he has no long-range military intention, these beings remain relatively inconsequential to Man. But if, for any reason, there were to be an encounter between these beings and humanity, the shock would be so great that civilization as we know it today would be totally affected. And indeed, that is what will happen in the coming years. Time is not very far away, but for Man time is still far enough away.

Outer-space beings have been evolving very differently from us for a very long time. Their incursions into our atmosphere testify to a very advanced technological science that today belongs to our science fiction. The mental power they possess also serves them to compete with Man without mixing with its population. These outer-spacebeings have already experienced, during their evolution, conflicts of all kinds, but today they have come to live a lasting peace given the high level of science they have reached.

But they do not take a positive view of the technical and scientific evolution of Man, because they know that Man is still very primitive in his habits and feelings. They know that Man is a warrior and that he must, at certain times in his life, resolve his conflicts through war.

However, for them, as the art of war is outdated and realizing the scientific potential of the present humanity, they are obliged to neutralize, eventually, these human planetary efforts in order not to allow one day Man to transport these devices of misfortune into space.

These outer-spaceraces do not have any feelings for Man. Their attitude towards Man is almost condescending, and only the informed Man can realize that he has nothing to gain from his contact with extraterrestrials.

However, Man must also understand that among those races that make, here and there, incursions into the atmosphere of our planet, there are some that have evolutionary links with Man, and that it is these very spiritually advanced races, cosmically, that will one day come into contact with the Men of the new race. And it is these races that will help Man and enable him to understand the vast mysteries of the political organization of the local universe.

This is why when people talk about UFOs, aliens or outer-space races, they must consider that there are two currents of humanity that are interested in Man. On the one hand, there are those races that are only condescending to Man because they consider him primitive and barbaric and on the other hand, there are those other races that have a very great affinity for Man, because already, these races have belonged individually to the evolution of the planet Earth. When Man has grasped the subtlety of the differences and nuances between the races of the galaxy, he will be in a better position to understand the hidden motivations of these peoples.

Just because advanced races come from the cosmos does not mean that we humans should consider them superior to us. That they are technically superior to us, that's normal. But this technical superiority has nothing to do with the mental power of the transmuted Man. The transmuted Man is automatically in the light, and the power of his mind is perfectly in balance with the mental forces of these peoples.

Man has in him a very great centre of forces, and this centre of forces can easily give him, on the races of outer-spacespace, a capacity and a power with which they must unite harmoniously or, if not, move away.

The transmuted Man is protected by very advanced races that follow him in his evolution, but who can only communicate with him when the time is right. And to enter into communication with the Man of the Earth will be done within a group of Men from different nations and having telepathic contact with the planes of pure consciousness. Outer-space beings, who are only condescending to Man, must one day recognize that Man is in power on his planet. And that this power is universal insofar as it is allowed by the forces of light. The outer-spaceraces that now work on planet Earth are races that must, eventually, recognize the mental power of Man.

But this Man is not yet born, he is in the process of evolution, he is in the process of preparation, but one day, one day, one day certain, he will be born.

Humanity will be extremely affected by its contact with the outer-spaceraces. And Men, many Men, not being prepared for this experience, will take these beings for gods. This fatal error will force these individuals to substitute what they will have of human consciousness for a totally erroneous perception of any link with beings, who have for him only a contempt equal to the height of their scientific development. That is why Man today must know the psychological conditions of his resistance to any influence from these worlds, of which he has no idea and of which he has no knowledge.

I understand the interest in the world, in some circles, of the UFO phenomenon. But, I must also make Man understand that the UFO phenomenon is a phenomenon that totally exceeds his understanding of the laws of matter. And in addition, the spirit, the mind that evolves behind this phenomenon is so much more in correspondence with a reality external to the human reality that Man must protect himself from any form of inversion of the psychological reality of these entities or races.

It is no longer a question of mankind, especially today, going in search of phenomena that, for him, remain mysterious. It is a question for Man to fully understand his place in the cosmos and to realize that he possesses within himself a power, a center of energies that he must use, eventually, in any confrontation with these external races.

The phenomenon of the Bermuda Triangle and other places on the planet sends a very clear signal to those who want to see that something is in motion, that something is moving on our planet. Hence to consider these phenomena as being of paramount importance, aimed at correcting the evolution of Man, is another thing.

That Man is corrected in his evolution, accelerated if you will, in his evolution, this is normal; that his evolution is upset, this is normal; but from there to believe that these races will help the evolution of humanity is a fatal error, which comes from the fact that Man has no contact, himself, with the plans of universal intelligences from which he can draw, at will, the necessary knowledge in order to be able, in time and place, to counter these harmful influences.

The outer-space races that have helped Man's evolution in the past will come back again to help Man. But many races have come and visited the planet in the past, and these races have returned home, because they knew that Man was unable to communicate with them and to consider them on a natural evolutionary level. Man, for this reason, could never be in permanent contact with these races, and it was well so. On the other hand, the races that have helped Man in his evolution, in his ancient science, and which must return once again to communicate with those who are ready, will allow Man to recover scientifically in an extremely short period of time.

And this new science that will be brought to Man will allow him to penetrate interplanetary spaces, and to discover in his experiences the true reality of which he is now only seeing an external aspect. It is useless for scientists to waste time trying to understand the UFO phenomenon. Because this phenomenon involves technological keys that have not yet been given to us. When Man comes into contact with the races that are to help him in his technical evolution, these keys will be given to him and the vibratory adjustment of his mind will be made. So that his brain can function electrically, so as not to cause him any damage.

People tend to see things from their own point of view, and that is natural. But they must also understand that the universe is infinite, that the spirit is infinite, and that the power of the spirit over matter is very great. They must also be able to understand that today's scientific theories are theories that have their limits. And that one day these theories will be put aside, in order to give way to a totally new level of understanding and science.

When the UFO phenomenon manifests itself to you, through newspapers, radio, books, become aware of the phenomenon, learn about the manifested aspects of its presence, but do not become emotionally or intellectually attached to this phenomenon. Think of it as a phenomenon that must take place, because in the cosmos many races are interested in the evolution of the Earth, but also realize that not all those who evolve in the outer cosmos are necessarily friends of Man. In this way, you will develop a kind of wisdom that will one day be able to do you a great service.

Man is not used to understanding beyond what he knows. And it will become more and more necessary for Men to understand beyond what they know from experience. And there is only one way for Man to experience things that are not his natural domain in this way, and that is to be in inner contact with the intelligences of light that guide us, and that help us to understand the veiled aspects of evolution.

Any Man who has this consciousness in him cannot make a mistake. And on this awareness, he will build the foundation of his future understanding and will be able to move forward with certainty towards the times that, in a few years, will become more and more troubling for the human spirit.

Human intelligence is eager to know certain things, that's normal. But Man must also use his other intelligence. And it is only from this intelligence that he can easily understand the complex problems of evolution and guard against the abuses that races that have no love for him can impose on him.

Man can no longer afford to see these things, these important phenomena, from a human point of view. He must look at these things from a totally prepersonal point of view, from a totally supramental point of view, so that, over time, he can face these events without being rushed, without being betrayed by the vision he had of their reality.

Although Men have evolved over centuries and reached a level of science interesting enough to allow them to live a pleasant life, they have remained with fundamentally primitive feelings and emotions, and these emotions can only harm them in any contemplation of a new experience of which they have no idea, the magnitude and the deep secret.

It is only by its own means that Man can and should dominate the situation of extraterrestrial incursions into its atmosphere. And few people, given the world's population, will be in a position to act. But the message must be made and must be heard. Those who have ears to hear, will hear the message and apply in their lives the necessary measures so that in the future, when these things happen, and they happen very quickly, these Men can remember that, already, they had been warned of what is happening today in their lives.

Man must no longer wait, Man must look precisely where the possible danger will be manifested. Man must know the reference points necessary for any eventuality. Man must be able to know for himself whether he is enlightened by the forces of light, or whether he relies only on his intelligence, to cast a dark light on facts that shine through the very power of their reality. Notice this: Man is ready for any eventuality, for any encounter with the cosmos. But he is ready insofar as he knows where he stands himself with regard to this eventuality. Without this preparation, Man is helpless and his mind is shaken to its foundations. And when the spirit of Man is shaken in its foundations, so is his civilization and all that surrounds him.

Before these great events manifest themselves on the planet, all the necessary knowledge will have been given to Man. But this knowledge will not come from Man. And that is why those who have the sensitivity, the intuition, will be the first to equip themselves with these new tools to ward off the psychological and spiritual dangers that will one day fall upon humanity.

Man is at a crossroads of his life, his life must change, everything in his life must be reborn. But Man never sees anything until the end. And when the end comes, it's always too late. Look at history, look at Atlantis, look at Sodom and Gomorrah, look at the ancient civilizations that had been warned, but whose populations could not listen to these warnings.

It is not a question of Man leaving in fear, it is not a question of Man taking all these things seriously and making a horrific picture of them. It is simply a question of Man knowing and trying, with time, by himself, to summon in him the same sensitivity that exists among those who have the word.

Man is so used to living a life on a planet, peacefully - in the sense that this life is not affected by events that come from the outside - that he has difficulty understanding and believing that such things can exist. And it is precisely for this reason that there have always been, throughout history, Men who have invited people to understand a little something that went beyond the limits of their minds. If Man were to rely on his intelligence, which is already measured by the limit of his earthly experience, it is obvious that Man could never know in advance what should happen. But we have, even in our daily lives, Men who have the ability to give other beings information dealing with the future.

However, if there are many of these beings throughout the world who can give Man information about the future and about their personal lives, it is obvious that there may also be beings throughout the world who can give Man information, but of a more general nature, likely to avoid tension on a global scale, in order to make people aware of what must happen in the near future.

It is not in the calendar of these events that Man must look at, but in the understanding of these events within the extrasensory data transmitted to him. If Man looks with a balanced intelligence, a cold look, these data can be useful to him. If he puts them aside, then he will be alone with his intelligence and blind mind to experience these events without being able to understand or have a reasonable notion of them.

In the coming years, much information will be given to Man, but given the nature of this information, it will be disseminated to the public by means that aim to inform the individual, not the mass.

The reason is very simple, it is that the mass, because of the nature of its gregarious consciousness, because of the impossibility of making it understand without creating panic in it, does not have the power to listen and hear. It only has the power to react and you must never react. We must listen and slowly absorb what is new and what is not in the normal domain of human experience, again.

Understand this well: when a Man comes to you, he explains to you that he has had contact with beings from beyond space, you must, of all that is most sensitive in you in order to be able to listen to what is said, not deny it; but on the other hand not believe. For it is not the experience of this Man that will have to be questioned, but rather the nature of the motivation behind this Man's experience. And in any case, Man himself will only be able to understand the profound reasons for his experience in relation to these beings if he himself has contact with the supramental consciousness in him.

Just because races from outer-space come to the planet and use a Man to share certain knowledge on a human level, does not mean that Man must totally swallow that knowledge.

Until you know for yourself: Why? For what reason? And how this information has been conveyed, you are somehow subject to an information gathering process of which you have no power of verification. And if you can't verify for yourself the information that comes to you from these areas, know one thing: that only you and yourself will lose.

The UFO phenomenon is no longer simply an extraterrestrial phenomenon, it has become and will become a psychological phenomenon. And from the psychological phenomenon, it will become a social phenomenon. And of the social phenomenon, it will become the foundation for the global overthrow of an entire civilization.

However, you, as an individual, as a Man, must be on your guard and realize once and for all that not everything that comes from space is necessarily good for humanity. Man can no longer put all his eggs in the same basket. Man must keep at least one of them, and this egg that he must keep is his personal consciousness from which he can draw the information necessary for the orientation and evolution of his existence.

The extraterrestrial phenomenon is extraordinarily important, and this phenomenon will become more and more important for Man as the years go by. For you, as an individual, this phenomenon will become more and more real. In other words, you will agree, over time, on its reality. It is not through the intellect that you will understand the subtleties of this event and the enormous dangers that follow behind it.

Aliens are individuals who already have access to a majority of the galaxy's scientific secrets, depending on their level of evolution and their ability to discover the energy fields in the galaxy necessary to discover larger and more extensive knowledge. It is through their power to manage cosmic energy that they can decipher the universe's great secrets at will.

However, these powers have been assigned to them for many years and long periods of time. And they have no interest in seeing the work they have done contaminated, affected, by a being as primitive as man. Their interest in humanity is an interest that must serve them 100 percent.

If Men, because of their situation, are not able to understand that these beings are powerful and that their hearts are not where their minds are, then Man must, through his experience, realize the madness of all previous civilizations, that of not understanding and not remaining wise.

It is not what Man wants to know or know about the Bermuda Triangle and these other places, or the UFO phenomenon, that is important; it is the psychological attitude he must have when one day these phenomena will become present on a global scale, when all the nations of the globe, when all the Men of the Earth will witness this vast event. It is at that time that Men will have to understand what has been given to them as instruction.

008 - Men in black

I will explain this phenomenon to you, with the simple aim of making you understand the importance of the UFO phenomenon, and also to make you realize to what extent there are, in the cosmos, forces that seek to delay the evolution of Man and create confusion in his mind.

The men in black are materialized projections of intelligence from what you call "flying saucers". These projections are staged by extraterrestrial intelligences that evolve in the invisible and project on the material plane a vegetative consciousness powerful enough to create a vision in the human mind. This vegetative consciousness, which is part of the power of manipulation of extraterrestrial astral energies, serves to control human emotion and keep Man in a position of anxiety and confusion.

The purpose of these intelligences is to avoid any confrontation between Man and their ships. Knowing very well that Man is becoming increasingly skilled at applying the laws of matter for his own benefit and also for his military security, these entities use a screen, a kind of mummy, which only has power over Man if he is afraid. The matter of which these beings are made is an extremely dense astral matter which can take the form that entities in the vessels want to give them, but which can only remain on the material plane for a relatively short period of time.

The phenomenon of men in black supposes that there are very advanced entities in the invisible that manipulate energy to such a degree that Man, influenced as he is on the emotional level, allows these materializations to be housed with great ease within his own energy field. When these mummies, these forms, are housed within the energy field of Man, the latter is able to see them and reproduce them outside, so that he has the very clear impression of seeing before him physical, material and solid beings, when in reality what he sees before him is simply the radiation of the form from an invisible plane to a material plane, through sight.

If a man of great composure tried to get close to these mummies, he would find that they were unable to support his presence. And automatically, these characters would be forced to lose, before his eyes, the density of their substance and return to their source, that is, to disappear. Men in black are a danger to individuals who experience them. Because these characters have no morality, that is, they are capable of anything to create in the individual who has witnessed a UFO or an interplanetary spacecraft.

But there is an even deeper and more subtle reason for their presence on the material level, in isolated cases. Their presence here reflects a deep desire of the beings who create them to record in human consciousness a more or less precise image of the human form they lack. Many aliens would appear to us to be rather ugly. And this ugliness comes from the fact that they have had alliances for a very long time with what you call "satanic forces".

But the term "satanic" is a term that belongs to the consciousness of the Earthly Man. In their world this term does not exist. Man has difficulty understanding, because of the nature of his intelligence, that beings whose appearance is rather animal can walk in the cosmos with such great ease.

It should be noted that these beings have a very developed mind and do not need the form - hands for example - as an instrument to create their technology. When they need to create a technology, this technology is created by their minds and materialized on the plane in which they evolve.

And since the plans to which they belong are governed by laws different from ours, it is very easy for them to create, on our plan, forms that, for us, become an insurmountable reality.

Most of these races - which I will call them for the sake of the cause of "animal form" - envy Man, and they have a strong desire to eventually develop a body whose form would be approximate to ours. But their light is so dark, that they have great difficulty in establishing a connection with the archives of humanity where all the building material of the physical human form becomes inaccessible to them.

Thus, when they come to our planet and project a quasi human form on the material plane, Man, who faces this form, is surprised, frightened and frozen in his experience. If they succeed in threatening the individual and making him give in, that is, forcing him not to speak publicly about his experience, they have accomplished their mission and leave the individual in peace.

But, as has already happened in some cases, when the individual, for one reason or another, challenges them, he is obliged either to flee, to expatriate, at least from the place where he was met, in order to protect his own life.

Such beings will come into contact with humanity in the coming times. The phenomenon will be exposed, understood, but Man, all the same, because of the large population, will be very affected by their presence. I explain the phenomenon of men in black to you, not for historical reasons, but rather to make you understand the complexity of the relationships between the material plane we inhabit and the other planes.

Man is so ignorant, that today many things must be brought to his attention. Men in black have a very specific purpose when they have to contact a human being. And this goal is to create fear in the mind of man. Fear, imprinted in the mind of Man, becomes for them a bridge on which they can pass again at will, when they wish to increase their knowledge of human nature. Fortunately, cosmic laws protect Man from such parades, because if it were not so, Man would have no power to evolve, he would constantly be forced to live two lives. A material life and an excessive extrasensory life.

As long as Man is not affected, generally, by these phenomena, he does not care about their reality. But when he is affected by this phenomenon, he needs a clear understanding of the laws. Man is helpless in the face of such phenomena. He is unable to react in a perfect way. He is unable to perfectly control such experiences because, psychically, he is weak. Such phenomena can create in an individual a very severe and permanent level of psychosis.

If forces in the cosmos can act in this way from the invisible and project forms on the material plane of Man that disturb his mind, it is obvious that Man has much to learn. But it is not easy to teach Man certain things, because his intellect, his intelligence, already blocks the passage and the reception of certain instructions. Man lives in a world so Cartesian, so rigid, so rationalized, that it is almost impossible for him today, especially if he has a very advanced education, to submit his mind to such fantasies. This is why, moreover, Men evolve very slowly.

Man must protect his being from all forms of influence and persuasion. Man must realize that the universe is very complex in its simplicity, and that any right he possesses over his life must be respected, any right he possesses over his balance must be maintained. But if he does not have the necessary instruments to control his destiny, how can this Man be expected to be able to fight such machinations on an equal footing?

It may seem to some of you, who are not used to such things, that I am talking about things that are very far from reality. Well, I assure you that what you are hearing is only the beginning of a very broad presentation of the changing world. I agree with you that many things are intangible. But I still have to inform you of their reality. There are forces that evolve in the invisible around our planet and that have the power to materialize, on the material plane, forms. And these forces have only one purpose, that of delaying the evolution of Man by imposing on him the experience of fear. Whether these forces come from the outside or from the inside, they are all linked to the same source: what you call "evil".

But the evil is much larger, and much more complex, and much more subtle than you can imagine. The structure of the universe is much more grandiose, much more occult, than your material experience suggests. That is why, to come to understand the validity of such statements, there is only one way, it is to be enlightened by the forces that are in oneself and that know the laws of evolution.

Men in black are a kind of ghost, that is, they have no identity of their own. They are beings who have no soul, but who have power over the mind of Man, only because Man is filled with fear and is not able to channel his emotions.

The explanation on the phenomenon of men in black allows us to understand that in the coming years, with the increase of the psyche in the human population, these forces will have greater access to the consciousness of Man, and Man will have to be prepared to fight them. That is, to remain in his positions and not allow them to take any control over him.

The extraterrestrial races, those of animal form, have only one purpose, that of implanting fear in Man. These are races that cannot mix with or help man. But these are races that can delay its evolution.

As many varieties there are in our material world, as many varieties there are in the universe. Never be surprised by what can happen on the material plane, because the material plane is only a very limited aspect of the universe. When you have eyes to see on the invisible, you will understand how far we are bent in conditions of space and time that influence our psychology and prevent us from being what you call "intelligent".

The purpose of this lecture on a subject so marginal to our everyday experience is to make you realize that there are forces in the cosmos for which Man is an obstacle. And these forces will do everything to prevent Man from knowing the secrets of the universe, which extends beyond its natural borders. These races have an interest in keeping Man in ignorance, while there are other races that will seek to connect with the most evolved Men on the planet, and give them the necessary means to fight Man's evolutionary enemies.

Remember one thing: when a occult phenomenon occurs, it must be used for your evolution. If it is not used for your evolution, it is because it is directly directed by anti-Human forces. And the only way that Man has to protect himself against these forces is through his internal consciousness, through contact with the intelligences of light that see to it that he evolves and that over time he can develop the tools he needs to receive the energies of these forces. Man's struggle will extend outside the material planet. His fight will be eternal and his ability to fight in order to establish in the universe a solid foundation of evolution, he will have to know the secrets of the universe. Man can no longer live and evolve in unconsciousness, in intellectual ignorance, and in dogmatism imposed by theories that are already overruled by the limits of his senses.

Everything that affects Man from near or far and invades his space must be subject to the judgment of his power and the capacity of his higher mind. It is only under such a condition that Man will be able, in the centuries to come, to face all eventualities and fight the forces that seek to destroy him.

Man must relearn to know, relearn to see and relearn to situate himself in the universe, that is his greatest adventure! Man must begin to re-check everything he knows, because what he knows only represents the surface of reality. It is not a matter of him starting frantically to study things that have never crossed his mind. But it is a matter of starting to look slowly in a new direction, so that he can begin to open his mind to a reality that has no place in today's world.

No matter how he has to proceed, the result will always be the same. He will always have to realize that he knows nothing. And when Man has understood that he knows nothing, that his ignorance is despicable, he will turn to himself and see that in himself are hidden the secrets of the universe, and that buried among these secrets lies, helpless, his will.

The phenomenon of men in black is only one episode in the history of mankind, a tiny episode on an insignificant scale, which will become a permanent situation tomorrow and in the centuries to come. If you want to advance in the understanding of life, you will have to open your minds without further delay to everything that your intellects refuse to accept.

When you have ceased to believe that the universe is created in the image you have of it, you will begin to realize why overseas beings consider Man as primitive. On the other hand, you will also begin to understand why these same beings fear that Man will have access to knowledge, because they know that when Man knows, he will become an enemy to them. Any feeling, any emotion in knowledge, kills reality. And when reality can no longer be expressed in knowledge, knowledge has no function other than to fill the human mind with lifeless concepts that become its borders.

The extraterrestrial phenomenon, the phenomenon of men in black and so many other phenomena that are marginal to the Cartesian, contemporary spirit, will become, in the coming years, reality perceived by Men on a global scale. Science will question itself and seek to understand, but only some people will fully understand the nature of these realities.

With the openness in you of the supramental, details that you would never have dared to bring to your mind will penetrate your intelligence and throw clarity on your ignorance. As long as you are in ignorance, that is, as long as you cannot go beyond the limits of your intellect, it will be impossible for you to appreciate the true value of the universe in which you live. Your lives will be small. They will have no scope, your minds will be limited to the material and you will miss your ability to understand the magnificence of life.

Whether you are interested in the phenomenon of aliens or men in black or all these things, it doesn't matter. But that you know that life, that the universe, that evolution is vast, and that everything great exceeds the imagination of Man and becomes impossible for him, that is important.

But it is only with the enlargement of your consciousness, the development of your higher intelligence, that all these things will be easily told and understood by you. Then your life will no longer be the same, it will no longer have the same dimension, and the things that interest your personality, your ego, today will be put aside a little. They will not lose their importance but they will lose their position at the centre of your life. Your life will become broader, more expansive and the things you consider important today will lose importance in order to give way to other things of other importance.

I agree with Man that reality must necessarily surpass him, but I do not agree with Man, even if he is unconscious, to let through his fingers the nets of this reality that he can perceive, if he is internally sensitive to his perceptions and intuitions. If Man loses contact with his intuitions, he already loses contact with the very stamp of his life.

It is not a question of swallowing EVERYTHING that is outside of natural life. It is a question of gradually opening up in oneself the consciousness that can explain to us what is outside our experience. And at that moment, our life becomes deeper and we discover at some point that everything has an explanation. Not necessarily an intelligent explanation, in the sense that we generally give it, but a supra-intelligent explanation that has nothing to do with our own intellect.

Under the seas, there are places inhabited by very advanced intelligences. There are, in some places on the planet, centres where these beings meet. Indeed, these places are housed in the invisible, so that Man has no access, no reference that can give him indications that could satisfy his curiosity, his imagination. But these are the laws in the cosmos, these are the laws in the universe. It is a question of Man understanding that these laws exist, and he will already be getting closer to the door behind which these laws are manifested.

Man can no longer afford the benefit of his ignorance. But it is only with time, only with the evolution of his consciousness, that he will be able to penetrate into the secret of things and see how extraordinary life can be. Even life for Man is not lived in its global reality. Life for Man is only a series of experiences that lead nowhere, except perhaps death.

Yet life is so great, so vast, and we cannot understand it, know it until we are in that consciousness that opens all the doors and makes us know both sides of the coin: the material and the invisible. We must not abandon the material in order to blindly immerse ourselves in the invisible, or the search for the invisible, because the invisible comes to us, we do not go to it, and it comes to us when we are ready. And when we are ready, it is easy for us to move directly from one plan to another, and to see and understand what Man has always wanted to bury under the covers of ignorance.

I often try to communicate what I know to you. And I am obliged to use words; and words are powerless. It is only through the will of my mind that I continue to work and make your mind vibrate from day to day, so that it may one day become independent, autonomous, and can see, feel, know, recognize what is hidden behind the material form and essence.

Your mind must be led, little by little, to overcome its limits imposed by a civilization that has completed its cycle of evolution, so that you can begin to gradually penetrate into another, while sharing the material benefits of the old one. We live today at the end of a cycle, and when that cycle is over, another cycle will have to begin. And it is at the juncture of both that you must eventually recognize the reality that civilization projects because it is not part of this time.

Extraterrestrials, many overseas races are currently in the invisible part of the planet and are studying human behaviour, looking at human industries, checking the level of danger hanging over his head. Man is no longer alone, indeed Man has never been alone! But today mankind, because of its technology that could set the planet on fire, is being watched. It is guarded by very advanced races, which can at will - but will never be able to do so - put an end to our civilization. However, these races have the power to put an end to the arms race, the great plague of our civilization.

So, looking at these things with an open mind and sober judgment, understanding what is happening, and being able to evaluate the subtle nuances of the human experience, notice one thing: any interpenetration of the invisible worlds with the material world is subject to the law of distraction. So that Man, very often, is never totally sure whether or not something has happened.

And there's a reason for that. This is because, when there is interpenetration, very often such interpenetration is caused by some defect. A phase shift between the energy of one plane against the energy of another. And it is when this phase shift takes place that Man experiences this interpenetration of the two planes. But on the other hand, there are cases where interpenetration is caused voluntarily by intelligences that seek to delay the evolution of Man.

Know that the worlds, the planes, are separated and that when an upper plane influences or begins to influence a lower plane, it is because that lower plane is ripe for a new evolution. And the secret of this evolution remains hidden, as long as the consciousness is not prepared to understand it and absorb its depth and great reality.

009 - The invisible race

I want to talk here about what I call "the invisible race".

Somewhere in the late 1980s and early 1990s, Man will experience occult activities of a kind that has not been recorded so far in the annals of human experience. These occult activities will not be the fruit of the human desire to manifest any power, but rather the supramental capacity of a certain number of individuals to facilitate, through a higher plane of their mind, the entry into different regions of the parallel worlds including the physical world.

The minds of these individuals, recognized by those who will enter into direct experience with them, will not be subject to the laws of human psychology or the laws of astral conscious expression of Man. That is, these individuals, by the very nature of Man, will be able to penetrate different regions of the world or worlds, in order to work in certain capacities, in order to accelerate the evolution of certain Men.

What I call "the invisible race" is a collective and cosmic activity undertaken by a certain number of beings on the material plane, in conditions of creative expression of the cosmic consciousness in them, attached as it is to certain planes, where these individuals have the power to claim the conquest of time and space. Despite the questions that will be formulated regarding these activities - either by occultists or by people who are concerned about any form of penetration into their world by beings external to them - it is necessary to understand that any activity related to universal consciousness through the active principles of Man is subject to the laws of light and in no case intervenes in the personal or psychological life of the one who knows the experience.

So, that being said, those of you who will know these experiences, who will be personal witnesses of this penetration into their mental space, will be advised by me of the need to understand that any relationship with beings they recognize is a relationship of peace, of harmony, for a single purpose, that of establishing on a material level a world brotherhood of conscious men and women in the supramental.

Those who have already had this experience understand and know what I mean. Others, who will be led to live this experience, to live this communication with a being they can recognize on a different level from the normal and natural experience of Man, will also understand that any intervention in the life of Man, in relation to these characters whose appearance they can recognize, is impossible since it is a question here of the manifestation of the spirit and not of the actualisation of an egocentric power.

I have chosen to begin to talk to you about this invisible race and the activities of this race, because I know that soon members of this human group, on a global scale, will begin to appear here and there, with the aim of awakening the progressive consciousness of certain individuals and making them realize that Men, certain Men, are uniting at levels that are not visible but which, nevertheless, are real and decisive in the spiritual evolution supramental of the planet Earth.

The reason I am talking to you about this is to put your mind at ease and not to subject your imagination to a struggle that would only create a loss of energy or an overly imaginative thirst to understand more, or to know more, and beyond what you know. It is not a question, for some Men on the planet, of instantly understanding all aspects of their experience, but rather of realizing that these experiences are part of a universal plan towards which Man is slowly but surely moving.

We are entering an age where the faculties of Man will be updated. But in conditions other than those that can be imagined by today's Men.

As we enter an age in which light must guide Man's steps towards the future, it is necessary that light penetrates Man and directs him in his evolution, unlike in the past when Man used the energy of certain planes to facilitate his access to knowledge.

As the future process is totally reversed, today's Man will have to get used to understanding the abstract facets of this reality of the relationships that exist, and will exist, between him and the invisible forces of light. When he has understood that Man is an instrument of light and that his ego is a reservoir that allows this light to accumulate and direct on a material plane or another certain forces allowing humanity to enter a new phase of evolution, then Man can begin to understand the complex nature of its dimensionality and the instantaneous effect of its will in the invisible and material cosmos.

However, today's Man, whether occult or not, does not have the necessary tools to understand the laws of the new future. I say "the new future" because the future which is reserved for those who must know the laws of light and work with the forces of the soul, is a future whose nature totally exceeds the understanding of human intelligence, precisely because, in this future, the structures of the mind are totally subject to the laws of light, while in the past, the structures of the intelligent spirit of Man were subject to the laws already inscribed in the annals of rebellion.

The invisible race is a race whose psychic or supranormal faculties have no connection with the human ego, this is a crucial point. Thus, the activities of this race do not generate, on the human material level, any recognition of the ego. On the other hand, it is possible for the ego to understand the activities of this race, since this race is part of the soul of the ego. And it is through the energy of the soul of the ego that the race operates both in the parallel worlds and on the physical plane, when necessary.

It will gradually be a question of understanding the laws that affect this race, and not to confuse its activities with the astral occult activities of individuals who, in the past, frequented regions linked to the lunar consciousness of Man.

We advise you to understand that all information issued concerning the activities of the invisible race is information that will serve as a point of reference, and not as psychological support to reach in one way or another, through a spiritual desire or an occult desire, faculties innate to the soul but unconditionally denied to the ego.

Among the provisions that are sufficient for Man to undertake movements in the parallel ethers, there is one that must serve as a guide on the human and psychological level, in order to facilitate the understanding of the close relationship between the ego and the forces of light, and I list it here.

The ego works and will work with the forces of light in a total learning, that is, in a totally new, totally ignored, and totally inconceivable vision of things. That is to say, ancient occult knowledge, esoteric and ancient hermetic, will no longer have a foundation in the immediate knowledge of the ego for the instantaneous constitution of any realization aimed at allowing it to know the limits - or the absence of limits - of its functions in the parallel worlds. This is the law, and any law resulting from the ordinance of the forces of light, in one world or another, subjects the ego to the rigor of this law, in order to protect the spiritual status of a planet and to prevent the forces of domination from controlling the evolution of Man, which eventually leads to his loss.

On the other hand, when the human ego has been sufficiently transmuted, to increase its level of experience in order to personally interpret its activities on other planes, it will be given the ability to voluntarily generate activities of the soul that, previously, had to be done without its knowledge. But this ego, or egos, that have reached this stage of evolution, will no longer be available to planetary human activity.

The interest you may have in this declaration is a totally philosophical interest at the moment. But as time and years go by, this interest will become more and more real, and understanding what has been said about some of the experiences that may be yours will allow you to deal with these experiences in the greatest calm and serenity.

The laws of light are extremely complex laws, in the sense that Man cannot understand them through his rational intelligence. However, once Man has reached a total understanding, these laws can be easily assimilated in the snapshot of experience, and their expression or the education that can be made of them, can serve to enlighten certain minds in the complex and often difficult understanding that is related to the mental effort to grasp them in their way of expression, and in the instantaneous reality of their manifestation.

It is a question of your mind being calm, and of your mind being given necessary reference points, in order to be able to generate in itself an energy sufficiently high in vibration allowing it to generate in its mind the qualities necessary for the total and perfect perception of the laws of the world and invisible planes.

The Man of tomorrow - and when I say "Man", I mean some Men - will have faculties that have never been experienced or experienced on this globe. These Men of great wisdom and dedication in the service of humanity will be the pillars of a new civilization whose material space and invisible space will be connected by a cord or corridor of energy that can only be put into action by their superior intelligence.

Obviously these Men will have a conclusive effect on humanity on the evolutionary level, and it is these Men who will, from time to time, have the power and joy to manifest themselves to you, in order to make you known and recognize that beyond solid matter exists a living, evolving and conscious world of the human person.

Man does not know life. Its richest, most varied, most extraordinary aspects are totally veiled. This is why, moreover, Man lives a life that is already dead. However, a certain number of Men, coming from all over the world, will know life. And already, a certain number of these Men know life and have as their work, on the material plane or on other planes, to generate in those who correspond vibrantly to the laws of light - even if they do not recognize it - to generate in them an energy powerful enough to allow them to realize the existence of parallel worlds which include in their structure harmony, beauty and peace.

The invisible race will always be on the globe and will never die out. However, its activities will always be proportional to the material conditions requiring their presence. As long as there are Men on Earth seeking the truth, seeking to increase their level of consciousness, there will be Men in the invisible who will seek to contact them in order to relieve them, to support them, and to help them understand what is not understood.

The attitude of every intelligent ego, of every lively and sincere mind before the mystery of life, is waiting. As long as this ego is waiting, it changes, it transmutes itself, it develops in itself sensitivities that it did not know about itself before, and one day or another, its sensitivity begins to manifest itself, and the ego, little by little, gradually, realizes that already something is manifesting itself in it, which is not matter, but spirit.

All Men have access to light, but few Men have the ability to wait for it to manifest itself in them. Man's spiritual desire very often delays his evolution because this desire comes from vanity or spiritual pride, when in fact Man must receive light when he is ready and not when he wants it. The light is not of Man, but of what you call "God".

Man does not command infinite intelligence, infinite love or infinite will. These principles, this strength, penetrate it little by little, build it, make it powerful and strong, as pride and vanity diminish in it.

The invisible race is a race that will have, in the future, the privilege of bringing Man into contact with the forces of space. This invisible race, these Men, will have the power to determine whether or not the forces of space should come into contact with the planet and instruct Man in their science.

I am telling you a little bit about the invisible race to prepare you to understand with greater ease, the more abstract and difficult aspects of the evolution of the planet Earth.

Man, by his nature, is used to analyzing in order to understand, it is normal and natural for him. But I tell you that the Man of the future no longer wants to analyze with his subjective thoughts, but must, in order to understand and fully grasp, be receptive to the slightest vibrations that penetrate his mind and generate knowledge in his mind.

It is no longer enough for Man to partially understand or believe that he understands. Man must know. And this knowing is based on the total perception of the energy that enters him, and a parallel ability to instantly interpret this energy, so that his knowledge becomes, for him and others, a matter, a food that binds him to the spirit instead of separating and alienating him.

The mind is so great, so powerful, that Man, through the constant generation of subjective thoughts, unwittingly opposes his penetration as well as his manifestation in him.

Now that the invisible race is about to manifest itself more regularly in Man, he must be ready to recognize it without believing that it is, in one way or another, an erroneous impression of his senses or a divagation of his imagination. But every Man must experience, and it is through experience that every Man grows in the understanding of his activity. But given the abstract aspect of this experience and a total absence of connection with previous similar experiences, it is necessary that Man be warned, and that points of reference be given, in order to be able to integrate into himself a new experience and a profound experience.

The forces and intelligences in evolution, in the parallel worlds, on the invisible planes, have an interest in safeguarding, on the human material plane, order, calm and harmony. However, unfortunately, in only one sense, not everything in the universe is harmonious. There are forces that seek to delay the evolution of Man without his knowledge, as well as forces that seek to evolve with Man and enable him to recognize, one day or another, the infinite space of his higher mind and the very grandeur of his soul.

Words no longer have any use, except in their natural function of containing an energy that can be transmitted by those who have their minds adjusted to the spirit that reigns above and towards everything.

The invisible Man, the invisible race, will be seen and known everywhere, on all continents of the Earth. Those who recognize it will realize by the very fact that they are part of a future reserved for Men whose consciousness exceeds the limits of space and time. This race represents the pinnacle of human evolution today, and these members also represent the most complete Man, as he can be today on the globe.

It is a question for those who will meet these Men, through their penetration on one level or another, to know that those who are in front of them are part of this same race in terms of incarnation, although they are of different planetary origin.

Then it is a question once and for all, for those who have reached a certain level of understanding and inner stability, of understanding and recognizing that the future holds for Man experiences that are not of egoic origin, but rather of animic origin. Understanding this, these beings, these Men living these experiences, will not be pushed by them but will finally realize that something, somewhere, is leading the Men of the Earth to a greater and deeper realization of reality.

Man did not invent life, life created Man. And Man must learn, one day or another, the laws of life, if he wants to be able, one day or another, to create forms of life equal to his new intelligence and his new power.

The main purpose of the interpersonal activities of the new race, the invisible race, will be precisely to make Man understand that there are worlds beyond the senses, beyond space and time, with which he can communicate, and worlds in which he can penetrate, when he has acquired sufficient wisdom and total discernment.

Man's natural concern about any supra-rational manifestation is normal. But Man, who must one day understand the glorious aspects of consciousness, must also be led, one day or another, to realize the greatness of the laws of light, and not let his intellect, his emotions, interfere with a perception of great delicacy and great beauty. Moreover, where there is light, there is no creation of fear. Where there is light, there is only peace, calm and harmony.

If I explain to you the phenomenon of the invisible race, it is to make you understand and be recognized that there is, in the world, a great margin between the reality of the senses and the reality of the spirit. Only when we understand the reality of the spirit can we grasp precisely the limit of the reality of the senses, and really begin to progress towards infinite knowledge and full understanding of the laws of the worlds that direct the evolution of the planet Earth, as they direct the evolution of the other physical globes in the outer cosmos.

Man, on the material level, does not generate any force that is not already implanted in him for the progression towards the future, of which he does not know the reason or the end. Man's ignorance is great, profound, but it is not insurmountable when he has understood the need to let the forces of light, of the spirit, which lead to understanding and the global vision of evolution, penetrate him.

Whatever question you may have in mind about the future of Man, the reality in that future, this question will always be for you a question leading to other questions. This is an irrefutable law that is part of the very nature of human intelligence.

That is why it is necessary for you, over time, to graduate to that consciousness where the questions disappear, where the answers are no longer necessary, because everything is known and you only have to be vibratorily adjusted to this penetrating energy in order to constitute in you a centre of receptivity, and automatically a creative faculty at the level of cosmic thought in your human mind.

Your intelligence will always be proportional to the ability of the spirit to penetrate you and mix its mind with yours, in order to create a close and perfect relationship between two essences which are indivisible in their nature, but often, and too often, far apart from each other, because Man believes that he thinks, and believes he knows that what he knows is inevitably linked to some form of truth. However, truth has only the appearance of what it must produce in the mind of the Seeker. And this appearance is always adjusted and proportional to the very nature of this seeking mind, in order not to upset the conceptions that are at the basis of its structure, and which allow the ego of Man and the spirit of Man's intelligence to continue its progression towards an increasingly rational understanding of reality.

But note that life does not care about rationality, and that logic is only an expression of the perfect harmony of the forces of intelligence, at the level where they must manifest themselves, to generate in the human mind an order, a proportion and a constant gradation of the value it has of its intelligence and its material success.

010 - The Spirit

As long as Man has not realized the profound nature of his thought, as long as he has not realized the power of communication with higher planes, as long as he has not communicated intelligently with the origin of his thought, as long as he has not known the mechanics of his thought, it is impossible for him to understand what the word "spirit" means. And if he does not understand the nature of the word spirit, if he does not understand the essence of the spirit, how can he generate enough light in his life to understand his life and estimate its real value, the present value as well as the future value?

Man must detach himself from his psychological conceptions of intelligence if he wants to achieve, one day or another, a greater or lesser understanding of the reality of his own mind, his own life, and his own intelligence. The mind is not only a philosophical conception, the mind is a reality coordinated with the activities of Man and which generates in his intelligence a sufficiency, that is to say a power to understand his own evolution, his "raison d'être" and the future that develops before him.

The spirit is a force, an intelligent force, the spirit is intelligence. And any relationship between Man and spirit becomes a relationship of communication that allows Man to self-determine his life and to devote his energies to a vital creative process, which brings him where he must go, and not where he is driven by the existential events of an unconscious and mechanical life.

The importance for Man to understand the law of all communication with the spirit, based on the intelligence of his mind, in relation to the intelligence of the mind with which he communicates, is the fundamental stone on which any possible conception of reality must be built. Without this fundamental stone, Man quickly exhausts his strength and contributes to the continuity of alienation between himself and the invisible cosmos.

It is useless for Man to seek by practical, spiritual or philosophical formulas, the attributes of the spirit, since the spirit generates in Man only the intelligence that Man is willing to receive. And this intelligence that he is willing to receive is always measured on the scale of the human personality and in conjunction with the life plan of this or that Man.

But it is no longer the quality or greatness of intelligence that becomes important when Man is in communication with the spirit and his spirit gradually learns to discover, but it is the quality of his intelligence, the depth of that quality and the very virtue of the intelligence of that quality. So that any Man, whatever his life plan, possessing the intelligence of the spirit, can easily agree with another Man, whose life plan may be more vast and whose intelligence also more vast, but whose origin belongs to the same strain, that is, to the forces of light.

The universality of Man, the universality of Men, is represented by the consciousness of the spirit in Man. And any relationship between the forces of light and the intelligence of Man, has quality only in the absence of the intellectual differences that personalities are willing to attribute to universal intelligence.

The burden of human error is based on the conception of the intelligence of Man, as expressed by his cultivated personality and conditioned by tradition. When in fact, human intelligence, whatever its virtues or qualities, hides behind it, a picture on which universal intelligence is inscribed. But, unfortunately, this painting.... (cut-off). Because precisely Man - worried about his knowledge, and not having known how to recognize the writing on the board - refuses to see it as a pre-personality. So that over time, he is inclined to glorify his intelligence and to attribute all aspects of that intelligence to himself without recognizing the invisible breath in it. Over time, the consciousness of the invisible breath disappears and Man plunges into the erroneous preconceptions he has of the real and invisible world.

Man must learn to coordinate the nature of his thoughts with the intelligent origin of his thoughts. So that if his thoughts appear to him as not coming from him, he must take stock in the snapshot, and recognize that an intelligence other than his own blows these thoughts into him, in order to direct him in the philosophical process of his life.

But if Man is not willing to recognize, or is not educated in the recognition of this reality, it is obvious that he can never reach full self-awareness and eventually realize the depth of his reality. It is not a question of Man getting caught up in the game of all the thoughts that can penetrate his mind, but rather of realizing that some of these thoughts come from a higher intelligence that watches over him and guides him in his evolution.

Already, this first step will be enough to lead him, little by little, to put aside the incessant flow of intelligence, or intelligent or unintelligent thoughts passing through his mind, and seeking to create confusion in him. Man, always worried about his mind, about his orientation, is obliged to undergo for a certain period of time, a kind of confusion which results precisely from the fact that the limitation or delimitation between the universal intelligence in him and the forms of planetary intelligence created by him, over the years, is not yet established. It is the lack of delimitation between the inner intelligence and Man that makes the latter live a confused life, when he becomes more and more aware of the origin of his thoughts.

Confusion is an essential state that is part of the stage of restructuring his lower mind, with a view to developing the higher mind in him. The laws of the spirit are simple, but the energy that the spirit carries, when it penetrates the lower mind of Man, is unusual in the thinking experience of Man. And that is why the latter may experience a period when a certain confusion is established in his mind. But this confusion is always proportional to the personal attachment he has to his thoughts.

Since every thought is a form, and since every form of untransmitted thought contains, in itself, an emotional quality directly related to the human experience, it is obvious that Man, neophyte in his experience, must live its reality according to the very structure of his lower mental.

Man's conditioning is so vast, so nuanced, that it is only with time that he learns to discern, behind his thoughts, in the jungle of his thoughts, another form of thoughts, emanating from a higher centre of himself and serving to illuminate the very vast field of his thinking experience. The actualization, in him, of objective thought, of universal thought, reveals to him with a shattering certainty that the domain of thought is subjugated to form and that as long as Man is subjected to the illusion of this form, he cannot be in connection with universal intelligence.

Man must become free in his thought, that is, his thought must come from the inner depths of himself, be totally personal, and not the result of any conditioning. Without this power of personal thought, which is both pre-personal, Man is unable to situate himself in life in the face of his own internal reality. He is forced, by the same token, to face a reality that is not his own and that must necessarily prevail over itself, because it is created from scratch by the collective consciences of society or civilization.

How is it possible for Man to find himself, to find himself in front of himself, if he is not able to grasp, in himself, the increasingly thin thread of his most personal thoughts? This is why supramental consciousness, or Man's contact with universal intelligence, is the very foundation of Man's individual freedom and the haven of his personal freedom. It is not the universal in Man that creates dissatisfaction, guilt, error, stupidity, but the intelligence of Man invalidated by thoughts, by feelings, which are not born in the depths of himself, but rather in the conditioned layers of his mind.

It is difficult for us to understand, to grasp, the incredible possibility that we have of using ourselves, of living in connection with the supramental intelligence, which seeks, by all means, to penetrate our consciousness. We travel a lifetime, under a roof created from scratch by the opinions of others, by the thoughts of others, and often sewn by the mistakes of others that we are forced to accept because we have no personal alternative. In other words, we do not use our internal or supra-mental intelligence. And what cripples us in the use of our supramental intelligence is precisely the fear we have of communicating with the planes from which this intelligence originates.

For we are told, we are confirmed, that any communication within ourselves is either infantile or alienated. Whether some communications are alienated or alienating, it goes without saying. But once Man has understood the laws of the mind, it will be easy for him to recognize the mechanisms of alienation. So that many of those who suffer from communication with other plans that delay their evolution and create confusion in their minds, can be relieved of their pain.

But the alienation of Man is not common among people who seek knowledge, philosophical wisdom, or self-understanding. Man must not fear the infinity of his own spirit, nor must he fear the universal intelligence that seeks to bind himself to his spirit, in order to enlighten it and make it feel his own infinity.

The science of psychology is a relatively new, new science. The importance of this science will be highlighted as Man discovers the power of his mind. But the power of his spirit will always be in relation to the growing forces of his intelligence, and his intelligence will grow when his spirit will be enlightened, more and more, by the universal spirit that directs evolution.

From this moment on, the psychology of Man will be a profound, marvelous science, generating in him the total knowledge of his being and the profound realization of his links with the invisible planes that direct evolution. Man can no longer continue to work alone, trapped as he is in matter, space and time. Parapsychology will increasingly open the doors of what is unfathomable today, and psychology will seek to integrate into its studies the mystery of Man, of all that is beyond the senses, beyond the sensory, beyond logic, that is, what is, and which emanates from the spiritual reality of Man.

Those who have the opportunity, for one reason or another, to begin to study, on a personal level, the nature of their thoughts, the origin of their thoughts, and to compare in the instantaneous their true thoughts with their subjective thoughts, will automatically be the pioneers of a personal, intuitive and supramental psychology.

The decline of unconsciousness in a number of Men can only result in the increase of supramental consciousness and communication between Man and invisible planes. This is inevitable given the very reality of the state of mind generated by the connection between the mind of Man and supramental consciousness, as manifested by a thought adjuster.

It will be useful for you to know, and to understand, that any contradiction that arises in your mind regarding words or ideas emanating from the supramental consciousness stems from the inability of the human intellect to absorb the nuances of the spirit and to instantly generate in the lower mind the vibrations characterizing these nuances.

The word, is not only a form, but an energy in a form. The intellect attaches itself to the form, when the awakened mind receives energy in the form. An awakened mind can perceive all the forms and subtleties of energy, and thus free itself from the burden of influences created by apparent contradictions, when the word used by the mind is used to convey its energy.

As long as the spirit of Man is not awakened, as long as consciousness is not sufficient and the intellect reigns, Man is powerless to separate reality from the vibratory impression of the intellectual impression created by the apparent distraction of his true spirit against his rational intelligence, leading to a contradiction. The contradiction does not exist in the spirit. It is a product of human intelligence, unable to remember perfectly the greatness and depth of the thought that animates it. That is why it is so easy for the supramental mind to constantly thwart the human intellect, which is fossilized, rigidified by form, instead of being dilated, softened, by the energy of the spirit. In other words, the human intellect must become a shoe whose texture is made of soft leather, rather than leather hardened by use.

The contradiction is at the very root of the lack of understanding between a Man who is in the mind and a Man who is out of the mind. The contradiction serves the Man who is out of the mind, to the extent that it allows him to believe that he can, or must, compete with the concepts expressed by the Man who is in the mind. Now the Man who is in the spirit is never in a state of rivalry, he establishes the facts as they are presented to him by the spirit, in order to throw more possible clarity on the intelligence of things, for the evolution of the human intellect.

If the human intellect tries to understand what the spirit wants to transmit, simply by using words, the form of words, then it will fail. For the spirit is in the energy that feeds the form, not in the form. As it is said in tradition: "the letter is the letter, but the spirit of the letter is the spirit of the letter". The letter can be changed, but never the spirit of the letter.

On the other hand, the human intellect that tries to feel what is in the form, what is said behind what is heard, will soften its intelligence of the form and, little by little, will come to grasp what wanted to be said, rather than grasp what it wanted to hear. There is never any contradiction in the spirit, because the spirit is universal, the spirit is united by its very nature. While the intellect is forced, by its behavior, to divide, compare, establish categories, in order to diversify what he believes to be knowledge to reach, at a given moment, a summation that allows it to believe that it reigns as master. That is why the intellect is proud before the spirit and complains about the contradiction that seems to emanate from the mind.

However, do not seek contradiction in the spirit, but seek contradiction in your intelligence. Seek the rift in your intelligence that is at the root of the contradiction, and you will see that the spirit is pure, that the spirit is prepersonal, that the spirit is beyond the intellect of Man and that it serves to enlighten, to throw clarity on the disposition of human intelligence. In this way, you will be happy to hear the words of the spirit, for the latter will become for you a constant and permanent source of understanding and real understanding.

As the human intellect aims to glorify itself, the search for contradiction, for it is a little similar to the hunting that a Man leads against game. Armed with a tool made to the size of his intelligence, he kills a prey made to the size of life, and believes that he had supremacy over life. It is not the spirit that distorts reality, but the human intelligence that is unable to receive it. So, we accuse the spirit, when in fact we should accuse ourselves.

But Man always prefers to give reason to his intellect, to his logic, because he does not know the laws of the spirit and does not know how to communicate with the spirit, so that he has no idea how the spirit is generated in his intelligence. If you are attentive to the spirit in you, you will not seek and see any contradiction, for your intellect will be temporarily set aside, in order to let the light that is spirit penetrate. But if you seek contradiction in the spirit, you will amplify the pride of your intelligence, your intellect, and believe that you have surrounded the spirit. In this way you will delay the advancement of your intelligence towards the supramental, and you will close a precious door to intuitive knowledge and universal knowledge.

If the spirit refuses you information at any time in your life, it is not because it is not known to the spirit, but because the spirit must protect you from too much light, so that your intellect can get used to it and your emotions cannot be disturbed by too much revelation of the spirit, which you consider intellectually important or interesting, but whose spirit, because of its wisdom, knows the dangers. The human intellect is like a child, it wants to know today what it should only know tomorrow, and when it is denied what it should know tomorrow, it turns against those who refuse it. But tomorrow, he realizes that those who refused him yesterday were right.

I tell you, Man must be humble in knowledge, if he wants to have access to all knowledge, and not a partial knowledge that is more dangerous than all knowledge. A lot of them got hurt because they knew a little bit of knowledge.

If Man really knew how much the spirit wants to transmit from himself to Man, it would be sad to know the condition that prevents that same spirit from revealing to Man his light. That is why I say: the more you practice communicating with the spirit, the more the spirit enters you, and the more it enters you, the more it prepares you to receive the energy that is the very foundation of the knowledge transmitted by the spirit to Man.

As a man, we claim all kinds of abilities and exploits. But as soon as the spirit begins to penetrate us, we realize that its penetration is so powerful that the walls of our intellect begin to crack, and that we already fear the total rupture of these walls, and even then, we dare and we have the intellectual brazenness, if not intellectual pride, to claim from the spirit that reveals everything to us. And yet, the very penetration of the spirit into our intelligence becomes, at times, a terrible aspect of our experience, but we still have not understood.

Therefore, I warn all those who enter into communication with the supramental to expect nothing, to wait until the experience is slowly lived, so that the bonds between the intellect and the spirit may mature, so that the intellect may grow, soften, and become a solid reservoir for the knowledge that the spirit will bring to it when the time comes. The experience of those who have experienced the penetration of the supramental to an advanced degree will always serve as a measure for those who dare, for reasons of intelligence, intellectual pride, to want to anticipate the times.

011 - Universal circuits

This concerns the opening of universal circuits and human consciousness. The opening of universal circuits, in Man, is a phenomenon whose laws he does not know. For Man, any communication with the invisible becomes a reason to believe that he will finally have an answer to all his questions, and that from the invisible he will be permanently indicated the direction that his life must take and the conditions under which this life must develop.

Ignorant of the laws that separate the world of matter from the world of the spirit, many Men in contact with the invisible must, at least by experience if not by instruction, learn to protect themselves personally against themselves, that is, against their ignorance of these laws.

The purpose of this recording is to make you understand, beyond what has already been indicated to you, the fundamental reasons why any Man in contact with the invisible, or in contact with a level of intelligence that is supraphuman, must first understand and deeply understand that the primary purpose of these intelligences is not to serve Man, but to bring him to a sufficiently high vibration level to possibly enter into creative communication with him. Now, any creative communication with these intelligences can only be accomplished by a gradual transmutation of the lower mind of Man and the emotions of Man, so that the latter is gradually brought to a level of vibratory perception of their presence in him, sufficiently developed so that Man, the mortal, and these intelligences can coordinate their efforts for the ultimate goal of evolution, both material and spiritual.

Being ignorant of the laws, of the universal circuits concerning the Man of this planet, and being spiritually optimistic in the quality of their thoughts and in the nature of their emotions, Men who are contacted by these intelligences in their first experience, tend to swallow everything they receive from these intelligences. However, this naive receptivity stems from the lack of experience that Man possesses in relation to these intelligences. And during his evolution, he will have to acquire the necessary experience that will eventually lead him to objectively realize that these intelligences are not there, at the beginning, to help him solve his material problems, or any other problem related to his ego, but rather to transform the energy of his mental body and his emotional body, so that he can, eventually, be totally neutral, totally above the subjective problems of life, because he will have understood all their dimensions.

As long as Man has not understood this principle and believes he can rely on the information they want to give him - information that very often corresponds to his personal desires - it is obvious that this Man will eventually acknowledge his mistake, and will learn not to rely on the information coming from these plans towards him, for the sole purpose of reinforcing, on the material level, any ambitions of his desire body. This first lesson is probably the most difficult to understand and live with, when Man is in telepathic mental contact with intelligences whose power and wisdom he knows.

Because of Man's rationalist tendency, because of his attitude, or his habit of always seeing things from his own point of view, and to judge these things in relation to what he would like them to be, Man sees himself in a much inferior position, in relation to these intelligences. So that when he has learned his lesson, when he has understood that these intelligences operate under certain immutable laws and that Man must, little by little, understand these laws through his experience, only then is Man capable of completely freeing himself from the law of lying that hangs over his head and is manipulated in all ways and within a framework extremely nuanced by these intelligences, by these spiritual forces.

It goes without saying that if Man had been able, for centuries, to have blind confidence in his contacts with the invisible, today he would have acquired a very great and vast knowledge, which would eventually have freed him from the human condition he must live today. But that was not the case, and it is not the case either, today.

It is no longer a problem of communication that Man must face, it is a problem of discernment in communication. And discernment in communication is not something easy to learn, or to acquire, because discernment is a personal state to which man is only entitled when he has undergone all possible and imaginable tests in his mind, in relation to these intelligences, and has acquired the emotional and mental balance that becomes for him what is called "discernment".

As long as Man possesses within him an emotion or a form of energy that can be linked to subjective emotion, he is subject to being deceived. And that is why seers, mediums, all people who have, at one level or another, contact with spiritual forces, can never operate on a perfect basis of extrasensory perception.

The opening of universal circuits on a global scale becomes for humanity a very great source of spiritual strength. But on the other hand, the individuals who make or will experience the opening of these universal circuits, this communication between the visible and the invisible, will be the ones who will have to bear the weight of this first attempt at open communication with Man. And that is why these individuals must be advised in how to live this experience, so as not to subject their psychological existence to too great a unilateral transaction between their minds and the higher spirits.

As long as Man has not learned this basic principle, this principle that allows him to protect himself from any unilateral intention, he is subject to an inner suffering that he could have avoided if he had understood the aspects deeply hidden behind the veil of the spirit. As long as Man interprets the spiritual intentions of these intelligences, either in an occult context or in an esoteric or religious context, there is no problem for him. But as soon as Man comes into direct contact with these intelligences and has to unilaterally support their information - because he does not yet have the power to subject their information to strict human control - it is impossible for him to participate with these intelligences, in a neutral and frank and totally open way.

The weight is on his shoulders and it is up to him to overcome the cape of human occult naivety, to come to build, in itself, a wall that is waterproof enough so that he can never get caught up in their game.

The dichotomy between the material world and the spiritual world, the division, is only a fiction of the human spirit. And when Man comes into contact with intelligences that evolve in higher worlds, he has the impression that he must live or that he lives two lives: a spiritual life and a material life. However, this impression is false, and it is precisely from this impression that Man tends to believe what these intelligences bring him, and to rely on what these intelligences bring him, so that, little by little, he loses confidence in his own intelligence and seeks only to rely on theirs. And this is where he makes the mistake.

Man must realize that the spiritual world, the invisible planes, and the plane of matter are interdependent, and that these spiritual intelligences have always been in him, that they have always worked in him, but that he was not, then, conscious of it. But when he becomes aware of it, it is no longer a reason for him to lose control of his intelligence and to subject his intelligence to these intelligences, since all intelligence is only part of the same stream of energy. However, when Man comes into contact with these intelligences, when he becomes aware of them, he automatically tends to put aside his intelligence, or to reduce what he believes himself to be, to give their intelligences a greater importance or place in his life.

It is not a question of submitting to anyone, to any intelligence whatsoever in the invisible, it is a question of being aware of these intelligences, of being aware of the nature of thought in itself, but of always using one's own energy, in order not to subject one's life to conditions that go beyond the framework of a human life. What is at the top must be at the bottom, but what is at the bottom must be at the top. This means that there must be a balance between the top and the bottom, there must be a balance between the intelligences that illuminate Man and the intelligence of the Man who receives their messages. If there is no balance, it is disorder, it is suffering, it is a loss of energy.

Man must stop seeing the spiritual as superior to the material. It must see the spiritual as a dimension of evolution whose laws are other than those of the material. And to see the material as one of the conditions of evolution whose laws are other than those of the spiritual. And as he is on the material, he must do the best for the evolution of this plane, by using, by helping himself with the light that can come to him from the spiritual planes, but not by believing that the spiritual planes will act in his place in matter, since if he is in matter, it is up to him to operate in matter.

Man's spiritual naivety is a danger to his psychological equilibrium, to his inner peace, to his objective vision of the duality and unity of these two worlds. I have nothing against spiritual plans. But I do not like that spiritual planes, that spiritual intelligences, become crutches for Man, because I know all too well to what extent these crutches can become permanent for him. It is better for a Man to have never known the spiritual at the level of communication, than to know it poorly.

Notice these words: Man may be very close to the mind, but he may be very far from understanding it. And Man must understand the spirit perfectly if he wants to benefit from its proximity to the spirit, otherwise he can suffer enormously from the spirit, because the spirit is the spirit and Man is Man. And the two must come together in total harmony, where neither is subject or subjugated to the other, but where both work in total balance.

The times to come will change, will be different. What Man will know of the spirit, of the invisible, will be extremely important for his evolution. But on the other hand, before knowing what he will have to know, Man will have to develop the knowledge of the laws of the spirit, so that there is a total balance between himself and himself.

Those who believe that the spirit is good, that the spirit is this, that the spirit is that, and that the spirit wants to help Man, are subject to experiences with the spirit will show him that the spirit evolves within a framework of universal laws, and that these laws cannot be shortened. And it is up to Man to understand these laws through his mind and through the intelligence of his mind, so that the laws that structure the invisible worlds are harmonized with Man's intelligent consciousness, so that the latter, finally, benefits from the clarity of the spirit in him.

But the clarity of the spirit comes to Man with time, with the experience of the spirit. The spirit being in Man, Man only has to trust himself, since the spirit is already there, which works in him. He does not have to ask the spirit if he should do this or that. He must rely on his own resources. And the more sensitive he becomes to the spirit, the more sensitive he becomes to his energy in a vibratory way, and it is with this energy that Man can work on the material level.

If the mind informs him or her of this or that, all Man has to do is wait and see if the information is accurate and precise. But if he takes this information for granted, and acts on it, he will be obliged to suffer, at one level or another, some consequence.

The spirit corresponds with the Man to make his presence known to him. And when Man has learned the laws of the spirit, at that moment, the spirit can begin to inform him about this or that. And Man, at that moment, knows that the balance between himself and the spirit is perfect, and that from this balance he can use the information of the spirit to facilitate his understanding of material events. But if he does so before he has been prepared at length by the spirit, he will be obliged, at some point in his transformation, to cease believing in the spirit and to rely on his own strengths while the spirit works in him. It is through experience that Man will understand these things, but these explanations can be useful if he has ears to hear.

As long as Man is not totally harmonized with the vibrations, the energy of these intelligences, he is subject to the law of cosmic lies, and this law applies to all levels of creation. When the ego, personality and soul are perfectly harmonized, it is then permissible for the spirit to give Man information, in order to facilitate the passage of total knowledge, in order to raise the consciousness of planetary civilization, and to create in a future cycle, a new dimension of evolution. This is the purpose of the contact between the mind and man.

As long as you seek a personal benefit, a egoic benefit, the spirit can submit you to the law of cosmic lies, in order to make you understand, once and for all, that reality is before the truth. Just as truth flatters the ego of Man, reality subjects him to its law. This is why harmony, unity with the spirit, is a work that only the spirit can accomplish in Man, despite Man's spiritual desires.

If Man was not contaminated in his ego by a multitude of forms, communication between him and the mind would have been established a very long time ago. And this communication would, today, be free from the law of cosmic lies, but this is not the case. And for this reason, Man must be decontaminated, deconditioned from the forms that subjugate him, before being totally free in spirit and having equal relations with him.

All this does not mean that communication between Man and spiritual intelligences is not valid, on the contrary! But this indicates that a position of informed intelligence must be instilled and experienced by Man, instead of childish naivety. Since the laws are such, it only remains for Man to understand and live them as they are. If Man rationalizes these laws in his favour, if he persists against the fact that the spirit should communicate this or that thing to him in a perfect way, it is only in his experience that this obstinacy will be reduced by an intelligent, practical, and totally free of spiritual naivety awareness.

Since the higher planes precede the lower planes in time and perfection, it is natural that the lower planes should harmonize with the laws of the higher planes if they want to benefit from the forces emanating from the latter. The slightest misunderstanding or ignorance of the laws of the higher worlds can be detrimental to the mortal experience in the world of matter.

It is not a question of Man becoming an instrument or tool of these forces, a being manipulated by these forces. It is a question of Man standing on both feet, absorbing the energy of these forces and using it for his own evolutionary good. But as long as he has not understood the law of the spirit, the law of these forces, he is subject to a multitude of experiences that he could have avoided if he had understood that what is above, is below, when the lower plane is totally harmonized with the upper plane.

During this period of transformation, of transition, Man must be on his guard, and not take seriously what is being communicated to him. If he is given valuable material, which he can check, which can be useful to him, which is in harmony with his experience, so much the better. On the other hand, if he is given material that makes his experience more difficult, then he must learn from it and not take these communications seriously, until the day such communications become for him an extension of his intelligence in time and space.

But as long as these communications do not lend themselves to the exercise of his intelligence, he is obliged to receive them, to hear them, but not to take them seriously.

Imagine, a tap that has not been used for a long time, if you open it for the first time, the first waters that will pass through this tap will be oxidized, will be rusty. Over time, clear water will flow through the tap and serve as a beverage. But if you drink dirty water, oxidized, rusty water, you may be sick. This is the best example of this phenomenon of communication with invisible planes. The first communications must be seen and observed with intelligence, and not experienced with closed eyes because of too much spiritual naivety.

The opening of universal circuits around the world is the greatest telecommunication experience between Man and invisible planes ever operated during human evolution. This phenomenon is so vast that only the great followers know its dimension. That is why it is suggested that you be on the lookout, be vigilant, and do not let yourself be caught up in the game of the mind that begins to penetrate the consciousness of Man in order to raise his vibrations.

The human brain operates like a radio, and the waves that penetrate this radio come from all sides into the cosmos. It is only with experience, maturity, intelligence, that Man, finally, will be able to discern between what is good for him and what is harmful. When the great preparation has been completed, Man will be able to communicate with the higher plans of evolution with great ease and confidence. Everything in him will be harmonized: his mind, his emotional, his body of life and his material body. So that the communications from the invisible planes, going down to him, will serve him in his future evolution.

But as long as Man is progressing, as long as he is in transition to this new cycle, he must be on his guard and not let himself be manipulated. As great as the mind is, as good as it is, as terrible as it is, when it is not perfectly integrated into human consciousness. The more the Man is related to perfection, the more he is subject to suffer from this perfection. There is no feeling in the mind, the law of the mind is a universal law and it must be applied in a perfect way. All that remains for Man to do is to understand the perfection of this law within his personal experience, in order not to suffer from the perfection of the law.

That is why I very often tell you not to believe. To listen, but not to believe. If you were told right, so much the better, but if you were distorted the truth, there is a reason. It is that there is a work that must be done in you, so that you can in time be perfectly in harmony, perfectly in balance with the inner forces.

Get used, once and for all, to not taking yourself seriously, not taking the communications you receive seriously, to listening to them, to feeling them and to seeing if they are accurate or not. Depending on their details, you will know if the mind in you is willing to inform you well, or to misinform you. If at times you are well informed, it is to ensure you, if at other times you are poorly informed, it is to lead you to greater confidence through an experience that you must live and whose spirit knows the beneficial result.

You have lived a whole life without contact with the mind, you can live another part of your life in contact with the mind. But this second part must not be subjected to the game of the mind, since it is in your advantage, in this new life, to be freer, happier and more serene. You must understand three things. First: never believe what you are told inside. Second: always listen to what you are told inside. Thirdly: see if what you have been told internally corresponds to your reality. This way you will be able to benefit from the right information and not suffer from false information.

If the spirit wants you to know something, know that it will let you know it. On the other hand, if the mind does not want you to know something, it may mislead you, if it knows that too much curiosity, or too much personal interest that delays you, seeks to know what is not for it to know.

Psychological independence from the spirit is essential. Spiritual awareness of the spirit is also essential. While one serves Man, the other serves the spirit. Don't be fooled by the spirit. Listen to him, but do not believe him blindly, otherwise you will always be buffoons before yourselves, and pawns of the spirit. And that is not psychological, spiritual or cosmic freedom.

012 - Yeti materialization

What some have called the yeti or snowman, is a phenomenon of materialization that results from the temporary penetration of certain forms of intelligent life, which exist and evolve on invisible planes of our planet, and which have the power to penetrate, from time to time, into human space-time. These forms of intelligences are not subject to the laws of biological evolution, but represent forms of life subject to the laws of etheric evolution that underlie material space and allow these forms of life to evolve in worlds that are unknown to Man and create in Man, during phenomenalization, a general terrible fear.

The yeti or snowman belongs to a layer of retarded evolution and this layer of evolution, this form of life, no longer has the power to remain permanently on the material level, because the spiritual links between matter and consciousness have already been broken for a very long time, when Man was given the privilege of evolving alone, on the material level, and without interference from intelligences that belong to half-animal, half-human worlds.

One of the most remarkable things about our globe is that it has, here and there, on its surface, what we could call "energy corridors", which somehow link matter with non-material worlds in which more or less evolved life forms evolve and which can penetrate matter by using these energy corridors. Modern science has not yet understood or studied these energy corridors, and that is why many phenomenalizations from all over the Earth remain unexplained and unexplainable.

When a life in evolution on a vibratory plane, outside matter, passes or devotes itself to passing through these energy corridors, it is possible for it to penetrate human space-time, that is, to materialize for a certain period of time, before returning to that corridor and disappear. That is why it has always been impossible for Man to conquer these forms of life, because Man cannot penetrate or block this corridor.

These types of lives have nothing to do with the evolution of Man. But one day Man will have to understand the laws of their evolution, because he will have the responsibility, the power, if you will, to control any entry of any form of life on his globe. As long as Man remains ignorant of the laws of parallel worlds, or invisible worlds, corridors of energies, he tends to create superstitions, even if he is modern, about the interaction between these worlds and his own.

And these superstitions delay the evolution of his intelligence and aggravate the state of his imagination, which is already very deficient.

The yeti, the man of Shasta, and all these forms of materialization, represent for modern man a test of intelligence equal and comparable to all the exploits of philosophical science. The order of things is not established by Man and cannot suffer the categorization that the materialist spirit would like to impose on it. Modern man will one day have to recognize the interdependence, interconnection, connection, that exists between the material world and the invisible or parallel worlds.

The very foundation of his scientific philosophy will be altered by the understanding of the profound mechanisms that operate behind the veils of matter and generate in matter constructions that are often too lively for a Cartesian, materialistic, and unusual spirit to the unknown. In the future of human evolution, materialization will become a common phenomenon, because the powers of Man will generate, on the material plane, forces powerful enough to move towards matter non-material but real forms that evolve in worlds, either higher or lower vibratory than our material world.

We categorically refuse to accept the impossible, because we have determined, based on our scientific trends, what we believe should be possible or impossible. This grotesque error of modern science increasingly accentuates the enormous differences between the reality we advocate and the infinite and overwhelming reality of the worlds that evolve behind the material. Our conception of material reality has sufficiently constrained our minds to nail us to the ground of the solid and prevent us from penetrating, through the spirit, extraordinary worlds that have shaped material reality at all times and in all places.

Whether it is the yeti, the man of Shasta or other materializations, one day Man will have to recognize them, but will be powerless, by their science, to harm their natural evolution, because these animal and grotesque intelligences are not subject to the laws of matter. One of the most hidden laws from Man represents the perfect coordination between one plane and another. When one plane, for one reason of disturbance, interpenetrates another and manifests itself in the latter, the sealing of the worlds is diminished. And suddenly, the lower world is shaking in the face of a reality it does not understand.

A large number of materializations evolve under the control of forces or intelligences harmful to human evolution. These intelligences do not belong to the planet Earth, neither to their karma nor to their origin. And yet, they act on the material level. And in some cases, in a particular region of the globe, an effect can be powerful enough to make it a legend over the ages.

These forms of backward lives exploit the psychological weakness of Man, and maintain fear in Man; hence, their harmful influence on the planet. Man is clearly at a disadvantage before these intelligences or forms, because he does not know the laws of the invisible and does not possess an inner force powerful enough to counter the energy of these forms, these intelligences.

Man is then, in an inferior situation, where he must undergo the shock of a singular and extraplanetary life form. The phenomenon of materialization of forms of life strange to human experience has always been, from time immemorial, a means, a tool, used by some extraterrestrial intelligences, to ensure a sufficiently large freedom of action during the period when they must exercise, on the material level, certain investigations.

Often, before their materialization on the material plane, they will project these forms of life, so that their presence eliminates from their environment the Men or the human presences that could detect their presence on the material plane.

When these forms of life appear and come into contact with one or more Men, it is obvious that the latter will give free rein to the investigative or research activities of extraterrestrial beings who want to know a little more about the nature of life or matter on our planet.

But if Men knew the laws of these materializations and found themselves face-to-face with an expression of these life forms, they would quickly realize that these life forms have no power over him, if he has complete control over the inner forces that inhabit him. But Man is not so constituted, at least not yet. However, with the generations to come, Men will be able to take control of their situation when they are confronted by forces coming from parallel universes and seeking to create material fear, fright.

That is why it is important today to begin to understand certain things, so that the future is not a nightmare, but rather a field of new experiences for the Man of the Earth.

What is unfortunate about our 20th century science is that the scientific mind has become so specialized and closed in on itself, that only some individuals working in different disciplines have the courage and sufficiency of mind to see in the legend and experience of some peoples, a hidden, buried core of truth, under a thick cover of superstitions fixed by fear and dread.

The difference between reality and what we believe about reality is so vast that even scientists, with the best will in the world, often cannot overcome the formidable obstacle of rationalism. But nevertheless, Man must be warned that the times that come will finally demonstrate that the invisible worlds and the material world are intertwined, and that the closer the times get, the more this interpenetration grows.

So that, at some point in human history, phenomena that are inexplicable and unverifiable today will necessarily become events experienced and recorded, either by the press or by electronic communication systems.

Modern science will no longer be able to put aside certain observations without seeking to pursue its studies further. No matter how intelligent modern man may be, there are limits to his mind. And when he has reached these limits, he has no choice but to go even further. It is at this point that he discovers the vast reality that underlies his material experience. In twenty-five years' time, Man will report, from all over the world, unexplainable phenomena that only a very few can easily understand. And these phenomena will be among the great signs that must appear before the end and beginning of the new cycle.

As long as we reduce our vision of things to the conditions of our small daily existence, it is obvious that these things do not have much importance. But as soon as we extend our vision, it becomes more and more apparent that we are extremely ignorant of reality, and that when this reality faces us, we are absolutely unable to live it fully equipped with all our faculties.

That is why we seek protection through all kinds of forms, and it is precisely these forms, which are supposed to protect us, that prevent us from knowing the unknown. It is no longer blind protection, psychological or spiritual, that we need, but rather the intelligence, strength and will to dominate our emotions and natural instincts, which prevent us from facing forces that come from parallel worlds and that we have, in ourselves, the power to resist if they are not in harmony with us.

Psychological and spiritual protection can be useful when we do not face the occult categories of these forces. But when we face it, what we need is the energy and strength within ourselves that comes from the highest levels of our universal consciousness. Because at that moment, during these experiences, the conflict is between ourselves and these forces. And only the informed, conscious, powerful Man in himself - because he draws his strength from himself - can thwart the influence of those intelligences, or forms, which actually have no power over Man if he is totally centered.

Whether we are talking about any of the evolving life forms that can materialize in our experience and assert lower aspects of life and intelligence on our plane, we must safely oppose these life forms with our own inner power based on a full awareness and unshared knowledge of the laws that govern the evolution of certain life forms from planes invisible in matter.

Before Man can know the details of the mysteries that shade our material existence, he must know the psychological foundations of any participation he may have with phenomena that are not of our world, and of which he is totally incapable, either to control, or to understand at the present time, his evolution and his experience.

A profound psychology of the being, a perfect way of seeing things in relation to the supramental in him can give Man total control in situations which, in the years to come, will prove difficult for the majority of Men. The most expensive aspect of any form of instruction from a supramental plane in the context of a civilization that must be brought to a higher level of evolution, always resides in a curious faith, mixed with disbelief.

Man by his nature is never ready to accept what is presented to him and which does not correspond to his immediate reality. This is the error, and has been the error of all civilizations that have found, at the end of their cycle, a more or less dramatic end, whose challenge was always in the hands of invisible forces. Obviously, we cannot force Men to hear or want to listen to words that, for them, are only fragments of imagination. But, we still have a duty to inform those for whom this information can serve as a basis for an understanding of the events that, in the years to come before the end of the cycle, will challenge both the future of Man and the status quo of his thinking.

If it is said today, in all corners of the world, that the new cycle will belong to magic as the old one belonged to materialist science, there is certainly something in all these statements that unanimously tend towards an explanation. And this explanation is directly linked to the encounter between the invisible and the material. Whether this encounter is good or bad, only Man, the individual, can recognize the path he must follow in order to conquer or be conquered.

Whether Men agree or disagree on the instruction, this is no longer the point. But, let men know that instruction was given to them, that is the point.

We use here the phenomenon of snowman or other known phenomena on the surface of the Earth, as an example, to explain, as simply as possible, the withdrawals that rationalist intelligence must make in the face of the increasingly urgent rise of facts and events that for the latter remain unexplainable or simply a matter of fiction and the sick imagination.

But whatever the situation, Man, the individual, will always be the one who will have to carry on his shoulders the weight of his experience. And it is to these individuals that we address ourselves, in order to make them recognize the increasingly veiled aspects of the impossible, so that one day they may realize that the impossible is possible and that the impossible has always and always determined the direction of evolution at all levels of creation.

If the knowledge of Man, especially esoteric or hermetic knowledge, must be analysed, demystified, so that he can finally touch with his finger the reality of this knowledge, it is obvious that Man has much to do, that he has much to transform in his mind and in his heart. And that it is not at will, or according to his personal desire or imagination, that this work can be done.

We never want to admit the impossible, because for us the impossible does not exist. This is why the word impossible has become for Man an envelope within which he hides his fears and apprehensions. And yet, how much we like to read books, or hear some people who have lived side by side with the impossible, and who have managed, through their experience, to shed some light on the condition of Man and the profound nature of life.

But when these things affect us closely, we have an almost natural reluctance to absorb these things, because the impossible is always closer to others than to ourselves. At the end of the cycle, Man will discover that the impossible is very close to the Earth and that all nations will be affected by it.

The explanation of the Yeti is only a simplistic, graphic way of explaining larger dimensions, of bringing the mind to slowly undergo a change in its resistance to ideas that we will one day have to understand perfectly, as we now know or understand perfectly the laws of mechanics. But just as the laws of mechanics are subject to the laws of matter, the laws of life are subject to the laws of the spirit. And the new Man will have to know both, if he wants to find in his world a perfect balance between spirit and matter.

The explanation of the phenomenon of materialization is not necessarily necessary for you today to understand your life. But today it can help to increase the power of conception of your life, and to actualize in you certain forces, certain energies, which can make you understand a little the reality of what we are saying. Doubt today can easily keep us safe from certain ideas too far away to serve the intelligence of our mind. But one day, this doubt may easily be the cause of our failure in the face of an incomprehensible and incomprehensible experience.

Parapsychology today is trying with all its might to explain what was once unexplainable or unsuspected. Tomorrow, parapsychology will be at the forefront of all sciences dealing with certain phenomena that do not participate in the mechanical law of matter. It is the parapsychologists who will open the doors of the unknown.

But the masses, they, the peoples, the nations, will have to be well prepared for the multiple experiences that will shake the foundations of contemporary thought, philosophy, science and religion. People and nations must be informed by the means we have today, means that are sufficiently rapid, immobile, allowing the dissemination of information that can shed some light in remote areas, where very often the elite, intellectuals, scientists and parapsychologists have little access.

Knowledge does not only belong to scientists, it also belongs to those who depend on science, but who often have to wait years and even generations before the benefits of science come to them.

Whether we are talking about Yeti, men in black or any other form of materialization from our globe, or created from scratch by intelligences from overseas who keep and preserve their anonymity in the ether of our planet, we must understand that life has not been created and conceived by Man, but that it was already before Man, and that Man's duty is to know all its aspects and depths, if he wants, one day, to have access to the mystery of his infinity, to finally be able to free himself from the heaviness of his ignorance.

The purpose of this recording is not yet so much to lift the veil on these things as to create a greater elasticity in the mind, so that the lifting of the veil is easier to absorb, and to integrate into a social mind that has been strongly fossilized by the lack of experience and contact with a vision of things that were not in the domain of rationalism and Cartesianism.

Tomorrow, positive or negative materialization will be an everyday phenomenon. Today, it arouses curiosity or total disbelief. Human intelligence must be supported by the supramental, if it is ever to tame its fears and go beyond the limits of what it considers possible and reasonable. Go back a hundred years, and look a hundred years ahead, and you will understand a little bit what I mean.

013 – Divination

Any form of divination generates forces in Man that may endanger his state of mind. The objects of divination are under the control of the astral powers and Man's recourse for these objects endangers the balance of his mental forces. Man has no memory of his past and does not understand the links between this past and his present life. So that every form of divination, every object of divination, has a hidden power that allows Man to communicate with the memory of his past, so that the forces contained in that memory can easily flow into his mind and nourish it.

Man's past has not always been very positive. And since the past has a natural tendency to return to the present, to reshape itself, Man can easily become its prey, so that the energy of their memories, rather than the mistakes of the past, is perpetuated.

The objects of divination, by their very nature, represent on the material plane a bridge with the invisible forces of the astral. The danger of this bridge is not obvious to Man, because he discovers in the laws objects of divination, a singular pleasure, as much on the psychological, occult or spiritual level. What Man does not realize is that these objects have been intuitively presented to humanity in order to increase Man's occult power, and to involve him, through his body of desire, in tampering, consciously or unconsciously, with the forces that distort the real aspect of Man's spiritual and evolving consciousness.

Man has the naive impression that because something works, it works, that it is in itself good. This impression is extremely dangerous, because it creates a certain dependence in the individual, depending on whether his relationship with forms or objects of divination is more or less rooted in his natural temperament. The great texts that have served to guide humanity out of the darkness of the spirit have always taken the phenomenon of divination apart, and have always demonstrated its harmful character to the spiritual evolution of Man. But today, with the psychological evolution of modern man, these objects or forms are returning to the market, and endangering a large number of individuals.

All forms of divination are harmful to man for two fundamental reasons. The first being this: Man is directly linked, consciously or unconsciously, to invisible forces and these forces have a power of domination over his mind, if he has not reached a sufficient level of consciousness to make him free from any influence. The second reason is this: Man possesses within him natural forces that he can only use when he has reached a sufficient level of psychological and spiritual evolution, so that his maturity, his balance, is never put in danger.

Unfortunately, Man possesses a form of totally astral curiosity, totally linked to his body of desire and his great thirst to know the unknown. And from this natural situation, Man progresses towards often very occult means that allow him to touch a little with his fingertips knowledge, which instead of advancing him in his evolution, can cause him very serious problems.

It is not the inner powers of Man that are dangerous, it is the lack of balance in his mind, the lack of balance between his mind and his emotional state that can manifest itself when these inner forces manifest themselves. And precisely, these forces are fed, brought to the surface, when Man, for reasons of pure and simple curiosity or thirst for knowledge, gets into the habit of using mechanical means to reach a little beyond.

Not all Men are affected in the same way by these forces, by these forms or objects of divination. Very often, it is the most sensitive who are the greatest manipulators and victims. The forces of the spirit are not under the control of Man, as long as he has not penetrated sufficiently into the dimension of the spirit, in order to understand it well and to be in perfect harmony with it. It is better for Man to know little or nothing about the spirit than to know a little more, but in an imperfect way. For his spirit will be nourished by the spirit, and the weakness of his spirit will become a doorway through which the forces of the invisible will seek to enter his home to confuse him.

The disease of the material body is painful, but the disease of the spirit is even more terrible to Man. And those who, for one reason or another, indulge in fun, or play, or enjoy with objects of divination, risk putting their own balance at risk. The objects of divination can be enjoyed by Man, only when he uses them for totally constructive and creative purposes, in order to help humanity or to do service to others. But the line is very thin, and few can recognize it.

Whatever attraction or good feeling a Man may have for an object or system of divination, he attracts astral forces to himself. And according to his receptivity, his sensitivity, these forces will establish a kind of permanence in him of which he may not even be aware, but which will nevertheless act on him.

If Man is to know the unknown, the invisible, there are spiritual forces within him that will enlighten him in time and place. And these spiritual forces will never use material support to make him know certain things in order to help him in his evolution or in his relationships with others. As long as Man is on his guard, danger is minimized, but when Man loses consciousness of danger, it is at that moment that his mind gradually fills up with nuanced influences, whose errors he has not yet discernible to discover.

And from these errors, a foundation of knowledge is built in his mind, neither true nor false, which will always influence his mind and prevent him from seeing things as they are, as they can be explained by the spiritual intelligences who communicate or can communicate with him, either through his intuition, or directly by the mental body. Your mind is your most precious possession, and its balance must never be endangered in any way.

If you consider that today's world is undergoing a great transformation, a great change, and that in such a period of enormous excess are part of the human experience, you will understand that Man of the 20th century, and especially at the end of the 20th century, must be on his guard, and not allow influences and forces to enter him, from which he could so easily be excluded and free.

Today's Man is besieged in a myriad of ways. And his spiritual experience is still very weak, very primitive. We cannot understand the mysteries of the mind by using our intelligence, but the mind can be explained to Man when he has a free way through his consciousness. And when this consciousness is developed, Man no longer needs mechanical means to understand the underside of reality.

One of the great dangers of divination objects lies in their power to make us believe that what we receive as information is necessarily correct, because it comes from a level of reality that is not directly attached to man's normal and natural consciousness. When we feel so informed by a source of intelligence that is not ours, we naturally and naively tend to believe that this source of intelligence is necessarily part of the forces of light. However, this is not always the case, and in any case contrary to this, Man risks disturbing his balance and endangering his mental health.

We are only beginning to understand the underside of Man's reality. And it is only through total and complete vigilance that we will be able to see its contours and discern whether the influences are of positive or negative origin. And since the laws of the mind are not the laws of the intelligent logic of Man, it is enough for Man to lose his vigilance for these forces to penetrate him, feed him, and make him believe that everything that works, everything that works is necessarily true or good. This is not the case, and it is only in his experience, during his experience, that Man can achieve it.

We are only trying here to give you reference points, warnings, the rest is your own experience, since the experience is not transmitted. Objects or forms of divination are under the control of intelligences which, in turn, evolve under the control of other intelligences whose origin is lost in the darkest planes of the astral.

Although Man does not have in himself the natural discernment to correctly, instantaneously, and precisely, evaluate the value of these influences, he must understand that everything that does not come from him internally is suspicious and must be verified at the source that is in himself. Otherwise, his mind, fuelled by an ever stronger curiosity, will seek to understand things or see events whose knowledge can only harm him, either because there are one or more errors in this knowledge, or because such knowledge is not the direct and profound fruit of his personal consciousness.

Man's mind is easily measured by what he does not fully understand. This attitude, moreover, stems from the fact that Man, having not yet succeeded in understanding the totality of reality, is obliged to accumulate, here and there, fragments of information which cannot, in these present circumstances, be verified in an objective and internal way towards himself.

One of the great powers of supramental consciousness comes from the absence of personnel in Man, so that his ego can never intervene if Man is aware of sources that seek to delay, without his noticing, his evolution.

Man must remember that all these objects, all these psychic or mediumistic gadgets, serve to strengthen in him vibratory bonds that he does not need to be happy and balanced. On the other hand, we recognize that any form of study using these objects, based on a deep sense of helping Man or humanity, has attributes whose manifestation can be considered positive, spiritualizing, and of service to Man. But is Man, on the other hand, ready to assume responsibility for an action that can chain or draw into him forces of which he does not know the laws and of which he can only be a slave if, for one reason or another, they cannot serve him?

Man's adventure with the forces of the spirit is an adventure that can be formidable, if these forces do not come from the light and do not come to Man of their own free will. When Man, through his personal desire, calls upon forces whose laws he does not know, he inevitably submits to probabilities whose danger increases in an opposite way and in proportion to his discernment. As long as Man is not assured of a spiritual, powerful and aberrant communication, he puts his mind in danger when he manipulates in a mechanical way energies whose power exceeds his understanding.

Curiosity has its good sides when it serves to give Man a greater view, a greater extent in the field of his understanding. But if this curiosity inexorably leads him to naively live the lie, often veiled by a partial truth, he alone can be the victim.

Contemporary psychology, despite its sincere efforts, can with great difficulty interpret the occult role of the mind in Man. And for this reason, Man has little access to any form of assistance or education that can give him enough information about an evil that is both pernicious and dangerous.

Your mind is your greatest possession, and the psychological security of your mind, your greatest asset against the distortion of the truth. Any imbalance in your mind, created by negative spiritual forces, can disenchant your life and marginalize your mind, which otherwise could serve both a progressive and evolutionary existence, instead of a retrograde and sickly occult existence. It is enough for you to look, to observe in some of you who practice one or the other form of divination, to realize that these forms of amusement undermine their natural intelligence and unbalance the performance of a comfortable mind and a healthy emotional one.

A system of divination can only be favourable to you if it inspires only trust in you. In such a case, the predominant effluent will come from Mercury. On the other hand, if such a system does not inspire confidence in you, its effluvium will be either Lunar or Martian. In the case of the effluvium from Mars, the contribution to your psychological balance will be harmful insofar as your naivety will prevail over your common sense.

In the case of Lunar effluvium, it will be harmful to you insofar as your research will serve personal and egocentric purposes. Those, on the other hand, who can benefit favourably from divination systems, must remember that Man, to the extent that he is unaware of the prepersonal intelligence in him, is subject to the law of cosmic lies according to whether it should be applied in his life plan.

That is why, whether you use these divination systems, and whether the scents come from one globe or another, you will never be able to fully rely on them. And where only one mistake is made, others can follow. On the other hand, if you raise your vibratory level, if your consciousness becomes predominant and succeeds in piercing the veil of the ego, these systems will no longer be necessary for you, since the supramental will inform you of what you need to know. A great quietude of mind is necessary to achieve great clarity of reception and discernment, in the nature of understanding informed things.

Notice that nothing comes to Man from the invisible is easily accessible to him. This is why divination systems are not for Man tools that easily resolve the questions he may have about this or that thing.

The elders have known the danger of desecration of the sacred, that is, of the occult. They have transmitted to Man, to future generations, teachings that should protect him against the abuses of selfish desire. It is up to you to realize that not everything that shines is a diamond.

Know how to protect your intelligences and maintain the balance of your minds because, without one, you cannot understand the other, and without the other you cannot operate in a happy and vital way. The confusion of the mind is a gradual thing and it is little by little that Man, coming into contact with forces whose laws he does not know, gradually loses its roots in his psychological reality, by undertaking by himself to travel on lands which, for him, are unknown and for the moment unrecognizable.

The virtue of all real science is based on the balance between the spirit of Man and the universal spirit. And this virtue is only acquired in serenity and humility. Curiosity is the daughter of pride, and pride is complicit in divination when it is not fully understood in its occult laws. It is not divination by itself that is dangerous for Man, it is ignorance of Man that is dangerous for himself. Divination is only one aspect of the laws of the mind, and Man must recognize that what works materially and psychologically is only an inferior aspect of a much larger and greater reality, which he must fully understand, in order not to subject his mind to the burden of ignorance that can cause him trouble, rather than to bring him real, fundamental and precise knowledge.

If it had been intended that the spirit should manifest itself perfectly to Man through the systems of divination, Man would have understood for a long time the laws of the spirit and the mysteries of the invisible. But this was not the case.

Although divination is related to the laws of the spirit, there are pernicious aspects within its mechanisms, and only the wise man can avoid damaging the fragile foundation of his spirit. Notice that there are people who know how to use divination systems well and these people can easily help others. But not all Men have the sensitivity and centrality necessary to make good use of these systems of clairvoyance which should allow them to see a little in the future. And if it is not given to Man, easily, to see in the future, it is because it is known that Man, because of his emotions, cannot support the weight of this knowledge.

Man's interest in divination is a natural interest, because Man seeks to understand or see beyond the veil that envelops his mind. But Man must walk certain paths during his evolution, before he can reach the plateau where he can look 360 degrees around him, and see without fear of what will develop in the future. That is why the safest formula available to him is based on the relationship of his mind with the universal mind. In this way his spirit is protected by the universal spirit and Man can gradually penetrate the spheres of knowledge without being pushed and struck mortally by the power of their revelations.

The Man of tomorrow must no longer be subjected to the suffering of the mind. And for this condition of future life to be fulfilled, he must learn to know and understand all the laws of the spirit, so that his material life is filled with the spirit, and not filled with his ideas of the spirit and its laws.

014 - Questions and answers (thoughts)

I have already indicated that Man does not think, that it is in the subjective illusion to think that he thinks. Having established this, I formulate another step in understanding the phenomenon of thought, the one related to the question and answer.

The more subjectivity in human thought is transformed into objectivity, the more man realizes that he is not the one who thinks, the more he realizes that even questions and even answers come to him from elsewhere. This step is not easy to recognize and understand, since it is part of the great objective realization of the supramental or universal in Man.

Man bases his intelligence on his ability to question and seek answers, but Man does not realize that questioning and finding answers is already part of a creative process within him that originates on planes that are beyond his mental life.

The phenomenon of the duality of the human spirit, which is, the phenomenon that allows Man to believe that he questions and provides the answers, is directly related to the illusion of the human mind that separates Man from the universal.

In fact, if Man did not live this illusion, Man would be universal and his civilization would be totally different. But as he lives this illusion, because it is part of his involution, there comes a time, during his development and the development of his maturity, when he must realize that the question and the answer actually form a unity that is directly the manifestation of the creative spirit in him. When Man is mature enough, that is, when he has sufficiently developed the objectivity of his consciousness, he can easily realize that indeed, the mind produces in him the vibratory condition necessary for the formulation of a question and an answer.

With the adjustment of these thought-forms, it gradually comes to him to realize that Man, the spirit of Man, is part of the universal spirit, and that the unity of these two spirits is counteracted by her material system of perception which makes him believe that he is the center of all things, even the things of the mind.

Although Man easily accepts, philosophically or spiritually, the idea of total unity between all planes, when it is proposed to him that in fact unity is already pre-existing, but that his veiled ego refuses to accept its reality, and to make itself available to this reality. So that Man is forced to live a life in separation from the spirit that already cohabits in him. From there, the human suffering and the splashing that he constantly experiences because of his misunderstanding, his ignorance, and the pride that gradually manifests itself in him, precisely because of this illusory separation.

It is difficult for Man to recognize that the question does not come from him, precisely because the vibration of his thought is not high enough to create in him the unity of his consciousness.

It is easier for him to recognize that the answer may come from another plan, because he cannot totally reject the possibility that an answer may come from elsewhere. But it is at the level of the question that he has the most difficulty realizing that this question, too, comes from elsewhere, but that the question and the answer both have a different vibratory function. The question is to elevate his mind, and the answer to calm and reassure him.

Obviously the perfect resolution of this duality cannot come in a snapshot, because the thought, the mental body, must be subjected for a certain time to a vibratory change. But it is necessary that those who are already evolving towards the supramental begin to understand the nuances of the spirit in them and their own spirit, so that they can, over time, gradually realize this great unity that exists between the spirit of Man and the universal spirit, when the ego has stopped fighting the penetration of the universal spirit in it.

When Man has understood that the question and the answer are different aspects of the mind in him, it is then easy for him to begin his great pilgrimage to the infinite dimensions of knowledge.

Man is much more an energy phenomenon than a form phenomenon. By this I mean that Man, at a certain level of his evolution, realizes that he is energy and that all the aspects in him, which tend to make him believe that it is the form that predominates in his reality, are aspects that he will be able to reject with time, in order to understand, once and for all, that he is at the same time spirit, that the spirit dwells in him, and that the relationship between his spirit and the universal spirit is the total foundation of his being, and that this foundation, when totally realized, can, depending on the case, even transfer the form directly to an energy plane.

But before Man can achieve certain stages of his possible evolution, he must achieve the first stages of his spiritual and supramental evolution. And these steps are very important because they underlie the rest of its evolution. If Man is not able to realize that he is a partner in the evolution of spirit energy, from a higher plane to a lower plane, and from a lower plane to a higher plane, he is unable to realize the unity of this spirit which is a form of energy capable of supporting both the cosmic role of creation, and at the same time the personal role of evolution.

It is no longer enough for Man to seek knowledge. He must now realize the illusion of polarity between his mind and the universal mind, in order to be able to subject the subjective forms of his mind to an infinite dimension of cosmic thought. From there he can then realize the total unity of his being with the cosmic being that dwells within him. And it is only when he has reached this stage of development that it will be possible for Man to recognize the unity of which he dreams of knowing, or to understand, the aspects since he reached the philosophical age.

But it will always be beyond the walls of philosophy that Man can understand the reality of unity and can diversify his creative functions in relation to knowledge that is eternally known and absolutely knowable, provided that he puts an end to the workings of his intellect, his subjective intelligence, which tends, by the very nature of his reality, to divide the reality of Man against the universal reality.

And it is in the mechanism of question and answer that Man will find the first starting point towards the infinity of thought, and that he will finally realize that every question has an answer and that every answer comes from a question, and that when the unity of the two has been founded in the supramental, the questions disappear, the answers are no longer necessary. And if Man must convey information, this knowledge is no longer useful to him, but it is useful to those who will need it.

Those who are already aware of an intelligent relationship with the supramental can easily establish in their personal experience the validity of what I am saying. They can ask the supramental or the intelligence that is on this plane to make them understand that the question does not come from them, but that it comes from the supramental, and that the answer, either, does not come from them but that it comes from the supramental.

Once strengthened in this realization, it will then be possible for them to access higher vibrational levels than their thoughts, and finally to begin to penetrate and experience new energy at the level of their higher mind. The destruction of the illusion of the duality of the question and the answer will finally allow them to begin to taste the unity of the spirit, and they will see with time that fear is, in reality, a mechanism based on the duality of the ego, that is, based on the absence of total unity of the spirit in Man.

I have already mentioned impossible questions and answers. Already, I have explained that Man can ask questions or ask impossible questions, that is, questions that are not limited by the rationalist intransigence of human intelligence. The same phenomenon, the same possibility, exists for the answers.

So that when Man has begun to realize the power to ask impossible questions, which are questions that lie beyond the rationalist limit of his intelligence, he can receive answers that are also not within the realm of the possible but are part of what might be called "the infinity of the spirit".

And when Man has realized the infinite points outside his subjective and intelligent mind, he can begin to know. That is, he can begin to recognize the limits of his experience and realize the absence of limits in evolution, either in his material body or in his mind. It is in this perspective that modern Man will have to begin his evolution towards the supramental, because these two aspects of Man's psychological reality are formidable obstacles to understanding the unity of his being.

The mind of Man is contaminated by the very way he sees things. And the vicious circle easily becomes a spiral whose point can only be extinguished when Man has begun to realize reality in an opposite movement. Some will say: "Why have these things not been explained to Man before?" The answer is simple. If Man had known these things before, he would not be what he is today, he would not have developed the faculties of his lower mind today.

However, these faculties are important because they have enabled Man to ensure a sufficiently stable material life according to the natural tendencies of his emotional, animal nature. But since Man must now undertake a new journey, as he is about to come into contact with a totally new dimension of life, it becomes necessary for him to realize what was previously for him only a philosophical, esoteric or occult idealism.

Now that Man has the power and right to know the mysteries of his mind and spirit, it is simply a matter of recognizing their laws, in order to reach this new stage of evolution. The material must come before the plant, the plant before the animal, the animal before Man and Man before the Superman. Thus the conditions of change and the conditions of evolution. Those who can progress towards the synthesis of the duality of the question and the answer, can easily penetrate the supramental and finally, and once and for all, detach themselves from the human condition that has sufficiently subjected the Man of the fifth race.

It is obvious that a question and an answer is always proportional to the level of human consciousness. The less conscious man is, the more his questions reflect the limits of life. The less conscious he is, the more his answers reflect the impossibilities in life. On the other hand, as the level of human consciousness increases, so do the questions and answers. And when Man is totally enlightened by the light of the supramental, questions and answers no longer exist, because they no longer serve to contain the illusory fragility of his existence. The ramparts of his prison having fallen, Man is free and all he has to do now is venture into infinity.

Know that when you ask yourself a question, it is the mind in you that is trying to make you understand something. When you have an answer, it is the mind within you that seeks to communicate something to you. When the spirit is totally within you, it will no longer seek to make you understand something because you will be in the spirit, you will be in the knowingness, and at that moment, your mind will be empty. In you, silence will be established and when you speak, you will speak in the spirit. But what you say and understand will no longer be for you, because you will already have been raised in the spirit of understanding, in the spirit of knowledge and in the spirit of silence.

From this moment on, you will understand that silence is also a language of the mind, but a language that is not directed to your intelligence, but rather to your mind. That is, this language will be part of the unity of your mind. The spirit of Man can be in silence, but just because the spirit of Man is in silence does not mean that he is not aware of the spirit in him. He is simply in the rest of the mind in him.

Man does not need questions and answers to be conscious of the spirit, but when he has the question and the answer, it is important for him to recognize that the spirit, at that moment, is active in him. Obviously, if Man does not recognize this reality, then the question and the answer become for him pitfalls, obstacles, problems, a perpetual suffering that can only be extinguished by material death.

The time has come for Man to realize that many things exist without his knowledge. That is, he evolves in some medium, and behind that medium, a completely different reality is at the origin of a phenomenon that he does not understand. And for this reason, his life on the material level, on the earth, is very often painful. But it is no longer a question of man sympathizing with his human condition, but of breaking the chains that have linked him to it for centuries.

Any new and unprecedented experience or achievement requires great self-confidence. And it is from this self-confidence that we can build a new foundation in order to live a new life. The previous stages of evolution were necessary, now the future stages of evolution must be lived according to the law of the spirit, and not according to the intellectual desire of Man.

And this is perhaps the most difficult and occult aspect of the new evolution, of the new consciousness of Man, that is, the cosmic consciousness of the Superman to come. For the Man of tomorrow will have to carry on his shoulders the weight of his new knowledge. But it is precisely this weight that will free the race from all possible and imaginable illusions of the human condition. Only the individual, by himself, on himself, can overcome these obstacles. These things no longer belong to a community, but are part of the domain of Man, of the individual, where the being alone grows according to his internal capacity to overcome the limits of the psychological illusion of his mortal intelligence.

The understanding of the phenomenon of the question and answer is fundamental to the understanding of the relationship between the spirit of Man and the universal spirit. It is fundamental to the understanding of the unity of the spirit, it is fundamental to the realization of the supramental in Man, and it is also fundamental to the realization that Man has the power to understand all things, provided that he has the power to destroy in himself the fundamental illusion of the intellect, of rationalist intelligence.

Any philosophy of intelligence, or any intelligence of philosophy, is a limit towards which Man must pay a price. And this prize becomes the vicious, endless circle which, by the very nature of its construction, is opposed to the elevation of the human spirit towards the universal spirit. What is obvious to Man's rationalist intelligence is not necessarily based on the total unity of the total understanding of his mind.

It is only in the experience of this new intelligent function of the human mind that Man can realize to what extent the greatest human intelligence is always limited by the duality of the human spirit. If it had been otherwise, the development of human intelligence, the development of human philosophy, would have been much more linear, much more universal and the divisions of human thought that exist, either on a regional, national, philosophical or religious level, would not exist today, and the Men of the Earth would be united in a single thought.

Every time you think of something, every time you think, every time you look with your intelligence: look behind what is happening in your mind and you will see, that indeed, there is another presence behind you and this presence will manifest itself to you when you have already made the first step. If you refuse to take this first step for any reason, this presence will remain hidden behind you and you will not be able to recognize it. Your possibilities of life and understanding will be further diminished because, already, you will have been unable to bear the weight of this new knowledge, this very great achievement.

Obviously, any realization requires a vibratory readjustment, i.e. a reconstruction of the mental state. That's why every time you do something, you will also need to support the change. But notice that Man is always given what he can bear, so that, whatever the realization in you, the adjustment will always be proportional to your own resistance, to your own ability to bear the clarity.

The universal spirit in Man is a support for his evolution, and not a faction that seeks to delay his evolution. But when Man begins to realize certain things, he often has the impression that this presence in him is a faction against him. Man is made of fear and anxiety and any manifestation of the spirit in him increases, by the same token, his consciousness of fear and anxiety.

But this is only due to the work of the spirit in Man, only to the elevation of his lower mind to his higher mind. If Man learns not to cling to the duality of his mind, he already begins to free himself from his subjectivity and already reduces his fear and worries. But if he clings to this duality, to this new movement in him, the work will be heavy in his mind and his peace more difficult to achieve.

The freedom of Man is not in the power of his thought, but in the movement of his thought. And when the movement of his thought is done in a totally harmonious way, his thought becomes power, because it is no longer conditioned by the limits of his ego. When you think, ask questions, and look for answers, don't look at what you're looking for, but look where your question and answer come from. And you will see that in the question and answer, there is, at the beginning, a lot of you and little of the spirit, and with time there will be little of you and more of the spirit. And with yet another time, there will be only spirit. At that time, the question and answer will no longer be subjective but will be part of the communication of the spirit in you.

Man mechanically believes that if his questions are answered, he will find peace. It is a fundamental error, it is a gross error of his mind. As infinite as the mind is, so infinite are the questions and the answers. What Man must understand is the mechanics of the question and the answer, in order to solve, once and for all, the duality of this phenomenon. If you want to understand something, ask and you will be answered, but you will be answered according to whether you need to know now or later, but you will get an answer one way or another. If you don't get an answer right away, stop asking. This way, you will not tire your mind, and the mind will use the question to give you an answer somewhere in time.

The intelligences that deal with the mental evolution of Man want Man to know the mysteries of creation. But these intelligences know the limits of Man and they know that Man, before he can have access to these mysteries, must clarify, cleanse in himself, certain illusions, eliminate them completely, so that any answer coming from them does not serve to reinforce the ground of his illusions, but rather to raise the level of his mind.

Man believes that knowledge is for him. It's an illusion of his mind. Knowledge is never for Man who is in knowledge, knowledge is always a manifestation of knowledge, in order to help Men to grow in spirit. As long as Man has not understood this, it is obvious that the spirit, on the supramental level, does not want to provide him with all the answers, because he would use these answers to make knowledge of them, and this would delay his evolution towards a unity, the unification of the spirit. Some of you understand what I mean, others will understand it later.

Harmony in Man is a condition of relationship with the universal spirit. It is obvious that if Man is filled with questions and answers, there can be no harmony in him. That is why, the first step towards human harmony is the understanding of the mechanism of the question and answer, and the realization that any harmonization destroys the duality of the question and the answer. This does not mean that the conscious Man cannot ask questions and receive answers. But this means that the conscious Man realizes at the same time: that he asks a question and the question is provided to him, that he receives an answer and that the answer, too, is provided to him. So that Man is no longer subject to the personalization of the question, but is subject to the pre-personalization of the question.

This leads him to realize more and more creative questions in himself, in order to attract more and more convincing answers to him concerning the mysteries of creation. When Man is detached from the question and the answer, he is detached from knowledge and it is at that moment that it is easy for him to realize in himself impossible questions, and also to receive answers concerning the mysteries of the universal.

If Man is to progress towards knowledge, it is obvious that his mind must be in order. And the order that his mind must have, in order to be able to bear the weight of knowledge, is an order based on the total unity of his mind with the supramental, which are two aspects of himself that must coexist in perfect harmony. His mind, the small self; the supramental, the great self; and when the small self is found in the great self and the great self is found in the small self, there is in Man a totality, that is, a great unity. And that's when it's easy for him to see behind the veil of question and answer, and not take himself seriously in knowledge. If Man takes himself seriously in knowledge, he will automatically be drawn to seek the truth, but if he does not take himself seriously in knowledge, he will let himself pass into reading (channelling), what must pass, so that what must be done, in terms of his evolution, is done, and not what he wishes to be done.

Thus the pride of his intelligence disappears in Man and thus the humility of his intelligence appears in him. And at that moment, his intelligence grows, his intelligence expands and Man becomes universal, and it is possible for him to communicate with all the planes of creation and to know all that is possible for him to know within the framework of his evolution, which is, within the framework of evolution.

It is only in the harmonious administration of the spiritual energy in him that Man can, with great ease, visit the vast realms of experience both visible and invisible, and bring back to his brother Man, the treasure of his experiences which become for him a sublime and unalterable knowledge. But how can Man have access to this knowledge if he is under the illusion that knowledge comes from him, that knowledge - of which one pole is the question and another pole the answer - is from him? It is obvious that this unpleasant illusion must be set aside, must be overcome before Man can use one pole of the mind or another, that is, the question or answer during his search and progression towards infinity.

That Man begins to realize what his intelligence hardly wants to admit, and the doors of the spirit will open in him, so that knowledge will be easy and without contradiction. For the spirit to descend into Man, Man must ascend to the spirit. And the universal conditions for this meeting must be met. Whoever can recognize them, can live them, and whoever cannot recognize them, will recognize them later, during his evolution.

I formulate and have formulated this aspect of supramental reality for all those who seek to recognize and live it. You can't alter what's unalterable. But we can understand later what is not understandable today. That is what the word "evolution" means.

015 - The Antechrist

The phenomenon of the antechrist is probably the most fascinating and mysterious of all the phenomena of modern evolution, whether religious, theological or esoteric and occult. This phenomenon bears within itself the fruits of the greatest perplexity and brings Man to a fundamental question concerning the future of humanity and the circumstances that will allow Man to overcome the influence of the forces of evil on his planet, or to perish with it.

The question of the antechrist is so present in some people, and will become more and more so in the masses, that it must, at some point, be started in its explanation, in order to give Men a perspective of the points of reference, allowing them to judge this famous figure or character, whose name alone bears witness to the powers of satanic evil on our planet.

If we return a little to the sources of John's revelation, and study these sources from a totally supramental point of view, we receive the following information: the character of the antechrist should reflect all the attributes of cosmic intelligence, cosmic power and cosmic endowment, that this character can perform all the tasks he must perform, without obstruction. This means that no power can interfere with the natural progression of the life plan that this character will have to manifest.

The cosmic intelligence of this character will be given to him by a phenomenon of superimposition of satanic spiritual intelligence on a human brain. Any superimposition of satanic intelligence on a human brain makes it incapable of submitting to a force other than that which dominates it.

The antechrist will possess all the gifts of clairvoyance, premonition and prediction. These donations will allow him to precisely control his personal movements and those of the people around him who will help him. He will have satanic power, which means, he will be able to confuse, with great ease, the spirits more or less subject to influence. His power will be a tenfold manifestation of satanic power and will allow him to control, at will, material events, and to give him, on matter, total control. With the help of power, he will be able to add to the confusion by manifesting such concrete illusions before Men that they can only be overcome with great discernment.

The antechrist represents, on a material level, the force totality and also opposed to what we call "Christ". He has been called antechrist, because the vibration that acts in him and dominates him corresponds to the primary negative aspect of the vibration of Christ, whose fundamental quality is love and service. In the antechrist it will be hate and domination.

The trinity of the three numbers 6-6-6, the number of what has been called "the beast", represents this:

The first number 6, coincides with the order and satanic numerology, so 6 represents the satanic father, the satanic will, that is, Lucifer.

The second number 6 still represents in satanic numerology the son of the father, that is, the antechrist himself, the opposite of the son of the absolute father, known as Christ.

And the last number 6, still represents in satanic numerology, the number of the spirit, Satan.

And this satanic trinity has in its numerical addition $6+6+6$ which make 18, which make 9, and 9 still representing in satanic numerology, the 9 principles of disappointment.

These 9 principles of disappointment will be explained to you shortly afterwards.

You must notice that we are talking about a satanic trinity, and we are talking about a trinity of the forces of light. In the satanic trinity, Lucifer is the father, the antechrist is the son and Satan is the spirit. In the Trinity of Light, the absolute father is Jehovah, the son is Christ and the spirit is represented by the forces of light whose leader, the avenger, is known in Christianity as "Michael the Archangel".

Then there are two trinities, since there are the forces of light, and the forces of evil or the forces of darkness. In both cases, in both trinities, there is an evolutionary cycle, an ascension cycle and a terminal cycle, i.e. cessation of activity. The cycle of cessation of activity of the satanic trinity is about to manifest itself. After this cycle, a new cycle will begin and it will be a cycle of light.

The antechrist represents much more materially than what the book of John reveals to us. First of all, it represents four important points:

The first: the invisible satanic power.

The second: satanic cosmic power.

The third: partial satanic intelligence.

And the fourth: the perfect Luciferian intelligence.

The fundamental difference between partial satanic intelligence and perfect Luciferi intelligence is this:

Satanic partial intelligence is proportional to the level of human consciousness. The more conscious Man is, the less satanic intelligence can, on the material level, influence Man.

Luciferian perfect intelligence, on the other hand, represents the total capacity of Luciferian forces to generate in the lower worlds new conditions allowing the continuity, in other cycles of evolution, of the satanic presence on a planet, or a region of any galaxy.

The more man becomes conscious, the more the influence of satanic intelligence decreases on the planet, and the more the cycles of evolution of Luciferian intelligence are delayed. This point is extremely important because it allows us to understand that Man has the power, according to his level of consciousness, to delay Luciferian evolution, that is, to delay the activation, in activity, in the lower worlds, of conditions that eventually allow the continuity of evil, at one level or another of its evolution in the galaxy.

Although Man does not have the power to interfere with Luciferian intelligence in terms of the architecture of its evolution, he has the power to delay the activation of this architecture by an ever greater clarity of his consciousness, within the architectural structures created by the perfect Luciferian intelligence.

So that if one day Man were to reach a total and perfect level of consciousness, he would be able, even on a material level, to totally transmute matter and spiritualize it, and automatically to remove it from Luciferic power, that is, to totally remove the material quality of planetary gravity from it.

Any matter free of gravity is automatically free of Luciferian influence. The reason is that gravity is a source of energy that the Luciferian intelligence uses to maintain its will on the lower worlds. From this will and its application result the living conditions, the conditions of material evolution to which the evolving souls are attached. As long as there is gravity, Luciferic forces possess an incarnation power over souls. It will later be demonstrated that there is a direct relationship between the law of incarnation and the law of gravity. Without this law of gravity, souls would remain in contemplation in the divine light. But on the other hand, souls would not have the opportunity to acquire, through experience, the very vast knowledge they need to appreciate the divinity to its true value.

If we go back to the antechrist, we discover two things. First, the antechrist must agree with the spirit of the Father, not the Father himself. This is an important position, if we compare it with Christ who must agree with the Father, above the spirit. In other words, in the case of the antechrist, the convention, the relationship, is with the spirit, that is, with Satan, and not with Lucifer. Because the Father of the satanic trinity is NOT an absolute father. Not being an absolute father, he does not possess absolute power over the son, the antechrist.

On the other hand, Christ, in relation to the absolute Father, must agree with the latter, because the absolute Father possesses, in relation to Christ the Son, an absolute relationship. This leads us to determine that the filiation bond between the antechrist and Satan is a bond determined by spiritual relationships. While the bond of filiation between Christ the son and the absolute Father, are both ministerial and perfect bonds.

Only the forces of light have ministerial functions in the universe. The forces of darkness are bound together only by relationships of allegiance, and these relationships of allegiance are founded and welded within the framework of the perfect experience of evil, which is, in the full exploitation of Satan's resources in the exercise of his functions of domination.

What gives Satan his power is not his absolute intelligence, because he does not possess an absolute intelligence, but it is his ability to intervene at the right time, where there is a possibility of confusion, and of involution. From there, the nature of his intelligence, the nature of his lies and from there, the ease he possesses in seeing the lack of discernment of Men or in spiritual beings still prisoners of time.

The antechrist, or the antichrist as others call him, represents, as a physical character, the direct application of satanic intelligence on the material plane through a human personality totally enslaved to the energy of the last effort to create, on the material plane, a barrier to evolution.

This barrier is based on the hope that Man, in his ignorance, is psychologically forced to believe in miracles, to believe in the intervention of a higher power, to believe in any manifestation of a higher power. In other words, to the principle that Man, being a person without discernment, cannot, alone or in mass, perceive behind the veil of illusion. And indeed, this is so, because Man in his ignorance cannot totally possess discernment, and even despite his most spiritual desires, can easily be trapped in an undertaking of such great scope and whose modes and conditions exceed human understanding by several cubits.

The antechrist must agree with Satan in all his dealings with man. In other words, he must and is forced to subject all his acts, his slightest acts, to a superior, invisible intelligence, of which he is magically an expression. For this reason, the antichrist must not have a soul, which means, the energy of the soul must not be formed so that the character can, without interference, directly reflect satanic black intentions.

If the antechrist had a soul at all and, if his soul were the least formed, he would have the power, in certain moments of enlightenment, to separate himself from the purpose to which he is subjected, and would automatically influence the course of history. But the character being devoid of a soul, it is possible for him to express in all confidence the plans of destruction aimed at abolishing, in Man, his real right to freedom and knowledge.

The antechrist is not only a Man, he is the satanic spirit in Man. It is the satanic intelligence using pre-animal energy in order to introduce, on a material level, a presence spectacular enough to generate confusion, emotion and adoration in the masses. When the time comes for this character to appear in the material world, on a global scale, some signs of nature will discover the presence of this character and update his arrival.

I quote some of these signs:

Its arrival will force certain spiritual entities, whose normal and natural occupation is to control and maintain the balance of wind and wind forces, to temporarily set aside their activities. So that, with their missing presence, the elements, the wind, on the Earth's surface, will become more and more powerful, stronger and more destructive. When it is recognized that great windstorms are shaking some regions of the globe and devastating these regions, such events will mean the impending presence of this character.

The waters will become unstable and seek to overflow their banks. Abnormal floods will lay off a large population, and these events will also be a warning sign.

The ground will shake all over the planet, in places where calm used to prevail.

A major volcanic activity will spread terror in some areas where these activities had previously been either non-existent or slow.

Note that natural forces, on the material level, are directly related to the activities of the spiritual forces that govern the evolution of the reigns on the planet. And the important point to note with the coming of the antichrist is that these forces, these spiritual intelligences, acting for the benefit of Man, will have to withdraw temporarily. And it is because of their lack of service that Man will experience, on the planet, the violence of the elements.

When the spiritual forces cease their natural and normal activities, the ethers of the planet become blurred and disorder begins to reign on its surface. But in this disorder, the spirit of Man will awaken somewhat and a deep fear will arise in him, reminding him that these events had been written.

The antechrist character will allow Man to recognize the power, reality and satanic power on the planet Earth. But not all men will see in this character the danger. That is why many will be attracted by the occult magnificence of a material representative of the forces of destruction and involution.

While the black forces will try, by all means, to influence the masses of the world and delay the evolution of consciousness and knowledge, the forces of light, the spiritual forces, the forces of service, will have to stand aside and look from afar at the abominable spectacle to be performed until its conclusion, on the material level.

When Man has been sufficiently swept away in his alienation, a sudden reversal will be felt in the world, and another Man will appear on the world stage. This Man will be known as John and will represent the wise body of the Melchisedechs on planet Earth. The coming, the recognition, the updating of his presence, will represent for humanity the end of a cycle, which will be consumed by the elevation in the air of a certain number of Men inside luminous spheres, whose purpose will be to transmute the spirit and the body of these Men, in order to bring them back to the material plane endowed with the highest powers of the universal consciousness in Man, allowing them access to a dimension parallel to space-time, but invisible.

These Men, endowed with the new powers they have acquired within these spheres of light, will be able to establish on the planet a new civilization independent of the civilization of the mortal race. These Men will work in a totally free way, in totally occult conditions and impermeable to the mortal experience of Man.

The coming of the antechrist character will serve to confuse and capture the world's imagination.

The generalized pandemonium will convert masses and decrease the power of light in human consciousness. The whole world will be affected, because Man will not yet have understood the real meaning of the words that say that light will come from the West. A very large number of beings spiritually prepared for the transfiguration of humanity will be the first to confuse light for the son of the jackal.

The partition, the real and the unreal, will be so thin that only those who have been well prepared to recognize in themselves the seat of all decisions and judgments can face the world event without being disturbed internally by doubt. Men, by their nature, are not aware of their weakness, and believe too easily that in the face of supreme danger, they can stand upright and remain unshakeable. But it is known that Man is weak and that his weakness will easily become the jackal's prey.

The prophecy has been rendered and described as it is to be lived, and today's Man will recognize its reality. But today's Man is asleep enough to recognize prophecy only after its advent. Such a Man cannot insure himself against, or free himself from the danger that threatens him.

Given the grandiose and highly veiled plan of future humanity, the purpose of any prophecy or revelation is simply to prepare those who are already ready. Others must live their experience as prescribed, since they have not yet understood, through their experience, that those whose language is untied by the spirit confer with Man outside the limits imposed by time.

The satanic trinity will impose its purpose on Man and the latter will see in a unique way in his contemporary experience that the unreal is real, and that the real is its opposite when the spirit is awakened and the intelligence is fed by the forces of light. Ten years will have passed before the formidable power of the powers that prohibit mankind from freedom, knowledge and conscience rises to the surface of our globe.

After the destruction of this character, Men will feel relieved, but will not yet have understood what they have experienced, since everything is in the mind and everything is measured by the mind. It is obvious that not all minds have and will have the same clarity.

After the destruction of the antechrist character, a glimmer of hope will rise in Man, but unfortunately, this hope will be shortened by the greatest conflict that our civilization has ever known. Judged by the forces of light, in the order of its destruction, this conflict will be brought to an end in order to save the planet and those who will have to work on another plan of evolution, within the framework of a totally renewed and totally balanced science. Then will come the Great Schools , the Great centers of instruction and the permanent contact between Man and the civilizations of outer space.

The preparation of Man for tomorrow has already begun. The understanding of Man for tomorrow can only be achieved gradually, as he learns to know himself and to recognize in himself: Who he is? Where is he? Where is he going? And where is he going?

These answers can only be given by consciousness, and consciousness can only grow through experience.

016 - Kind of revelation

An increasing number will be told, from the outside or inside, that they are in communication with great characters such as the Virgin, or Christ, or other great cosmic personalities, and this same number will believe in the form of the word that will be printed on them. Clothed with this spiritual superiority, wrapped in this spiritual security, a force will penetrate their ego and support their ego so that their testimonies can be used in their personal and transactional experiences. Feeling spiritually secure, these men or women will tend to impose the spiritual authority of their personality on those who are evolving in their surroundings.

It is advisable for these people to guard themselves well against the feeling of spiritual infallibility that has been established in them, for such a feeling can only be fully experienced in Man when he has overcome the personal doubt of his spirituality and his spiritual pride has been totally destroyed.

If a Man is in vibratory contact with the pure and simple aspect of such universal personalities which already belong to the totality of the universal spirit -, the Man around him, the Man who evolves in his surroundings, cannot feel any form of superior spirituality or spiritual superiority. Such a character must naturally show a very great balance between his ego and the inner part of himself. So that people, or the world, or the people around him, are in no way imposed by a spiritual force based on the slightest pride and vanity.

Great veils will cover the consciousness of Man and great revelations will be made to him within the framework of his primitive spiritual psychology. And Man, precisely because of his primitive psychology, will easily be made vulnerable to any revelation whose spiritual character will benefit the ego or the personality. But as the plan is perfect, these Men will serve the evolution of others, because the sincere arrogance of their spirituality will force others to question themselves, so that they themselves will suffer in them the destruction and the overcoming of personal doubt.

But when the work is finished in others without their knowledge, it will begin in them, and those same people, who for a long time believed to be the golden vessels, will have to pass through and experience the great spiritual cleansing themselves so that the great pure consciousness of the supramental, not spiritual in its form but truly spiritual, that is, harmonious in its manifestation, can intervene in them.

The vain and proud, by the very nature of their minds, cannot see or realize who they are. But those who evolve around them can feel it, and know it, and realize it, and it is these same people in evolution who will serve as a mirror, so that the veils that will have served others for their evolution will fall, but now they must fall in the one who was to serve as a tool, an instrument, to the penetrating forces.

What man or woman on Earth today, in the psychological and spiritual conditions of the evolution of this planet, can afford to be sure, without being sure of being sure, if this same person has not been tested in the personified form of his revelation? The Man of tomorrow will understand that forms, even if they are woven from the sacred, are derived from the memory of Man and serve only Man until the day when the latter is no longer Man, but Man on top of that.

Thousands of men and women, as part of the preparation that is increasing on Earth, will be revealed this or that thing. Their spiritual feelings reinforced by these revelations, but not balanced and harmonized by experience, will make these people tools for the propagation of a spiritual vibration, of which they themselves, one day, will have to destroy the form, if they want or must become free from this form which has already served them, but of which they have also been slaves.

From all over the world, Men will be bombarded by some aspect of revelation, and naive of the laws of evolution and transformation, these Men will create here and there movements, gatherings, societies, organizations of which they will feel the center, the pivot, the mediator between Earth and Heaven. Many will flock to them, listen to them, for they will be told that they have been revealed of this or that thing.

The sacred hypnotizes Man, stops him, makes him believe that he is on the right path, that he is on the way. Only total discernment can make him realize that he is part of a whole, and that his spiritual ego still needs to move towards the total neutrality of his feelings towards himself and others. Those who suffer from the evil of revelation or any sacred form of revelation, must one day come out of this disease in order to live their inner state well and achieve total harmonization with their outer world.

As it is known, Man can only be transformed slowly, and only by means that he can easily evaluate according to his social psychology and his religious or spiritual psychology. It is because of this psychological reality in Man that revelation becomes necessary to ignite in him the fire of his great spirituality. But one day, when he has to face everything that transcends words, and spiritual forms and spiritual feelings, he is forced to demolish his flag and enter the ranks of the great life, free from images made on the scale of Man.

The initiation of the human race into full consciousness cannot be conditioned or evaluated on the scale of human thought. For precisely this scale and the values of this scale must be totally outdated, if not destroyed, so that Man can advance towards the infinite corridor of universal consciousness. The psychological supports from the spiritual or sacred that are revealed to him are only temporary pillars allowing the energy of consciousness to penetrate the human ego, in order to harmonize it somewhat with a future dimension of its development, of which it will have to become aware one day or another.

But this awareness will never be as predicted by Man, because everything that Man foresees is on the scale of Man, everything that Man sees is on the scale of Man. This is why the initiation of humanity, the preparation of humanity, will never be predictable, either individually or collectively. That is why all preparation implies destruction at its end, so that a new generation of forces can penetrate human consciousness and elevate it vibratorily to the level necessary for transmutation.

In the years to come, Men will be bombarded in their minds by forms whose energy will be used to transform their minds and direct their gaze from the outside inwards. Although these forms will be on the scale of the individual, according to his nationality, temperament, culture, religion, they will all have the same goal, namely the vibratory elevation of human consciousness and the actualisation throughout the world of a greater personal consciousness, which will increasingly seek the limits of evolutionary consciousness and the points of reference of this world consciousness.

More and more men and women will seek to meet men and women who think in the same direction as they do. More and more people will seek to harmonize what they feel or know with other people. So that a great reserve of human beings will be formed in all nations. And of this reserve of Men, all forms of revelation will serve within the framework of the laws of attraction and repulsion.

In some cases, personalities who have been the seat of certain revelations will attract a number of people to them. In other cases, other personalities who have been the site of revelations will eventually create repulsion in those who were initially attracted to them. For all Men evolve and all Men, little by little, lose their illusions. And as the sails fall, as the spiritual and social experience is transformed into a totally personal and internal experience.

The common dominator of all Men before the cosmic is total ignorance. Any other allusion, or any other illusion that Man has of the truth is part of his integral experience and is only part of that experience.

Man is subjected to such a distortion of reality, because of his senses and also because of the decrease in the power of his mind over his extrasensory perceptions, that any value he gives to reality is only a primitive and essential reflection of his ignorance.

And his greatest margin of error lies in the power of his mind, to believe in his mind. This vicious circle can only be broken by suffering which destroys form when the ego has developed enough real forces and, when it has sufficiently confused the illusions of its own mind. As long as the ego has not confused the illusions of his own spirit, he is powerless before his own spirit, and this powerlessness remains with him until the day when he feels, when he knows, when discernment is an integral part of him, and when doubt can no longer penetrate into the calm regions of his mind.

Man must understand that any revelation, any expression by the words of the sacred spiritual in him, is both a form of penetration of new energy and at the same time a force that delays the perfect understanding of these energies. The duality of the human spirit will automatically seek to form in the human spirit a positive pole in relation to this revelation.

But the human mind also has a negative pole. And it is the latter that will eventually have to come into play, so that the negative and positive pole, the duality of the spirit, may be destroyed to allow total neutrality, synthesis, emptiness, knowledge, where all forms are powerless over the spirit, to prevail in it. For the spirit, at that moment, creates the form itself, since it is totally free of it and evolves and will evolve outside it, in order to propagate new forms in the future, that is, to allow Man to know new things not based on the spirit of the old things.

Thus, whatever the nature, the spiritual height of any revelation, of any revelation of the sacred, the form is always the primitive manifestation of the reality that supports such a revelation. And the spiritualized ego must be wary of this form if it wants to go beyond its limits and increase its resonance to pure consciousness. Any Man who knows these things and applies them, verifies them by himself, will discover their reality and also the realization will come to him that any foundation in reality requires the destruction of any spiritual and pictorial foundation.

The Man of Tomorrow no longer has a choice. He must go totally towards the void, that is, infinity, or continue his experience in the direction he has already known in order to come out one day, later, on this or another level. But if he ever has to know the mysteries of this plan and others, without having to share with Men the illusions of his planetary spirit, he must live at the limit of his spirit, that is, in the emptiness of his spirit, where the real full, where reality coexists with the soul, the ego and the personality, where the interior and the exterior coincide, and where the invisible penetrates the visible, and where the visible becomes the support of the manifestations of the other worlds.

Those who go into the light do not go into the light in the way they advocate movement, but will go into the light in the way it wants them to approach it. This law is irreducible, it is a law of initiation, it is a law of transformation whose goal is the total transmutation of Man on all levels up to the material.

Thus, it is natural for Man, in the early phases of his evolution towards other dimensions, to recognize in himself aspects or others of a personal revelation. But it is also natural for Man to overcome the human forms of this revelation so that he can, at some point, generate in himself the very powerful forces of universal consciousness which, like a torrent, overcome all the obstacles of his spiritualized ego and bring this ego to the shores of the calm, oceanic, and infinite knowledge of consciousness.

Your small, personal, personalizing attitudes will be subjugated by the power of this consciousness whose strength, whose penetration, will mark on your face and in your mind the power of a god whose spirit you can only understand today or recognize the face to the extent that your mind has been educated or revealed.

Look inside yourself and look for if there is not, somewhere in a corner of your mind, the slightest spark of pride or spiritual vanity in relation to any revelation that has been transmitted to you. And if you see such a spark, know that its fire, one day, will have to devour your mind, in order to free it from the form that has been printed on you, in order to elevate your mind, in order to propagate your mind, in order to help your mind. But consider that this work of consciousness goes beyond the personal ablutions you can do to yourself, in the mind of your mind. As long as you are in the mind of your mind, there are two aspects of reality in you, a subjective personal, human, other objective prepersonal cosmic aspect. And these two aspects must fit together, not look at each other in the mirror.

Many will be called, for many will have been seized in their minds by some form of revelation. But few will be recognized because the revelation in them will not have been transformed in the writing and the clear and limpid text of the knowledge that comes only from consciousness, and that can only be executed by total discernment.

Where spiritual wisdom opens wide the doors of human and world competition, for the Olympics of Infinity, few men and women will be granted the laurels of victory in this first movement of planetary evolution.

The spiritual Man of the Earth must become the cosmic Man. And the difference between the two is enormous. For in one, the spirit of Man dominates, while in the other, the spirit of the trinity in Man dominates, and I am talking here about the trinity of the forces of light. The spirit of the Trinity and the spirit of Man are two different spirits. While the spirit of Man is part of the spirit of the negative trinity by virtue of its planetary condition, by virtue of its connection to form, the spirit of Man is part of the positive trinity, when he has totally subjected his spirit to the laws of that trinity. And the laws of the Trinity of Light are simple:

The first law is the one that requires Man to know without interposing his belief.

The second, that Man knows without believing that he knows.

The third, that Man should understand without knowing why he knows.

Any interference with this law of the Trinity of Light forces the spirit of Man to believe that he knows, to establish that he knows, and to seek the approval of others.

The subtle nuances between the laws of these two trinities make Man a free being beyond the spiritual form, or make Man a being composed of both spiritual impressions and subject to the laws of the spiritual form. In the latter case, although there is spiritual development, there can be no discernment because the spiritual form is still too powerful to allow the human spirit to fully ally itself with principles that are both external and internal to itself.

Thus, recognize in yourself that any form of revelation is only a step in your evolution, and know that at some point in your life, if you are to experience total transmutation, you will have to go beyond the value of this revelation that you attach to your personality, in order to secure it and give it a particular spiritual color.

The warning here does not apply to all, that is, it does not apply to all those who are in the process of evolution. But it applies to all those to whom a great and important revelation has been made, in order to raise in them certain spiritual forces which, in the context of personal and social evolution, play a predominant game, and a game that exceeds the personal understanding of the receiving ego.

The more likely you are to be influenced in a given social environment, the more likely you are to be a receiver of some form of revelation. When the work done in relation to the exploitation of the value of revelation has been completed, the day will come when you yourself, personally, will have to totally clear the highly spiritualized ground by the form of this revelation, so that you can, at some point, yourself, cease to be slaves to the form to continue your evolution towards total discernment.

017 - The death of the old ego

The death of the old ego and the consciousness of the new ego.

The psychological awareness of Man and his influence on everyday life depends closely on the awareness of the movement of energy within him, and on the exact and precise understanding of this movement.

Man cannot ignore the intelligence behind the material appearance of his actions, because such ignorance can only lead him to a generalized failure of his organism, both mentally and emotionally as well as materially. It is essential that Man readjusts his vision of reality, the vibratory reality of his being, in order to be able to follow the rhythm of his energy and not to counteract it with activities that interfere with it, activities based on the disagreement between the old ego and the forces of life. The energy of Man must first be perceived before it can be understood in its functioning.

As long as Man has not realized that he is indeed in an intelligent relationship with another plane of reality and that this plane has a concrete effect on his material existence, it is impossible for him to understand how much his life is in close relationship with creative forces that work in him for the possible purpose of being recognized, by electrically and chemically manipulating his being, not to mention the thoughts that flow towards him and which serve to support his role as an intelligent being on the material level.

Man is fundamentally an evolving being, not only in terms of his rational intelligence, but also in terms of his intuitive and creative intelligence. Today's Man conceives only for the short-term benefit of his material life, and does not realize that this benefit is artificial if it is not the result of a total integration of his being and if he is not aware that there are hidden mechanisms within him that serve to link him in his evolution to forces of high intelligence that are at the very basis of his vital and creative function.

But these forces can only come into mental contact with Man to the extent that his mind has opened up to their reality. The interpenetration of these intelligent forces with human intelligence produces an acceleration of Man's intelligence and allows him to increase his power of life and creation. However, the most difficult obstacle to overcome in this awareness is the ego's natural desire to lead its own boat, when in reality he is unable to lead it perfectly, because he constantly undergoes obstacles of which he does not understand the deep reason for its existence. This misunderstanding forces him to undergo life as it presents itself to him, instead of moulding it to the greatness of his creative will.

It is not enough for Man to live his life as he is forced to live it. He must live it as he wants to live it, meaning as he can live it within the framework of his own supramental potential. As long as Man lives his life on the level of his lower mind, of his conditioned intelligence, this life will never know how to be what he has always secretly felt it could be. Precisely, because he will not have understood that to live his life as we secretly feel it, we must stop suffering it, and develop the hidden forces within us that prevent us from accessing it.

But these forces, this intelligence, which hardly pierces the surface of human consciousness, can no longer pale before the intelligence and reason of Man when it began to manifest itself in his life. It then becomes more and more powerful and grasps more and more the Man in his growth, and makes him recognize his presence and his power over the events of his life.

Only then does Man begin to grow and understand his life. It is then that he realizes that life is much more than what it represents on the surface, and that understanding its secret leads him, one day or another, to know and understand all its aspects. Unfortunately, Man can only begin to understand life when it marks the face of his sign. But from then on, it took on another meaning for him, and it was from that moment that he began to live.

At first, he fears his self-centered reactions, because the forces of life are not yet adjusted to his creative will, but rather to his personal desires. And it is his personal desires that interfere with the vibratory harmony that must exist between him and the intelligent forces of life.

The human ego is made up of mental and emotional energy. This energy provokes reactions in Man when they are confronted with a type of new energy that Man has not yet learned to integrate into his life. So that the original reaction of the ego is sometimes hostile to this new consciousness in him that pierces the thick walls of the conditioned consciousness. This is why the New Man must live an initial, difficult period before fully understanding the mechanisms of supramental consciousness, which force his presence and seek by all means to reduce, possibly eliminate, the forms that constitute the foundation of the lower consciousness.

In the ancient Man, the Man whose consciousness has been conditioned by his external senses, it is impossible for him to react intelligently to the hidden movement of internal forces. But the New Man, because of his sensitivity to internal forces, and helped in his understanding of their mechanisms and laws, will be able to access a consciousness proportional to his power to undergo the penetration into him of these forces, until the day when he will be able to use these powerful forces according to the harmony of his ego with them.

The power of Man has never been so diminished as in this period of history. And yet, humanity has never before been so close to realizing the inner greatness of Man.

Why, then, are things so unclear in the minds of those who need to know about this new cycle of evolution? The answer is simple but veiled. On the one hand, the new Man will be made conscious by invisible forces whose close relationship with his own life he does not know. Secondly, these forces have the power to accelerate or delay the awareness of Man, depending on whether it is favourable for the total good of mankind, and not according to the personal desire of the human ego.

So that Man, the individual, is obliged to live an uncertain period, until the moment when certainty takes hold in him, not because he has seen, but because he has felt or heard, in himself, the truth of the experience that leads to the other dimension of material reality. It is here that the choice is made, that is, the sharing is made between Men: those who have in them the power to know power, and those who do not yet have in them, in this life, the power to know power.

Those who need to know about power in the future are already marked by it. But they must develop the necessary awareness, in order to recognize it and await its manifestation. Since Man is about to know power, it is normal that those who are destined for it, feel it, seek it, but do not yet realize it, because power has not descended on Earth, on the globe. It is waiting for the right moment when it will have to be used to raise the vibratory rate of those for whom it is intended, and this, when the time will have come for this manifestation. During the waiting period, Man must be prepared so that he does not suffer from power when it manifests itself on the globe.

Man's power is not merely an expression of a human desire, but a manifestation, in Man, of a power of which he is no longer aware, but which is, and has always been, present in him. But power is governed by laws, because it is emitted, manifested, according to modes of intelligence that go beyond the limited dimensions of human experience. When Man is present in his inner mind, it is easier for him to understand the reason for these laws, if only within the framework of ignorance of his own ego, whose weaknesses and shortcomings he knows too well. How can he conceive, then, the possession of power, if this possession endangers both the planet and humanity?

Man is not without knowing to what extent he is primitive and unconscious of his actions, of their scope. That is why power must be transmitted to Man when he is sufficiently aware of the limits and weaknesses of his ego, so that the forces that he cannot stop in their destruction if they are misused do not unleash on his globe.

The new psychology of Man will put him in mental contact with the higher beings of the galaxy. Thus, his psychological behaviour must be totally transformed, in order to allow him to undergo, without sagging, the shock of realization that must be accompanied by such an experience.

In the past, Man has conceived his evolution according to projections that were personal to him or more or less modelled on certain philosophies emanating from a few centres of thought on the globe. But in the future, humanity will no longer be indebted to human efforts in the field of philosophical thought, but rather to supra-material efforts directly linked to the activities of the forces that dominate and direct the evolution of the planet Earth. This is why Man will no longer have to make efforts in the field of knowledge, because it will be given to him in direct relation with the forces of life that must lead him to another dimension of material, mental and spiritual life.

Whatever Man's desire according to which he seeks knowledge, the latter, in its most hidden aspects, can only reach him by crossing the forces of light in him and his spirit. The matter is far too dense for Man, by his own efforts, to be able to free himself from it alone. He will need help, and this help will be provided according to his specific life plan. The forces of evolution do not have absolute control over Man, but they have a vibratory power. And it is from this power that Man, one day, must feed himself, in order to raise the vibration of the planet and allow him to be counted among the great globes of the galaxy.

The old Man will be forced to lower his flag in front of the new Man, because the latter can no longer be trapped in the game of his materialistic and unconscious psychology. As much as conditioned psychology has served the ancient Man during his evolution, so much it will be meaningless for the Man of tomorrow. So that the human relationships between the two will no longer be the same, except only to the extent that the new Man will no longer be able to discover any attraction for the old psychology.

This change of perspective in the life of the new Man will create a void in him that he will be able to fill in his new relationships with those who will understand exactly what he feels and perceives. From this new way of life will grow a new society that does not belong to any country or people, because the limits of this new society will extend from matter to the invisible. And it is from this new union between the spirit of matter and the spirit of the invisible that Man will be nourished.

It will be impossible for the ancient Man to understand the new Man, for the latter will no longer be of his own race, but of a new race whose distinction will be characterized only by a different degree of consciousness, rather than by a degree of color.

New life will gradually spread, and will cover all aspects of the experience. What was, will be questioned, because the past will no longer have any power over the new race. Whatever the degree of impression and conditioning, the new era will represent a lightening of the human condition, for life will no longer be lived within the psychological limits shaped for centuries by Men whose thoughts were forced to mould themselves to the material form of existence.

Atrophy will be replaced by a vast, profound, and very personal vision of life, and those who enjoy this vision will have a common and universal understanding of its greatness and reality.

Man will no longer suffer in his ego, because it will have been relieved of the heavy burden of illusory forms that have enslaved his mind and amputated his internal power. The awakened ego will then become the support of the great forces that must descend into the matter to raise its vibratory rate and subject it to the laws of the spirit. The use of suprasensible intelligent forces to increase the vibratory rate of matter is one of the most important points in the evolution of mankind on the earth. However, this activity raises serious dangers as soon as Man has lost the vibratory consciousness that constitutes the perfect shield against the subjective desires of the ego. Such a loss of consciousness can only endanger the planet and relegate it to the camp of the forces of black magic.

The ego of Man can only claim the wisdom of intelligence, or discernment, when he has been sufficiently conscious to allow the forces of life to penetrate and serve as a channel for them. The wisdom of intelligence, or discernment, is a power of the mind of Man over the mind of emotions. And it is through this wisdom that Man will learn to recognize the enemies of light.

Any form can be used to hide or pretend reality. That is why Man, for his own personal protection, must be able to invoke his vibratory power to correct the influences and effects of form on his mind. The education of the new Man will not claim the total perfection of his being, but will serve as a springboard for the elevation of his spirit during his future experience.

When Men have turned sufficiently against reality, part of this humanity will have progressed and will be ready to part with it. Separation will be the sign of the beginning of the new age, when two types of Men will evolve on the globe, the old and the new. The end of the old Man will be recognized by the new Man, because only the latter, in possession of his vibratory faculties, will have the facility to discern the new vibration, which will allow him to break through the different and multiple illusions of the personality. Armed with this power, it will be easy for him to determine what real life means to him, despite the enormous mass of illusions that surrounds him and make him inaccessible.

This revolution in Man will be accompanied by such great internal power that no Man can now be influenced by any form of old life. Confident of himself, this new type of Man will entrench himself from the demands of a life conditioned by a false vision, while a totally new vision will open up before him and allow him to access the highest possible level of experience on this planet.

Life will no longer be the same and can no longer be lived in the same way. For its base will have been destroyed by the vibratory shock of the new energy that will pierce the shell of the personality, linking the latter with an ego conscious by a mind directly fed by the suprasensible planes that Man can know by the power of his mind awakened to reality.

The actualization of this new human phenomenon on Earth will be the precursor to the great upsurge in the world of forces seeking to drive man away from himself. The forces will be so powerful that the uninformed Man will not be able to understand the plan, and from this ignorance many will suffer.

Man will no longer know where to put his head, for in whatever direction he looks, everything around him will be unconscious. This unconsciousness fuelled by Man's desires and passions will create in him such despair that Men will no longer want their lives, because it will no longer have any real value. Life will be plastic and confusing, the fundamental questions will no longer have answers and Man will be forced to suffer the yoke of his ignorance and disqualification.

As the Earth is invaded by forces of all kinds, a small number will come from all the countries of the world to ally, to meet and to hear each other, because they will be aware of the supramental vibration in them. They will be a small but powerful group, because everything will be given back to them, both knowledge and power. But these Men, because of their other consciousness, will then have to move away from the surface of the Earth to find refuge in a parallel dimension of matter, where the spirit will have empire over matter and will allow these Men to live a life in direct relationship with the forces of light.

The role of the New Man on Earth will be creative. His time will no longer be the time he has known, but a new time, in which he will be able to move around in order to study and discover the laws of the universe. The new human kingdom will complete the phase of human mental development and establish the first conditions for the development of a society governed by the laws of the spirit on the globe.

This society will grow and spread to all corners of the world, and will never be divided, for those who have composed the body will know the laws of vibratory energy that underlie any creative effort born of intelligent and governing consciousness, of which they will be the active agents on the material and etheric level.

Men will no longer have the ability to divert the creative forces that watch over the evolution of the globe because they will have been connected and unified to these forces in their experience of transition from one life plan to another. The forces of life will then be made available to Man, and the latter will perform wonders on Earth. From the deepest and most secret folds of the planet, these Men will be able to act and ensure that nations evolve towards greater harmony. Entire peoples will be creatively influenced, in order to allow them access to a greater manifestation of their national characteristics, within a framework of balance and understanding with the surrounding nations. All governments of the Earth will be instructed by the emissaries of the new race, for they will have the power to make their voices heard.

New Men will have lost full consciousness of their previous life, that life during which matter had dominated their senses. The new life will be total, and the past, the past of this old life, will no longer exist. Individual consciousness will be so great that Man can only look to the future and work to build a new world, a world that is both wonderful and very young. But the youth of this new world will be the mark of his conscience and not of his immaturity.

The veils of science will have been lifted, so that society will reflect on the greatest and most sumptuous things. Creative forces will dominate, by their presence, in the consciousness of Man, the latter's efforts, and will allow the latter to benefit from their presence. The Earth will then know its paradise and Men will be the proudest inhabitants. Based on new organizational principles, the new society will only be able to go beyond the limits of the old and conquer the highest plateaus of social perfection.

As much as the old Man will have given in to the forces of all kinds that dominate his consciousness, so will the new Man be freed from these forces and will be able to preserve the natural balance that exists between him and the spheres hitherto unknown to the majority. The forces of involution will have to withdraw because Man will know the illusions and manoeuvres. The transition between the old ego and the new ego will allow Man to realize the limits of his psychological endurance against the powerful penetration of the forces of light. He will see to what extent he can support them in himself, without failing in his relationship with them. His experience will mark the beginning of universal consciousness in Man, and only the individual will be able to measure this level of consciousness according to his relationship, more or less narrow, with the creative intelligences that direct evolution and follow Man in his journey towards the infinite.

The connection between Man's etheric consciousness and his material consciousness will create the first bridge between cosmic science and material science. So that the latter will see its last days and will be replaced by a science so advanced, that everything that is known today in the largest research centres will be outdated. New science will be the true proof that Man will finally have acquired the right and power to work with the forces of nature. Its creative power will awaken in humanity a great sense of love for science, which can only be realized at its true value when Man works according to the laws of evolution, and not according to the laws of destruction.

The old ego of Man, one who understands only by his material senses, and evaluates only by the presence of his senses, will have lost his intelligent effect on the emotional form. And this loss of control over this form will ensure the total domination of mental energy in him. Energy of which he has no consciousness today, because his presence can only be felt in the case where the emotion has been sufficiently readjusted, that is, made creative according to the objective quality it can possess when the ego is sufficiently conscious of the illusion of temporal free will. Only to the extent that this free will has been truly perceived in its necessary illusion can the ancient ego finally and gradually readjust to its own reality and begin to vibrate according to the vibratory energy that is at the very foundation of human power.

The spirit of Man must be considered as part of the universal consciousness, before the latter can realize the power of this consciousness. Thus, when Man has ceased to consider himself as such, that is, as a subjectively intelligent being, he then begins to become aware in himself of an infinite value of intelligence that does not belong to him in himself, but which is part of him, because it passes through him.

The ancient ego, dominated by the need to understand the material world, has necessarily obstructed its real vision of nature and the principle of intelligence. And it is from this necessary error that the evil committed by Man because of his intelligence flows. It is not the intelligence of Man himself that must be considered at fault, but the emotion of Man in his intelligence, that condition which only the destruction of the lower mental body can eliminate when the emotional body is subjected to the vibratory manifestation which must reduce the value of any emotion to a supramental understanding of that same emotion, in order to free the ego from the consequence of emotion on its mind. A serious consequence in the context of supramental consciousness, because it forms the barrier that separates the world of matter from the parallel worlds.

The transmutation of the old ego into the new ego will be so profound that the Man of the last generation will no longer want to participate in the material life of this last generation. Time alone will bear witness to this real mutation. It is impossible for an ego to know the nature of its progression in the profound change of its being, because it is precisely this change that allows it to achieve change.

The penetration of life forces into the consciousness of Man is not an exercise in the materialistic intelligence of Man, but in the supramental intelligence of the latter.

This is why any Man who tends towards supramental consciousness discovers one day or another that he is no longer the same, except in the psychological constitution of his personal knowledge. For this knowledge will have been introduced by the opening of a higher centre in itself, not conditioned by preconceived ideas that it may have made of itself or of reality. His psychological being loses more and more power over his true being, because the reasons of yesterdays have been eliminated by the transfer into his mind of an energy that is not likely to be used to the advantage of his rational intelligence.

The actualisation in him of a new faculty becomes his personal support and the foundation of his growing individuality is more and more integrated and integral. The quality of life changes over time, and the ancient man dies, little by little, like a flame that has been stopped for lack of oxygen. As the new intelligence settles in him, he sees very well that his present life is simply a page that he must turn, so that it may be established, in a certain future for him alone, that on the other side of material life extends an even more real and vast life, because it contains the secrets of creation.

As long as the ancient Man has not sufficiently disappeared from the consciousness of the Man of tomorrow, the latter must suffer the presence and smallness of it. Patience then settles in him, according to the degree of his natural wisdom, and overcomes the ancient Man. When patience has finally made the last blow in the latter's body, the foundations of the new reality are felt under his feet, and he sees that he is ready to tread them without fear, filled with the deep and serene joy of the life announced long ago to Man by those who knew its secrets and hidden grandeur.

Those of you who seek greatness, it will be given the opposite, for the laws of the spirit are opposed to the ego, that is, the laws of the spirit predestine the ego. Any ego seeking to predestine itself will have to be disillusioned before it can sit before the great ones who govern, and who, because of their very advanced evolution, prescribe to Man the generative functions of the evolution plan of the planet Earth.

018 – Discernment

What is discernment in the light of supramental thinking?

It is very important for Man to realize the traps of the mind, because it is these traps that determine the quality of life and allocate a greater or lesser margin of error prone to make human life painful beyond such justification. And Man is naturally the victim.

As long as Man has not understood the basic principles concerning the relationship between the spirit in him and the intelligence of the spirit that breathes thoughts into him, it is impossible for him to discern perfectly whether such or such thought is beneficial to him humanly speaking, or whether it only serves him to overcome certain psychological limitations due to his lack of maturity and experience.

Men have the impression that they are on the material level to suffer, when in fact they suffer because their level of intelligence and discernment is insufficient to thwart all the efforts of the spirit in them, which only seeks to provoke situations so that Man, according to the experience of these situations, comes to understand how to live his life well.

Discernment is so vital for Man that he who is devoid of it cannot live his life to his advantage. That is, he will always experience life, without being able to control the factors that will give him a possible, pleasant, and enriching overview of his personal experience.

Discernment seen from the point of view of supramental psychology is based on the principle of protecting the individual against the impulses that pass through him or her and give rise to movements and actions that may cause him or her to suffer, rather than bringing more and more balance and true peace.

Discernment corresponds to a high faculty of the spirit of Man, and its power is only acquired when Man has finally realized that he is not on the material plane to suffer, but that he suffers because of his ignorance of the laws of the spirit.

Discernment can only be acquired when we have grasped the importance of putting an end to suffering in our lives, and have decided to apply our will to everything that harms our true peace, taking into account those around us.

Obviously, discernment seen from the supramental point of view is not philosophical discernment, but rather an inner capacity to judge with more or less perfection, what is vibratory, this or that action according to whether it is appropriate and likely to make our lives more liveable.

Men being prisoners of forms as they are, live at the mercy of these forms and cannot benefit from the supramental discernment that is beyond or above these forms, and that allows Man to live an increasingly free life.

Until we realize that we have suffered enough, until we realize that there must be an end to suffering, we cannot apply our will to the factors in our lives that are responsible for that suffering.

Discernment is a power of supramental intelligence that is not disputed, once the mind of Man has been harmonized or made aware of this intelligence. But the supramental intelligence must first be adjusted to the mind of Man before he can benefit from it with his eyes closed. As long as the intelligence is not sufficiently adjusted to the mind of Man, the latter, prisoner of forms, cannot see the nuances and tricks of this intelligence against his mind. It is then that he experiences the first contact with the supramental intelligence, and that he must live certain experiences in relation to this contact, until the day when suffering helps him to understand that the supramental intelligence in him is really part of him, when he has understood it.

The penetration of the supramental into Man is accompanied by all kinds of deformations, for the forms of the lower human mind must be destroyed. It is the result of this destruction of forms in the human mind that gives Man discernment.

From this point on, Man is free and any experience before him is under the control of his mind. That is, he is no longer subject to life, but can live it the way he is the master. It is at this moment in his life that suffering cannot penetrate into Man, because discernment is the perfect vision of what he must do, comes both from the intelligence of the supramental in him and from the harmony of this intelligence with his spirit. Man is then in full possession of his faculties, and no force, no intelligence, can intervene to make him lose this harmony of which he has conquered the right and the power to possess forever.

The great problem today with spiritual people is that they have not yet learned and understood that contact with the spiritual spheres is only the first step towards the supramental. And that this stage serves to open their minds to realities that go beyond the limits of the senses, but which must eventually lead to total harmony between the human plane and the supramental plane. As long as these people have not understood this essential step of harmonization between the supramental and Man, they are subject to experiences of all kinds, often very painful experiences because they have not understood that Man must be harmonized with the supramental, and that the supramental must also be in harmony with Man, that is, that Man must not act blindly under the dictations of the supramental.

If the dictations conform to human well-being, as seen and heard by Man, everything is fine and life is easy, pleasant and vast. But as soon as Man begins to suffer the yoke of supramental consciousness because the spiritual forms in him prevent him from seeing further into his illusion, it is time for him to wake up and learn to discern and not to let himself be abused by forces that must serve him instead of chaining him up because of his lack of discernment.

Man has been so poisoned by spiritual forms, which only served to raise his level of consciousness outside the purely material plane, that he has forgotten that his role, on the material plane, must be played in relation to the forces of the invisible, but not under the yoke of the invisible. Discernment is the only tool that Man has to escape from this yoke in order to be able to live and work with these forces.

Without discernment, Man is devoted to the unceasing exploitation of his psychological weakness, and it is only through the experience and understanding of certain fundamental principles of life, of the spirit in him, that he can get away with it. It is no longer just a matter of being spiritual, but of using these forces to raise the level of consciousness on the planet and transmuting matter with these forces. This is the purpose of the contact between Man and the forces of the supramental. Any other link with those forces that do not serve Man and disfavour him, until the day when he understands the real lesson of the supramental life in him.

It is not through the supramental forces that Man will be given the opportunity to understand his relationship and evolving role with them, but through the mediation of certain Men who understand the laws of the supramental and who serve as a bridge between the old Man and the new Man, so that the latter can grow in the total understanding of himself.

The will is part of Man, but Man does not know it, because the forms interfere with the application of this will on the material level. As long as Man has not suffered enough from his foolishness and developed the necessary strength to correct his action in the light of the activities of the supramental in him, as long as Man gets caught up in the necessary interplay of supramental forces, he has not understood his lesson and it is only in experience that he will understand it.

It suffices for Man to realize that the forces in him seek to penetrate by all means, and that he is aware and comes to not get caught up in their game. This is what I call discernment, the great discernment that is greater than wisdom, because even if one is wise, one can let oneself be caught by supramental forces.

Wisdom is to love what discernment is to intelligence. Love without intelligence can be the cause of suffering enormously for the Man who is not aware of the laws of the spirit. Read the story of the martyrs and you will understand. Everything we experience on the material level is lived according to our degree of discernment. As long as discernment is not developed, we are subject to life and a life undergone is not a free life.

Discernment coincides with the highest possible form of intelligence to Man, for it determines the degree of intelligence required to purge life of the pitfalls caused by emotion. Emotionality is the root cause of lack of discernment and represents in Man the very reason for his primitive state in relation to the understanding of himself and the great hidden phenomena of the universe. As long as Man has not overcome his emotional subjectivities, it will be impossible for him to live his life according to the broad lines of supramental intelligence, of which discernment is the fundamental quality, a quality that protects him in his activity and allows him never to act against the laws of evolution.

Human emotion is part of the burden of human consciousness. Even today, and for some time to come, emotion will be the driving force behind human action. And Man will still consider it as essential to a life he will believe to be well lived. But this dilemma is part of the evolution of Man, and as long as he has not conquered his subjective emotionality, it will be impossible for him to see the delaying effect in his life.

Discernment is an inner power that dictates without error and without compromise. This inner strength comes from the vibratory adjustment of intelligence and emotionality. So that the Man who truly possesses it amplifies the experiential value of his life and always gravitates towards new heights of experiences forbidden to the one who, because of his constant errors, loses an enormous amount of energy and an incalculable quantity of opportunities, within which he could emancipate himself and live a larger and more fulfilled life.

We have the bad habit of not being able to rely totally 100% on ourselves, because we have lost confidence in ourselves. And this trust, during our past experience, has been eroded. Precisely because our discernment was insufficient, we could not realize that total self-reliance is a fundamental key to supramental life.

The penetration of supramental consciousness offers us the possibility of realizing the very nature of the errors we tend to make, and this in relation to forces that invite us to do them, as long as we have not understood the play of the mind in us.

As soon as we have understood this game, our psychology adjusts, develops, and we realize that it is necessary and possible for us to act with great clarity as soon as we have suffered enough to be fooled.

The spirit invites obstacles so that Man can learn from his mistakes. In fact, there is no real error since everything is used for evolution. But there is real suffering, which can be avoided when Man has finally learned his lesson. That is why we are told to learn not to believe the spirit, but to rely on our intelligence and to draw from the harmony of our intelligence what we need to function well and live pleasantly. But the mind knows our weaknesses and this is where it sets the trap for us.

If we get used to not being surrounded, we will learn to see through the traps of the mind. This is discernment. But too often, we need several experiences before we can see through the game. But when we have understood correctly, it is impossible for us to lose sight of the situation. Then there will be another trap and so on, until the day when the supramental forces become very sharp in mind, they will no longer have to do anything wrong with our mind, and we will finally be able to fully benefit from the supramental intelligence in itself.

But first we must begin by realizing that any relationship between Man and supramental forces is a relationship of perfection. And this improvement comes only gradually, so that discernment also comes to us with time. The more the struggle between the forces and Man increases, the greater his willingness not to suffer. The less he suffers, the more centered he is, and the greater his discernment. As long as Man lives at the expense of his spirituality, he is more subject to the game of the spirit, because already, through his spirituality, he accepts the games of the spirit.

But the suffering imposed by the obstacles during the relationship between Man and supramental forces, must eventually end, because Man then refuses to suffer. His sensitivity to suffering having been increased because of contact with forces, must at some point decrease and finally disappear completely, because Man has finally developed discernment which is his great protection against suffering of all kinds. The spirit in him is then powerless to make Man suffer. And it is at this moment that the latter is ready to work with him, with the forces whose mechanisms of action he needed to know in life, in order to be able to work with them.

As long as Man does not have discernment, the forces will be forced in all ways to bring him to this discernment. If they fail to do so, they will have to postpone the real relationship with him until another time, because his immaturity could disturb the life plan they have for the new humanity.

Thus discernment is not only important for Man, but also for the supramental forces acting within him, for Man is a carrier of light, and this light must be carried perfectly. Neither the forces of life nor the forces of destruction can act without perfect harmony between them and Man.

In the case of the forces of destruction, Man is a slave to these forces and dominated by them, so that discernment is impossible. In the case of life forces, Man must acquire discernment, in order to be able to freely exercise his power on the lower planes, but always in harmony with the universal intelligence in him.

Discernment is not only a prerogative of Man conscious and mentally harmonized with the forces of light, but a necessity that must be agreed upon through the relationship between Man and the forces of light that operate in him and use him as a channel.

It is quite obvious that the forces of life can never use as a channel for a Man who has no maturity, no discernment. This is where they come in, so that he can learn from his experience to harmonize his intelligence with theirs. This always depends on the evolution of his emotionality, because it is through it that he must pass before recognizing how much it affects him in all his actions.

Discernment is a powerful force of the spirit in Man that binds him to himself, which is, to that part of himself that is infinite and perfect.

The ego's shield against this force resides in Man's attachment to the psychological value of his emotions and personal thoughts that have not yet been imbued with the fire of light. Fire that destroys EVERYTHING that is subject to delaying the formation of the channel that must be used by the forces of the spirit to create in Man the ideal conditions for their movement towards matter.

The forces of the spirit are not absolutely in control of the lower planes, and they must become so with time, for it is the forces of the spirit that permeate ALL of the divine brand in the cosmos. As long as this brand is not spread on Earth, Man will be forced to live a transformation of his principles, so that this reign may happen and the reign of the spirit may manifest itself on the material level. Discernment is the result of this penetration of the spirit into Man, and everything that Man manifests must be able to reflect this penetration.

But the ego of Man fears discernment, because the ego wants to taste life in the way it perceives it, rather than in the way it should be lived. This is why the unconscious ego has no power of life, because to possess the power of life, one must be in real life, that is, one must live life according to the laws of life. And it is discernment that gives us this power, because it is part of the intelligence of life, and not of Man's attitude towards life.

As long as Man has not sufficiently understood the laws of the spirit within him, it is impossible for him to have sufficient discernment to understand and correspond perfectly in his action with the very nature of life.

This lack of discernment prevents him from doing certain things, on the material level, likely to reorganize the vibratory matter of which he is composed, so that a higher vibration settles in him, a vibration that must bring him closer to total and perfect consciousness.

Discernment can never correspond with the appetites of the ego, because the ego does not have discernment, since it is outside discernment. Discernment is not of Man, but grows in Man, when the latter grows in the light of the consciousness of the supramental. As long as we are Men in search of ourselves, we try to get closer to the "ourselves that suits us". A very great and very serious illusion, because the "ourselves that suits us" is a projection of our ego. And this projection is not subject to fulfilling the creative functions of a conscious ego, but of an ego whose vision is tinged by an energy that generates in it a self-esteem, that is, a reflection that allows it to measure itself, face to face with itself or face to face with others.

Discernment is not based on any consideration of the ego, and is not rationalized, since it is already predetermined in its intelligence by supramental forces. Man must be trained in discernment, not informed about discernment. Discernment is a condition of the universal spirit through the mind of Man, and it is only when he has evolved sufficiently, emotionally and mentally, that this discernment becomes second nature, a natural aspect of his behavior.

If Man lived constantly in discernment, without being able to understand that he lived in the universal spirit, it would be impossible for him to bear the value of his actions, because he would not understand, by his ego, the reasons for discernment. However, discernment is not understood in the measure of its logic, but within the framework of the force that operates in itself, when it is lived. All intelligence carries more or less discernment, but it is only in the consciousness of Man that discernment becomes the major, and permanent, manifestation of supramental intelligence in him.

The actualization of Man, on the material level, always instructs him of what he should do, but the unconsciousness of Man is so great, that he does not become aware of this intelligence in him, and that is why it is said that Man has no discernment. He must always use his rational intelligence to decide, in brackets, to do this or do that, when he should just do it. But for Man to be able to rely on such a simple formula of life, his bodies must be adjusted, so that emotion and logic do not interfere with the intelligence of the mind in him. It is then that he possesses discernment, that is, the possibility of letting the current of universal intelligence pass through without interfering with it.

As long as Man makes efforts, he builds an energy shell linked to his personal will and desires. It is then that he acts against the laws of life in him, and that he unknowingly destroys the power of the force within him.

This force is willing to manifest itself, but the ego must give it a chance. However, as long as the ego has not understood the laws of the penetration of this energy in relation to the factors that prevent it, it is forced to withdraw into itself and thereby delays its evolution towards the supramental.

Discernment is conclusively the door allowing the energy of the supramental to penetrate into Man, and to shed more and more light on his vision of things. Without discernment, Man can never be sure of himself in the way he lives his life, and it is then that he prevents life from manifesting itself in him in a perfect way. Human education is a compass that marks the north so that its personality can be oriented. But this is not the true north, because it can only be marked by a compass that is not under the control of the ego. When Man has discovered the real North, his orientation changes, and the path of life on which he embarks is no longer the same. He then leaves behind the old passages to enter the secret passages of life, of which he himself becomes the ultimate explorer.

A fundamental key to discernment can help us to grasp its profound meaning. Whenever the ego must formulate a decision, and prevents itself from doing so for reasons based on subjective emotionality, fear, or any other reason that it knows deep down that it is not real and valid, it delays the development of discernment in itself.

It is not easy to develop discernment, because the ego must, in this movement of the spirit within him, give way to the vibration of the spirit that manifests itself intuitively. However, if the ego takes up too much space, the vibration of the spirit is not perceived, and discernment does not take root in Man. Then life continues to be lived outside of consciousness, and Man must continue to suffer this life that is not real.

Too often man refuses to suffer a decision based on discernment, for a short period of time, and will opt without realizing it for a longer, often much longer suffering that will have to last for years because of this refusal.

There is no substitute for discernment, it is the fundamental key to all life. And none other than Man, by himself, can come to recognize it, and to live it. As long as Man imposes limits on himself, he must live his limits. As long as he thinks he knows, he must live within the limits of his belief. That is why, the individual must at some point in his life, consider ALL through the light in him, and remove any obstacle to this light. In fact, Man must give himself the power of the key, depending on whether he has enough wisdom in himself to grasp its importance.

Discernment cannot come to Man all of a sudden, because his ego takes up too much space, too much space in his emotional and mental life

As he realizes this facet of his experience, it will become easier and easier for him to know discernment, and to see things according to the inner vision, a vision totally unconditioned by the emotions and reasons of the ego. Discernment is the greatest of the graces that man can know, and with which he can live in order to be able, later on, to create according to the laws of universal consciousness

Give Man life without discernment and he will destroy it. Give Man discernment and he will advance life to the limits of his power and creativity. Without discernment, Man cannot live, he must undergo life and suffer from it.

019 - Centrism and egocentrism

It is not a question of confusing egocentrism with centrism, since egocentrism is a subjective manifestation of the ego directly shaped by the character of the individual, and drawing its way, its color, its manifestation, from the temperament of the individual.

Egocentrism is a lack of maturity, it is a natural inability to put oneself in the shoes of others, to see a situation objectively outside oneself, it is an inability to be truly human in the universal sense of the word.

Egocentrism finds its place in Man because he is not aware of the power of the intelligence of consciousness in him who tries to equalize his relationship with Men, without depriving him of the intimacy of the relationship he has with himself.

The egocentric type never succeeds in detecting in others certain virtues that would make him a more amiable being, more respectful of others, more equal to others, in the universal consciousness of Man. The great misfortune of egocentrism is not that it prevents the individual from really being a Man, a being with the power to communicate, to extend outwards the creative faculties of his consciousness, but rather the fact that the egocentric being is unable to see the world around him as he is, because he himself is too blinded by a false conception of himself based on a constant reduction of his perspective towards others.

In egocentrism there are different forms of immaturity, for example: there is the immaturity of love, the immaturity of knowledge, the immaturity of interest in others, the immaturity of the perception of others, the immaturity of the real perception of oneself. In other words, egocentrism is a manifestation in Man of Man's immaturity.

All maturity requires that an individual can equalize his relationships with Men in order to form, in the environment in which he evolves, an equalizing society insofar as each individual has the respect of the other, without being equal to the other in creative ability.

On the other hand, a centric being, a conscious being, a being who realizes in him the pulsation of this intelligent consciousness and this consciousness which equalizes the relationships between Men by virtue of the universal law of Man, allows the individual to fully realize himself in his internal power, while fully respecting the power, the capacity for realization of others around him.

The centric being does not seek to diminish his relationships with society, with his entourage, but rather, seeks to constantly equalize his relationships, in order to create in his personal life an atmosphere that constantly generates a new form of energy, so that the interaction between him and Men is an interaction that seeks more and more to flourish and become creative.

The centric being does not seek to condition his environment according to psychological pretexts that are part of his subjective nature. On the contrary, he tries to constantly renew values with his surroundings, provided that these values are made possible by the very fact of his constant attention to their development. On the other hand, if these values are not possible, the centric being withdraws and reorganizes his life according to other possibilities that exist within him.

If we return a little to self-centeredness, we discover that the egocentric being has eyes only for himself, while the centric being has no eyes for himself, but he has eyes to see around him whether the relationships between him and society are healthy, balanced, a character where creativity can be generated.

Where the egocentric being will experience, for many years, a certain disdain for others, the centric being will constantly seek to establish, between himself and others, a relationship of communication, a relationship of balance that will serve both to the life lived by himself, and to the life lived by those with whom he will be in contact.

Many beings suffer from egocentrism, because they do not know that there is a universal consciousness in them, whose rhythm and pace are constantly developing, as the being begins to see and penetrate the illusion of his own ego. When this being has begun to see beyond this illusion, he loses this self-centeredness and gradually acquires another form of consciousness directly related to universal consciousness that over time gives him a centrism based on the close relationship between the soul and the ego, rather than on the relationship between the ego and the personality.

The egocentrism is the relationship of the ego to the personality, while the centrism is the relationship between the ego and the soul. Of these two relationships, the one of centrism is the most fundamental, because it determines in Man the possibility of generating in his social environment, constantly, a greater love of the other, a greater love of Man, without depriving himself and preventing him from living. While egocentrism will seek, even in a subliminal way, to wean the links between itself and the outside world, without realizing it, without often wanting to, because precisely, he does not have the maturity necessary to see the damage it creates beyond the border of itself.

If we compare egocentrism with centrism, it is to make it clear to those who are about to discuss these two different conceptions of the human being, and to allow them to fully appreciate the nuances of the difference between these two states of mind. Where egocentrism directs the psychological organization of being, centrism organizes the psychology of being. That is, where you find centrism in Man, you will be able to detect the penetration of the consciousness that organizes Man's thoughts and feelings, so that Man is increasingly recognized in his environment as a healthy, balanced and natural being.

Many times, egocentrism will manifest itself as a certain strength of character, but notice that in any strength of character based on personality in relation to a predisposition of the ego to immaturity, you will find in this strength of character a flaw, somewhere on the way, somewhere in your relationship with the egocentric being. And this rift, at some point, will create a division or even a rupture between you and this being.

On the other hand, you will find in the centric being, in the being that becomes more and more centric, an increasingly natural way of approaching the relationships between Men, of approaching value in ideas, of approaching the conception of the world, and you will see that the centric being is not really a subjective being, but an objective being whose growing consciousness is becoming more and more the envelope of personality and ego.

From the moment you know how to recognize in the centric being the superior quality of the conscious Man, it will be more and more difficult for you to deal with human egocentrism, because you will have discovered in this being a universal quality, which belongs by right to all Men, provided that these Men are conscious of a greater dimension in them than the simple subjectivity based on the appearance of personality and the concrete aspect of character.

To detect the difference between centrism and egocentrism, one must be aware of the existence of the reality of centrism inside oneself. And when we have perceived a little, even only a little, of the reality of this state of mind, which is really a state of mind, it is impossible for us not to be able to differentiate between these two states of mind. So that any possible contact with other human beings becomes a different contact, seen and perceived in a different way, because precisely centrism in itself has allowed us to detect the natural, objective allure of Man, versus the unnatural allure of Man conditioned by his personality and enclosed in an ego that cannot see beyond himself.

Centrism in Man is not only a state of mind, it is also a power of life that allows him to live his life in exchange with others, but never against others. While egocentrism in Man forces him, because of the lack of maturity, because of the real impotence of the natural temperament, to manifest himself in a conscious and vital way in accordance with the laws of life, so that the egocentric being is incapable of being perfectly in balance with others because he has not yet found, in himself, the perfect balance.

Although his egocentrism may give him the illusion of well-being, the illusion of maturity, the illusion of autonomy, this illusion is still based on a personality who has not yet discovered the real aspects of the ego and the very reality of the conscious ego.

If the centric being must one day see within himself that any manifestation of life passing through the path of the ego is a manifestation of a universal consciousness, it becomes evident to him that any other form of manifestation of the ego is subjective and must be considered as a distortion of the reality of Man, meaning an infirmity of the real character of Man, and of the universal character of the latter.

The exploitation of Man by Man is based, precisely, on the state of mind that we call "egocentrism". The exploitation of Man by Men is the refusal of the ego to consider with lucidity and precision the role in the life of all Men. So that this incapacity, multiplied on a very large scale on a planet, leads a civilization, a people, a nation or several nations, eventually, to the conquest of the strongest over the weakest.

Where egocentrism becomes a dagger in the back of Man, centrism becomes a channel through which the individual feeds other individuals around him, because he has the internal power to be embellished by a vision of himself that is not distorted by qualities he gives himself according to the hearsay of the surrounding society.

The supramental consciousness is the door that allows Man to live centrism and to develop in himself the necessary qualities that will allow him in time to develop this centrism to such an extent that any manifestation of his ego is in balance, in total harmony with the universal consciousness in him by which the universal consciousness is reflected among all Men.

The egocentric being can never find in life a total and real support point for his existence, because all formulations of the desires that he will undertake to develop and live, will always manifest a real inability to integrate what he really is with what he believes he is. Such a situation, if it worsens beyond the reasonable limits of egocentrism, will make this being, eventually, an unhappy being, a lonely being, a solitary being.

Indeed, where there is unconsciousness in the ego, there is egocentrism. But many spiritual beings are increasingly seeking to free themselves from this outrageous form of personality, in order to come closer and closer to an ideal or idealizing form of their potential.

It should be noted that these beings, although imbued with good intentions, will have to realize at some point in their lives that centrism, or the absence of egocentrism, is a faculty of the soul allowing the ego to fully realize itself in the reality of the light of the latter, with the help of a personality more and more harmonized with the ego.

Where Man enters into the error of egocentrism, we always find two aspects. The first aspect is obviously the absence of a universal consciousness in this Man who can give him an objective point of view on himself. And secondly, the inability of this being to realize that there is, beyond himself, another reality that influences the behavior of the ego without his being aware of it, or without his realizing it.

It is when the ego has begun to realize these two points that he gradually begins to lose its egocentrism, and to realize that there is, beyond itself, an intelligent reality that constantly organizes its life plan according to the qualities and defects of the personality, so that the ego can, through experience, become more and more a creative and equalizing force in society.

However, the work done by the invisible forces on the ego is constantly thwarted by the personality of the ego which is blinded by the external and internal forms of life from which it does not understand the laws, and from which he is suffering. The ego no longer has any power of realization, and the forces, the intelligences, who work in the spheres, have great difficulty in enlightening the ego, because the latter becomes increasingly unable to see beyond the steel wall that surrounds it.

So that egocentrism becomes with the growing Man, a natural formula of exploitation of his existence that gradually leads him towards the limits of life, that is to say towards the limits that he imposes on himself concerning the possibilities of life.

The centric being, on the other hand, develops more and more an affinity for the infinite realization of life, and for the infinite realization of life stages that are beyond the material world.

Unfortunately for the egocentric Man, there is no open door to the infinity of consciousness, and that is why today's generalized egocentrism in our modern society is a form of incarceration suffered both by the ego, and distressing the personality.

Man must become centric, in order to be able to realize the difference between what he was and what he can become. And it is through the contrast of the two states of mind that Man can most realize the fundamental difference between egocentrism and centrism or the door to the supramental. If you have difficulty grasping the nuance of this difference between the two states of mind we are talking about, it is a matter of you realizing in which you are in the state you are in when you are listening. If you listen, and your ego is not involved in the dialogue at this time, your state is a state of centrism. If, on the other hand, your ego is involved in the dialogue, your state reflects a more or less developed form of egocentrism.

Egocentrism always reflects on itself a life situation. In centrism, there is no reflection, the being is entirely unified in the manifestation of life, of consciousness, and the reflection that we live on the level of egocentrism is totally non-existent.

The fundamental rule of measurement for detecting whether there is one or the other is self-reflection, when a situation arises in oneself. The difference between the two states of mind is essential and must be precisely perceived, so that there is a greater perception in the being of the objectivity of consciousness that emanates from the penetration of the universal into Man and the reduction of subjectivity in himself.

When Man has understood the nuance between egocentrism and centrism, it is then possible for him to penetrate little by little into himself, and to realize that the qualities of which he once believed himself to be the carrier, are in reality manifestations of the soul through the ego, in order to allow the personality to discover its potential. But these qualities always remain an energy originally manifested from the soul, and not only from the ego.

Egocentrism is an unfortunate state of mind, because the Man who is a victim of it must constantly suffer during his life from the weight of any form of realization that he wants to make of himself. While in the case of centrism, being, while realizing the permanence of consciousness in him, no longer suffers the weight of the realization of the energy communicated through the ego for the benefit of the evolution of the soul. He simply lives this energy and his ego is always free of vibration, while the personality continues to be a material support for the ego.

It is useless for the centric being to experience the incessant struggle of the egocentric being towards himself or towards others around him, since the being who has become centric has realized that any form of energy that penetrates him is a form of creative energy that serves to organize his life according to a goal that he may or may not know, depending on the close relationship he may have with the directing forces of evolution. Life then becomes easy, because the ego, instead of being in attention on itself, serves rather as a channel through which the creative forces of consciousness pass through it. Life then becomes simpler, easier and more pleasant because the ego is no longer in conflict with itself or others around it.

But centrism in its most perfect form is not always easy to achieve, because precisely, the ego is forced to diminish more and more its relationship with the illusion of itself, to enter into a new form of life where it realizes that it is the current of life that conducts its activity, rather than believing it to conduct this activity.

Where egocentrism seeks to dominate, centrism increasingly seeks to be guided in all facets of the manifestation of consciousness on the material level.

Where egocentrism wants to fight, centrism seeks peace, calm and unity.

Where egocentrism seeks to manifest itself, to give itself a status, to give itself false glory, centrism no longer seeks, centrism simply becomes the way of life according to the law of universal consciousness in Man.

Egocentrism is characterized by a constant effort, by a natural tendency to surpass something. Egocentrism is always in effort, it always seeks to achieve something, or to imprint something in its existence. While centrism becomes more and more passive, creative, that is, it becomes more and more a channel through which creative consciousness manifests itself according to the degree of receptivity of the ego to the energy of the soul.

It is often difficult at first for Man to understand the difference, to grasp the nuance between egocentrism and centrism. I want to define this difference well, to establish the nuances well, so that those who advance in the consciousness of the supramental can gradually strengthen themselves with precise knowledge, with the increasingly perfect realization of the state of mind in which it is found.

Becoming centric is much more than a moral value. It is in fact an internal power that forces the human being to become more and more aware of all the weaknesses, all the lacks, all the divisions that exist in him, because of his loss of communication with the intelligences that evolve in the spheres and that seek more and more to enter, at the end of the century, into mental communication with Man, so that the egocentrism of the Man who created his present condition may be replaced by an integral centrism that will allow humanity, during the centuries before us, to carry out in the greatest consciousness works that will allow all Men to be happy, because all Men will have been united in a universal consciousness.

Egocentrism reflects the decline of Man, just as centrism will reflect the new future of the Man of tomorrow.

020 - The New Man

For the new Man to benefit from the new intelligence enabling him to see things as they are, he must free himself from Cartesian thought, in order to draw from the infinite reservoir of universal thought, from which he can easily and precisely understand the possible relationships that must exist between Man, the spirit of Man and the spirit of intelligence, and the intelligences that direct evolution in all systems.

Man of the Earth, because of his antecedents, because of his powerful link with the emotional, has never been able to share the secrets of higher intelligences. Because these secrets were governed by laws that were to keep Man in a certain ignorance, until the day when, being able to free himself from his emotionality, from the subjectivity of his thought, he could perfectly retain the quality of the vibration acting within a mental form devoid of emotionality and not be subjected to the psychological approval of human thought.

This day has arrived, and the Man of the Future will be able to conceive with great ease, and interpret with great agility, the fundamental principles of the psychological organization of his humanity, as well as the fundamental principles that determine the development of higher extraterrestrial civilizations.

One of the pillars of the secret doctrine of the future is based on a very broad conception of the psychological reality of Man. And this conception, which has no limit only to the extent that Man refuses with his intelligence to accept the possibility of such a vast organization, of such a vast power of creative organization, can only relieve those spirits most inclined to receive what can no longer be hidden.

Thus, it is possible for us today on this planet to affirm that the very nature of intelligence is in proportion to the amount of light that exists in the cosmos. This implies that all the light of the cosmos, gathered and manifested differently on the planes of the latter, constitutes what we call "the intelligence of the universe". This intelligence has only one purpose, that of preserving harmony between all the planes, between all the planets and between all the kingdoms of these planets. Universal intelligence is powerfully focused on the principle of harmonization, which must be embodied in ALL that constitutes the created universe.

Man as an evolutionary being must one day understand the law of intelligence in order to preserve on his planet the life forms that have been created and the life forms that must evolve towards a destiny known to a number of beings, but unknown to most.

The unconsciousness of Man, the creativity of Man resulting from this unconsciousness, is therefore not part of the positive intelligence, but of the negative intelligence of the universe. The understanding of this is important, because it allows an evolved ego, a sensitive being, a being capable of perceiving the vibrations of the soul, to dissociate himself from the energy created by subjective human thought, and to associate vibrations with another energy, with an energy that is not conditioned by tradition, by history, by opinion, by influence, but conveyed from the highest spheres of evolution to Man representing the lowest spheres of this evolution, but nevertheless very important to this evolution.

As long as the human ego is satisfied with the illusions of its intelligence, it is impossible for it to perceive the veil that separates it from the universal intelligence. It is impossible for him to conceive the existence of this veil, and to penetrate by the same token into the perfect, balanced, and harmonizing radiation of universal intelligence.

The Man of tomorrow, the Man who will serve as the foundation for the erection of a new human strain, will be the first to recognize that intelligence is not human in itself, but that Man is a channel that must receive the universal energy of a principle that determines the direction of all creative activity in the universe. And it is from this point, in the evolution of humanity, that it will be possible for Man to become, once and for all, independent of all forms of personal thought in order to be able to receive, direct, instruct, in a mode of creativity free of all subjective, imperfect forms, linked to the blind personality of the human senses.

Man's senses are fundamentally impermeable to reality, and for this reason his intelligence is fundamentally limited by his senses. As long as the personality of Man is not altered by the very nature whose things he sees, and as long as his ego is not elevated to a vibratory frequency higher than that dictated by the personality, it is impossible for him to work directly with intelligences that pursue on other planes, larger, more total and highly perfect functions.

However, in the near future, Man will finally be able to join those intelligences that work on planes superior to himself, but still planes that are possibly visible to him. And once Man has reached the power of this visibility, it is then impossible for him to look back. For all that lies before him, all the infinite creative possibilities of universal intelligence, melt in his mind a seat of creative power that he has never recognized except in the very deep and silent adventures of his soul.

But one day, the human soul must become a reality for Man. His power must become, once and for all, achievable through his will.

And its inexhaustible potential must also be recognized by the ego of Man, whose manifestation in matter, or on the close subplanes of that matter, must exercise on him the final impression of infinity.

Man has evolved over centuries, millennia, within a very vast sphere, sewn from top to bottom of every possible and imaginable form of lie. A lie intended according to the plan of the destiny of the human race, but nevertheless a half-truth lie. And the Man of tomorrow must finally recognize in himself the power of access to reality, a power that will give him the ability to see the "wholeness" and to understand it in a total way.

Human thought is so trapped in an energy directly linked to the subjective emotion of Man's experience that this thought has become incapable today of replacing even the faint glow of his intuition. This thought has lost the power to crystallize in itself the slightest nucleus of reality. Man's intuition has lost its power, has lost its ability to penetrate Man's mind. So that the latter is now at the mercy of his senses, and his intelligence at the mercy of his own limit.

The Man of tomorrow will be able and will have to converse with other beings evolving on other planes or on other planets with great ease. But before this work, this evolution, begins to bear fruit, the Man who will be the pioneer of these communications, these long-distance conversations in an infinite cosmos, will be the first to suffer from the disruption caused by the encounter, between a spirit that is not his own and a spirit that belongs to him. And from this encounter between these two spirits will come a new vibration, a new vibration that will generate in the ego of Man a power to know, a power to recognize, and a power to penetrate the greatest secrets of the universal.

As long as Man has not realized that the slightest designs of his subjective mind, that the slightest contemplations of his personal thought, reflect powerful forms of emotional energy, powerful forms of subjective energy, it will be impossible for him to understand that behind the veil of his thought stands the immense cathedral of integral "knowingness" and practical knowledge.

It is no longer a question of humanity, of tomorrow's Man, looking behind him. It is no longer a question of humanity contemplating what it has already tried to understand. It is a question for the Man of tomorrow to return, once and for all, to his native country, that is, to his true spirit, that is, once again to the spirit that is in him, and not to the spirit that has been imprinted in him.

The task is not easy and the burden is totally individual. No Man can experience for another Man the contact with the spheres. This contact is personal and must be carried out according to the vibratory, energetic capacity of each individual.

But, this contact implies a fundamental principle, that of realizing that Man is above all Superman. That Man is above all greater than what he has manifested up to now. That Man is above all a being powerfully connected to the forces of light, powerfully connected to the forces that direct evolution, provided that he knows the nature of his soul, and that he can with great ease penetrate the energy of this personal reality to himself.

The Earth can no longer wait, Men must open a new path, Men must understand totally new things. Men must move towards a future that no longer belongs to the desire for emancipation of their ego, but which is part of the totality, which is part of reality, and which is already known on higher levels, according to the past, the present or the future.

Man can no longer worry, he must be able to penetrate more and more into this energy, in order to realize the full potential of his being and see the total vision of his future. As difficult as tomorrow will be for humanity, so easy will tomorrow be for another part of this humanity. And the absolute condition for this difference in lifestyle will lie in the individual capacity of Man to be in intelligent, vibratory contact with the leading forces of evolution that are concerned both with his destiny and with his creation.

The human being can no longer live a life subject to the domination of form imposed by a blind, decadent society and a dying civilization. The human being can no longer be enslaved to conditions of thought that no longer serve Man, the individual and society, but serve both the individual and that society. The preservation of Man, the preservation of the planet, the preservation of life, is not conditioned by the will or power of Man, but by the leading forces of evolution, by the forces of light. And these forces will become more and more powerful.

And any constraint, any effort against these forces will prove useless because the matter, the body, is derived from the spirit.

Understanding that intelligence does not come from Man is not easy for Man, because Man has conceived the nature of intelligence, has conceived the nature of his intelligence. And the conception of his intelligence is not a terminal conception, but a transitory conception that derives from the nature, even of his ego, the very limitation of his mind, and the inability to live at the level of the ego and personality in the total and perfect radiance of the soul.

Although Man has nothing to do with this condition, although Man is not cosmically responsible for this condition, the condition was lived by him, developed by him, and his management since the beginning of history reflects on him.

It is no longer a question of rationalizing the reason for involution, but of realizing the future of evolution, and the beginning on this planet, of an increasingly powerful penetration of vibratory energy that must destroy the forms of human thought, that is, the foundation of subjective thought, in order to finally liberate the spirit of Man and eventually enable him to know what the word "spirit" means, the word "invisible", the word "infinite", the word "light", the word "god", the word "soul". That is to say, everything that we on our planet have considered from the beginning as essential to all

It is no longer through philosophical thought, whatever its quality or colour, that Man will be able to discover what is before him, but rather through the direct perception of the movement of the spirit on the different planes of evolution, through the movement of the spirit within the very foundations of creation.

Man has before him a very vast map, an infinite path, and a power of which he has no idea. Just as life has been for him, in the past, a material experience, so tomorrow's life will be for him an experience beyond the senses, beyond matter, but directly related to the senses and matter.

If the principalities did not want to reveal to Man the absurd facets of his conceptions, it was to allow him to develop the necessary tools that would one day serve him to reconquer what had been retained. We know today that nothing will be required of Man except the total openness of his mind. But we also know that this requirement will be total because the contact between the spirit of Man and the infinity of the invisible is a contact that requires a perfect balance between his mind and his emotions. And it is from this condition, fulfilled in all its aspects, that the new Man, the Man of the sixth root race, the Man of tomorrow, will emerge.

As much as time serves to condition Man, so much so does the latter serve to decondition him when he has begun to realize the impotence of his illusions towards reality or the possible realization of the vibratory nature of his being. And when he has grasped this vibratory nature, when he has begun to understand the natures that vibration operates in him, he is on the path that inexorably leads him towards the total development of himself, that is, towards the visual, intelligent contact with the invisible.

And it is from this contact with the invisible that he understands that the secret retained by the intelligences of the higher planes above his head, for millennia, was a secret whose reality or realization had to be retained, because one cannot give a child something whose power he does not understand. And as long as Man was a child, as long as humanity was still at the primitive stage of its evolution, it was not a question of placing in its hands knowledge that could only serve it.

A Man who recognizes the illusion of human intelligence is already beginning to penetrate the secret of reality. A Man who begins to realize the illusion of subjective thought is already beginning to understand the infinity of universal thought. Time then becomes the judge of its possible evolution and also the judge of its partial or total development.

One day, Man will be forced to recognize that the intelligences that in the past have summoned recognition from him, whether religious or mystical, were in fact beings like him, but subject to much higher and much more perfect conditions of evolution. Any emotion linked to the existence, the presence, the service of these beings, is a purely human emotion which can only generate in Man a primitive way of seeing things.

As long as Man had to believe, Man could not know. For every belief, whatever its purpose, whatever its value, generates in Man a responsibility towards what he believes. And this responsibility is based on an emotional bond that binds him or her to the society whose bond he or she shares. When in fact any Man invited to participate with the infinity of the vast corridors of knowledge must rediscover in himself the great solitude and observe in himself that the reality whose aspects he knows can only serve to socially organize the links between Men.

But as the human society had to be developed, had to harmonize more and more, beliefs became necessary.

But now that Man is entering a new cycle in which individuality, in which universality, must prevail over all possible forms of social organization, it will become essential for Man to see that in him a flame binds him to the universal, to the cosmic, and that this flame, through his creative product, can generate, on a material level, harmonious living and living conditions that can allow the reorganization of a society, according to totally new principles and totally separate from the psychological life of the individual, or from the social tradition in which the individual was born.

In other words, we argue that the Man of tomorrow, the individual, the one who will enter into vibratory contact with the forces of the invisible, will be able to recognize those who are on the same path of evolution, and will also be able to recognize those who are going in the opposite direction. And while maintaining a balance with Men, he will know how to create a new balance on planes, which will not be visible to Man whose intelligence is still blinded by reason, by form, by tradition.

But this knowledge must be advanced today, because tomorrow it will be understood. It must be advanced today, because those for whom it is intended are ready to feel it, to perceive it, tomorrow they will be ready to understand it.

It is no longer a question of Man interpreting, it is a question of receiving and being able to receive without interpretation, so that the energy, the vibration of what he receives, penetrates where it belongs and hits in him the lever that must lift the door that has always hidden the external space. The door that has always veiled another reality, the door that has always prevented Man from being truly Man and from exercising in the cosmos the rights that are natural to him.

That is, the rights that allow him to generate on his plane the necessary forces, allowing him to create new conditions for another evolution, the rights to communicate by telepathy not only with the Men of the planet, but also with the Men of other planets, not only with living Men, but also with the immortal intelligences of the higher planes.

In other words, Man must reclaim what he has lost, not because of his own fault, but because there were already intelligences in the cosmos that were monitoring the human drama and ensuring that evolution took place, as foreseen in the great conceptions of these great intelligences.

Although Man has been wounded, although Man has suffered, although Man has been restrained, the time is coming when the same Man will no longer be fixed on the gallows of ignorance, but liberated by those same forces that have sought, in the past, to generate in him an emotional fidelity for forms essential to the growth of his civilization.

It is difficult to tell Man about things that are not concretely achievable by him today. But it is still necessary to generate in him enough strength to allow him to go beyond the limits of his conception of life, to help him gradually overcome obstacles of form and overcome the trap of his emotions, so that one day he can finally cross the wall of space and conquer the vast domains of the mind.

For it is from the spirit that it originates and it is to the spirit that it must return. But this time, glorified in his body and powerful in his will on matter.

Glossary of neologisms

The Genesis of Reality is the first of a series of books to be published within the evolving framework of supramental studies.

The author had to create some neologisms that, with the passage of time, will become part of the current language. In addition, some common words have generated families and developed new meanings. This glossary is used to set the tone for all these old and new words.

Astral : generally describes areas of life that serve as an evolutionary plan for the soul after death, as well as the maintenance of invisible powers that can act on the consciousness of man without his knowledge.

Beingness: allows us to conceive the totality of the conscious man beyond the simple formulation of being, which philosophy has tried to define without success.

Centricity : expresses the bursting of the power of the personality over the very essence of man, which leads to the certain development of his person, where light has replaced the memory of the soul as a source of mentation.

Consciousness : the ultimate development of the human person beyond the spiritual forms of involution. The term consciousness refers to a state of mind liberated from the involutive forces of the soul. It refers the being to a fusion, or unity, of ever greater size with the double, the spirit, the light, the prepersonal essence.

Cosmicity : term used to universalize being without spiritualizing its multidimensional nature.

Death (world of the) : the psychic dimension of man where memory, the soul, becomes a facet of being freed from matter. The expression "astral plane" refers to the world of death, indicating in a more esoteric way the nature of this reality.

Double : represents the unconscious part of man that serves as a source of life at all levels of his material and psychological organization.

Ego (egoicity) : planetary and experiential quality of intelligence in the process of evolution towards the total transparency of being.

Entity : cosmic process of the vitality of energy when it passes from the mental plane, where it is purely radiant, to the astral plane, where it serves to form egregores or forces that can be actualized in a personal way.

Ether : refers to dimensions of life not limited by space-time or the material quality of human consciousness.

Ethereal : objective and real quality of the dimensions not subject to the laws of matter.

Evolution : describes in contrast the period of humanity when man divided himself more and more against himself because of the rupture of his contact with the universal forces, source of his light, of his creative intelligence.

Form : applies as much to the perception of matter as to the living reality of the spirit through the world of thought. In this book, the term refers specifically to the mental world, where thought is itself the fundamental material used by the mind for the evolution of the soul.

Fusion : a term of great importance in understanding future evolution. Fusion represents the process of unification, of linking the double or spirit, the soul and the ego. Fusion refers to the quality of man's dual consciousness on earth; it will put an end to man's ignorance of the cosmic reality of the universe.

Intelligence : represents the radiation of the double through the more or less refined mind of the man in the process of development. Its creative power depends on the evolution of the soul in relation to the spirit. The merger will transform the egocentric nature of intelligence and make it more and more transparent. It will then be more creative in the universal sense of the word.

Involution : refers to that period of life on earth when humanity had to undergo life because of its profound and total ignorance of its laws. This condition is directly related to the rupture of contact between man and the circuits of intelligent universal life, which represents all light beyond the gates of death.

Light : the energy conveyed through the human mind is light, or a form of radiation whose vibratory rate makes it invisible, although it can be perceived by the subtle senses of the sensitive man.

Love : universal principle of managing the energy of the soul during evolution, which represents both the most occult and the most perceptible of the principles of life. Its role is to intervene in the involutive decline of the forces of the soul insufficiently fused with light. The nature of earthly love is still strongly coloured to this day by the material and spiritual illusions of a humanity ignorant of reality.

Memory : all the impressions recorded consciously or subconsciously by man, the sum of which is equivalent to the psychic entity called the soul.

Nebuloic : a term that refers to certain energies or forces that are more subtle than those discovered by science, and not subject to the laws of planetary or universal gravity. These active forces coincide with the organization of everything that is meant to be psychic and not material.

New man : represents the evolved man of the future, whose integration of the being will have been completed. It will mark the end of involutive unconsciousness or the beginning of universal consciousness on the globe.

Perispirit : Man's inferior energies, coloured by his experience, his memory, and ultimately serving for the evolution of the soul.

Plane : term referring to dimensions of reality that cannot be verified by the physical senses.

Planetary Regency : expresses the ultimate elevation of human consciousness; it represents the future of this consciousness, unified with cosmic and creative forces, whose power will generate on earth new forms for the evolution of humanity.

Pulse : identifies the vibratory movement of energy.

Real : everything that underlies the physical world of matter and which, in its impalpability, serves to evoke subtle aspects of life and its hierarchical orders.

Reflection (reflective) : is intended to be useful for the perception of everything that is imprinted in the self-consciousness and is used to form its veils or illusions in the face of reality.

Root race : an ancient term used to identify different waves of life that should dominate the evolution of a large number of incarnates over a period of time.

Self (higher) : the cosmic dimension of man from which he draws his energy. This prepersonal source of the being fulfils the role of fusion or union with the ego, giving him access to thought, whose mental plane is ultimately a psychic dimension of man beyond his physical matter.

Space-time : psychometric quality of human experience through material senses.

Spirit : an intelligent and pre-personal force that serves as a source of life for man. This creative force articulates its activity with that of the ego, using the soul or memory as a model of evolution for the possible construction of the higher mental body, with which it will fuse to create its individualized and indivisible unity of life.

Soul : all the energy composing the subtle aspects of being, which becomes, during evolution, the memory reserve used by the double, or prepersonal essence, in the programming of future planetary experiences.

Spheres : planes of life which, by their magnitude, constitute autonomous and cosmic worlds.

Thought-form : this compound word tries to make us recognize that thought, in a psychic medium, always represents a form that can be identified by man's inner senses.

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